

Sam Houston State University
Department of Health and Kinesiology

Instructor: Hope Parker, MA, ATC-LAT
Head Athletic Trainer

Course: KIN 370- Prevention and Care of Athletic Injury

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Office Hours:

By Appointment Only

Required Text: Prentice, W. & Arnheim, D. Prentice, W. *Essentials of Athletic Injury Management*. 7th edition, 2008.

Course Objectives:

1. To provide the information that is needed for future coaches of athletic teams about the profession of Athletic Training and the importance of knowing what to do to prevent and care for athletic related injuries.
2. To provide the basic skills of evaluation techniques to use as coaches in secondary school settings.
3. To learn basic taping techniques to be used either for prevention of athletic injuries or to give support for athletic injuries.

Course Requirements:

1. Attendance is required. After the fourth absence from class, you will not receive credit for attendance (10 points) towards your final grade. If you have an excused absence, written documentation is required, i.e. Doctor's note. You must sign the attendance sheet each day that it is passed around, this is your responsibility. **DO NOT SIGN IN ANOTHER CLASSMATE!!!!!!** The class is too small for me not to notice.
2. Class participation in the clinical and taping portions of the class is required and will be reflected in your grade.
3. There will be four written exams throughout the semester, no final exam is given. All exams will consist of both multiple choice and true/false questions. Cheating will not be tolerated. Each exam will be worth approximately 60 points each.
4. There will be no extra credit given out or taken, for unexcused absences. If an exam is missed I must be notified prior to the class meeting and proper documentation must be provided so that you may be able to make up the missed exam. You will only have 3 class days after your return to make up an exam If

the absence is not excused you will receive no credit for that exam. **If you are going to miss an exam prior notification is required via email or voice mail messages are acceptable methods.**

5. You will be required to attend one sporting event during the semester at **this university**, observe and write a summation of what you observed the training staff doing before, during, and after an event and what happened when an athlete became injured. Include what you think the injury might have been as well as citing an article about the same type of injury, providing some background about the injury you have learned from class. The article has to come from a **medical related journal (Journal of Athletic Training, Journal of Sports Medicine ...)** not the internet and the article must be cited from 2000- Present. If no injury occurs at this sporting event, write about the activities of the athletic trainers and then research an injury that is common in that sport and provide information about the injury based on the article you have chosen and the information you have learned in class. This paper must be no shorter than one full page and no longer than 2 pages. Double spaced and 12 point font. **Value: 20 points---Due April 22nd**

6. You may attend two athletic events this semester at this university or where SHSU is competing and receive 5 bonus points for each, for a total of 10 bonus points at the maximum will be taken. A program, ticket stub or checking in with me at the game is how you will receive credit for the event. **The event used to write the paper will not count as an event for bonus points.**
NOTE: Sam Houston State student athletes must attend a sporting event other than the one you compete in, in order to receive bonus points. Example: Baseball athletes can not attend a baseball game for credit even if you are not competing that day.

Grading Scale Percentage:

A- 100-90	D- 69-60
B- 89-80	F- 59-50
C- 79-70	

“Students with a disability which affects their academic performance are expected to arrange for a conference with the instructor in order that appropriate strategies can be considered to ensure that participation and achievement opportunities are not impaired.” The physically impaired may contact the Director of the Counseling Center, ext. 1720

“The Texas Education Code requires that an institution of higher education excuse a student from attending classes or other required holy day, including travel for that purpose. A student whose absence is excused under this subsection may not be penalized for that absence and shall be allowed to take an examination or complete an assignment from which the student is excused within a reasonable time after the absence.”