

Richard E. Watts

Professor and Director, Center for Research and Doctoral Studies in Counselor Education
Department of Educational Leadership and Counseling
College of Education

Degrees Earned

PhD, Counseling (Psychology), University of North Texas, 1994 (CACREP Accredited)

MA, Religious Education, Southwestern Baptist Theological Seminary, 1987

BME, Music Education, Sam Houston State University, 1980

Professional Licensure and Certifications

Licensed Professional Counselor, Texas

LPC Board Approved Supervisor, Texas

Certified Family Therapist, National Academy for Certified Family Therapists, Inc.

Peer-Review Publications and Artistic Performances/Exhibitions

Articles

Henriksen, R. C., Nelson, J., & Watts R. E. (in press). Specialty training in counselor education programs: An exploratory study. *Journal of Professional Counseling: Practice, Theory, & Research*.

Monakes, S., Garza, Y. X., Wiesner, V. V., III, & Watts, R. E. (in press). Implementing Adlerian sandtray therapy with adult male substance abuse offenders: A phenomenological inquiry. *The Journal of Addictions & Offender Counseling*.

Garza, Y., & Watts, R. E. (2010). Filial therapy and Hispanic values: Common ground for culturally sensitive helping. *Journal of Counseling and Development*, 88, 108-113

Duba, J., & Watts, R. E. (2009). Couple therapy with religious couples. *Journal of Clinical Psychology: In Session*, 65, 210-223.

Garza, Y., Kinsworthy, S., & Watts, R. E. (2009). Child-parent relationship training as experienced by Hispanic parents: A phenomenological study. *International Journal of Play Therapy*.

Junhke, G. A., Watts, R. E., Guerra, N. S., & Hsieh, P. (2009). Utilizing prayer as a treatment intervention with substance abusing and addicted persons who self-identify personal faith in God and prayer as helpful recovery resources. *Journal of Addictions and Offender Counseling*, 30, 16-23.

Walker, K. R. M., & Watts, R. E. (2009). Perceived early childhood family influence, perceived pain self-efficacy, and chronic pain disability: An exploratory study. *ADULTSPAN*, 8, 102-113.

Watts, R. E. (2009). In the beginning: Reflections of a new editor. *Counseling and Values*, 53, 162-164.

Watts, R. E., & Garza, Y. (2008). Using children's drawings to facilitate the acting as if procedure. *Journal of Individual Psychology*, 64, 113-118.

Henriksen, R. C., Watts, R. E., & Bustamante, R. (2007). The multiple heritage couple questionnaire. *The Family Journal: Counseling and Therapy for Couples and Families*, 15, 405-408.

- Marotta, S.A., & Watts, R. E. (2007). An introduction to the Best Practices Section in the *Journal of Counseling and Development*. *Journal of Counseling and Development*, 85, 491-503.
- Garza, Y., Watts, R. E., & Kinsworthy, S. (2007). Filial therapy: A process for developing strong parent-child relationships. *The Family Journal: Counseling and Therapy for Couples and Families*, 15, 277-281.
- Watts, R. E., & Peluso, P.R. (2005). Imaginary reflecting teams: A couples counseling perspective. *The Family Journal: Counseling and Therapy for Couples and Families*, 13, 332-335.
- Watts, R. E., Peluso, P.R., & Lewis, T.F. (2005). Expanding the acting 'as if' technique: An Adlerian/constructive integration. *Journal of Individual Psychology*, 61, 380-387.
- Trusty, J., Ng, K., & Watts, R. E. (2005). Model of effects of adult attachment on emotional empathy of counseling students. *Journal of Counseling & Development*, 83, 66-77.
- Lewis, T.F, & Watts, R. E. (2004). The predictability of Adlerian lifestyle themes compared to demographic variables associated with college student drinking. *Journal of Individual Psychology*, 60, 245-264.
- Trusty, J., Skowron, E.A., Watts, R. E., & Parrillo, A.L. (2004). Modeling effects of counselor-trainees' perceptions of early childhood on trainees' social influence attributes. *The Family Journal: Counseling and Therapy for Couples and Families*, 12, 6-13.
- Watts, R. E., & Trusty, J. (2003). Using imaginary team members in reflecting "as if." *Journal of Constructivist Psychology*, 16, 335-340.
- Watts, R. E. (2003). Adlerian therapy as a relational constructivist approach. *The Family Journal: Counseling and Therapy for Couples and Families*, 11, 139-147.
- Watts, R. E. (2003). Reflecting "As If": An integrative process in couples counseling. *The Family Journal: Counseling and Therapy for Couples and Families*, 11, 73-75.
- Watts, R. E., & Broaddus, J. (2002). Improving parent-child relationship through filial therapy: An interview with Garry Landreth. *Journal of Counseling and Development*, 80, 372-379.
- Watts, R. E. (2001). Integrating cognitive and systemic perspectives: An interview with Frank M. Dattilo. *The Family Journal*, 9, 472-476.
- West, J.D., Watts, R. E., Trepal, H.C., Wester, K.L., & Lewis, T.F. (2001). Opening space for reflection: A postmodern consideration. *The Family Journal: Counseling and Therapy for Couples and Families*, 9, 431-437.
- Watts, R. E. (2001). Addressing spiritual issues in secular counseling and psychotherapy: Response to Helminiak's view. *Counseling and Values*, 45, 207-217.
- LaBauve, B.J., Watts, R. E., & Kottman, T. (2001). Approaches to play therapy: A tabular overview. *TCA Journal*, 29, 105-114.
- Pietrzak, D.R., Page, B., Hackney, C.E., & Watts, R. E. (2001, April, 18). The development of a model to cost effectively and efficiently evaluate and implement violence prevention programs in schools. *Connections: Journal of Principal Preparation and Development*, 3, online publication available at: <http://www.principals.org/connections>

- Watts, R. E., & Pietrzak, D. (2000). Adlerian “encouragement” and the therapeutic process of solution-focused brief therapy. *Journal of Counseling and Development, 78*, 442-447.
- Watts, R. E. (2000). Biblically-based Christian spirituality and Adlerian therapy. *Journal of Individual Psychology, 56*, 316-328.
- Watts, R. E. (2000). Adlerian counseling: A viable approach for contemporary practice. *TCA Journal, 28*, 11-23.
- Watts, R. E. (2000). Entering the new millennium: Is Individual Psychology still relevant? *Journal of Individual Psychology, 56*, 21-30.
- Henriksen, R.C., Jr., & Watts, R. E. (1999). Cultural self-exploration questionnaire. *TCA Journal, 27*, 65-70.
- Trusty, J., & Watts, R. E. (1999). Relationship of high school seniors’ religious perceptions and behaviors to school, career, and leisure variables. *Counseling and Values, 44*, 30-39.
- Watts, R. E. (1999). Confidentiality and the duty to warn: A case study. *The Family Journal: Counseling and Therapy for Couples and Families, 7*, 64-66.
- Watts, R. E., & Henriksen, R.C. (1999). Perceptions of a white female in an interracial marriage. *The Family Journal: Counseling and Therapy for Couples and Families, 7*, 68-70.
- Watts, R. E., & Henriksen, R.C., Jr. (1998). The interracial couple questionnaire. *Journal of Individual Psychology, 54*, 368-372.
- Watts, R. E. (1998). The remarkable parallel between Rogers’ core conditions and Adler’s social interest. *Journal of Individual Psychology, 54*, 4-9.
- Watts, R. E. (1997). Using family-of-origin recollections in premarital and marriage counseling. *Individual Psychology, 53*, 429-424.
- Watts, R. E. (Guest Editor) (1997). Adlerian and cognitive psychotherapies: Towards an integrative dialogue. Special edition of the *Journal of Cognitive Psychotherapy, 11*(3).
- Watts, R. E., & Critelli, J. (1997). Roots of contemporary cognitive theories and the Individual Psychology of Alfred Adler: A review. *Journal of Cognitive Psychotherapy, 11*, 147-156.
- Shulman, B. & Watts, R. E. (1997). Adlerian and constructivist psychotherapies: Common ground and areas for dialogue. *Journal of Cognitive Psychotherapy, 11*, 181-194.
- Watts, R. E., & Trusty, J. (1997). Chaos and Christianity: A response to Butz and a Biblical alternative. *Counseling and Values, 41*, 88-96.
- Trusty, J., Watts, R. E., & Erdman, P. (1997). Predictors of parents' involvement in their teens' career development. *Journal of Career Development, 23*, 189-201.
- Bonnington, S.B., Crawford, R.L., Curtis, T., & Watts, R. (1996). Family ethics: Managed care limits on third-party payment. *The Family Journal: Counseling and Therapy for Couples and Families, 4*, 239-241.
- Watts, R. E. (1996). Some contemporary Rational-Emotive-Behavior Therapy songs. *Journal of Humanistic Education and Development, 35*, 117-119.
- Watts, R. E. (1996). Social interest and the core conditions: Could it be that Adler influenced Rogers? *Journal of Humanistic Education and Development, 34*, 165-170.

- Watts, R. E., Trusty, J., & Lim, M. (1996). The characteristics of healthy families as a model of systemic social interest. *The Canadian Journal of Adlerian Psychology*, 26(1), 1-12.
- Watts, R. E., Trusty, J., Erdman, P., & Canada, R. (1996). Texas LPCs' perceptions of their counselor training: A brief report. *TCA Journal*, 24, 9-14.
- Trusty, J., Watts, R. E., & Crawford, R. (1996). Career information resources for parents of public school seniors: Findings from a national study. *Journal of Career Development*, 22, 227-238.
- Trusty, J., Watts, R. E., & House, G. (1996). Relationship between self-concept and achievement for African-American elementary school students. *Journal of Humanistic Education and Development*, 35, 29-39.
- Trusty, J., & Watts, R. E. (1996). Parents' perceptions of career information resources. *Career Development Quarterly*, 44, 242-249.
- IAMFC Ethics Committee (1996). Procedures for investigating allegations of noncompliance with the ethical code for the International Association of Marriage and Family Counselors. *The Family Journal: Counseling and Therapy for Couples and Families*, 4, 56-58.
- Watts, R. E., & Trusty, J. (1995). Social interest and counselor effectiveness: An exploratory study. *Individual Psychology*, 51, 293-298.
- Watts, R. E., Trusty, J., Canada, R., & Harvill, R. (1995). Perceived early childhood family influence and counselor effectiveness: An exploratory study. *Counselor Education and Supervision*, 35, 104-110.
- Watts, R. E. (1995). How I remember my family: A pre-marital/marital counseling questionnaire. *The Family Journal: Counseling and Therapy for Couples and Families*, 3, 155-157.
- Watts, R. E., & Medler, B.W. (1995). Self and relationship: An informal relationship assessment questionnaire. *The Family Journal: Counseling and Therapy for Couples and Families*, 3, 62-63.
- Watts, R. E., & Engels, D.W. (1995). The life task of vocation: A review of Adlerian research literature. *TCA Journal*, 23, 12-22.
- Crawford, R., Ascano, R.P., Bonnington, S.B., Ritterman, J., Watts, R., Hannon, J., & Kaplan, D. (1995). Family ethics. *The Family Journal: Counseling and Therapy for Couples and Families*, 3, 45-46.
- Curtis, T., Bonnington, S.B., Watts, R. E., Crawford, R., Ascano, R.P., Culkin, M., & Kaplan, D. (1995). Family ethics: Referral of non-clients. *The Family Journal: Counseling and Therapy for Couples and Families*, 3, 242-243.
- Trusty, J., Watts, R. E., & Lim, M. (1995). Multidimensional self-concepts and achievement in African-American middle school students. *Education*, 114, 522-529.
- Watkins, C.E., Jr., & Watts, R. E. (1995). Psychotherapy survey research studies: Some consistent findings and integrative conclusions. *Psychotherapy in Private Practice*, 13, 49-68.
- Watts, R. E., & Holden, J.M. (1994). Why continue to use "fictional finalism?" *Individual Psychology*, 50, 161-163.
- Watts, R. E. (1994). A few new rational-emotive-behavior songs. *TCA Journal*, 22, 42-44.

- IAMFC Ethics Committee (1994). Family ethics. *The Family Journal: Counseling and Therapy for Couples and Families*, 2, 250-252.
- Watts, R. E. (1993). Developing a personal theory of counseling: A brief guide for students. *TCA Journal*, 21, 103-104.
- Kern, C.W., & Watts, R. E. (1993). Adlerian counseling. *TCA Journal*, 21, 85-95.
- IAMFC Ethics Committee (1993). Family ethics. *The Family Journal: Counseling and Therapy for Couples and Families*, 1, 246-248.
- Watts, R. E. (1992). Biblical agape as a model of social interest. *Individual Psychology*, 48, 35-39.
- Holden, J.M., Watts, R. E., & Brookshire, W. (1991). Beliefs of professional counselors and clergy about depressive religious ideation. *Counseling and Values*, 35, 93-103.

Books

- Carlson, J., Watts, R. E., & Maniaci, M. (2006). *Adlerian therapy: Theory and practice*. Washington, DC: American Psychological Association.
- Watts, R. E. (Ed.) (2003). *Adlerian, cognitive, and constructivist therapies: An integrative dialogue*. New York: Springer Publishing Company.
- Watts, R. E. (Ed.) (2002). *Techniques in couple and family counseling (Vol. 2)*. Alexandria, VA: American Counseling Association.
- Watts, R. E. (Ed.) (2000). *Techniques in couple and family counseling (Vol. 1)*. Alexandria, VA: American Counseling Association.
- Watts, R. E., & Carlson, J. (Eds.) (1999). *Strategies and interventions in counseling and psychotherapy*. Philadelphia: Accelerated Development/Taylor & Francis.
- Watts, R. E., Peluso, P., & Lewis, T. F. (in progress). *Techniques in counseling and psychotherapy*. Columbus, OH: Merrill/Prentice Hall.

Chapters

- Watts, R. E., & Eriksen, K. (in press). Counseling conservative Christian clients: An integrative Adlerian perspective. In D. Sandhu (Ed.), *Spirituality as a fifth force*. Alexandria, VA: American Counseling Association.
- Watts, R. E., Nelson, J., Bruhn, R., & Nichter, M. (in press). Couple and family counseling. In S. G. Niles (Ed.), *Introduction to counseling*. Boston: Houghton Mifflin/Lahaska Press.
- Watts, R. E., & Eckstein, D. (2009). Individual Psychology. In American Counseling Association (Ed.), *The ACA encyclopedia of counseling* (pp. 281-283). Alexandria, VA: American Counseling Association.
- Watts, R. E., Lewis, T.F., & Peluso, P. (2009). Individual Psychology counseling techniques. In American Counseling Association (Ed.), *The ACA encyclopedia of counseling* (pp. 283-285). Alexandria, VA: American Counseling Association.
- Watts, R. E., & Garza, Y. (2008). Using child-centered play therapy skills in a constructive therapy context. In J. D. Raskin & S. Bridges (Eds.), *Studies in meaning* (Vol. 3, pp. 145-164). New York: Pace University Press.

- Watts, R. E. (2007). Counseling conservative Christian couples: A spiritually sensitive perspective. In O.J. Morgan (Ed.), *Counseling & Spirituality: Views from the Profession* (pp. 165-186). Boston: Lahaska/Houghton Mifflin.
- Watts, R. E., & Phillips, K.A. (2004). Adlerian psychology and psychotherapy: A relational constructivist approach. In J. D. Raskin & S. Bridges (Eds.), *Studies in meaning: Exploring constructivist psychology* (Vol. 2, pp. 267-289). New York: Pace University Press.
- Watts, R. E., Williamson, J., & Williamson, D. (2004). Adlerian psychology: A relational constructivist approach. In C. Shelley (Ed.), *Adlerian Yearbook: 2004* (pp. 7-31). London: Adlerian Society (UK) and Institute for Individual Psychology.
- Watts, R. E. (2003). An introduction to the dialogue. In R. E. Watts (Ed.), *Adlerian, cognitive and constructivist theories of counseling and psychotherapy: An integrative dialogue* (pp. 1-6). New York: Springer Publishing Company.
- Watts, R. E. (2003). Selecting family interventions. In D. Kapland (Ed.), *Working with families across counseling specialties* (pp. 121-160). Greensboro, NC: ERIC/CASS.
- Watts, R. E., & Shulman, B.H. (2003). Integrating Adlerian and constructive psychotherapies: An Adlerian perspective. In R. E. Watts (Ed.), *Adlerian, cognitive and constructivist theories of counseling and psychotherapy: An integrative dialogue* (pp. 9-37). New York: Springer Publishing Company.
- Henriksen, R.C., Jr., & Watts, R. E. (2003). Interracial marriage. In J. J. Ponzetti, Jr. (Ed.), *International encyclopedia of marriage and family relationships* (2nd ed., pp. 937-941). New York: Macmillian Reference USA.
- Watts, R. E. (2002). Using imaginary team members in couples counseling. In R. E. Watts (Ed.), *Techniques in marriage and family therapy* (Vol. 2; pp. 29-32). Alexandria, VA: American Counseling Association.
- Watts, R. E. (2000). Using the How I Remember My Family Questionnaire in couples counseling. In R. E. Watts (Ed.), *Techniques in marriage and family therapy* (Vol. 1; pp. 53-56). Alexandria, VA: American Counseling Association.
- Watts, R. E. (1999). The vision of Adler: An introduction. In R. E. Watts & J. Carlson (Eds.), *Interventions and strategies in counseling and psychotherapy* (pp. 1-13). Philadelphia: Accelerated Development/Taylor & Francis.
- Duncan, D., & Watts, R. E. (1999). Counseling and the internet. In P. Stevens (Ed.), *Ethical casebook for the practice of marriage and family counseling* (pp. 159-170). Alexandria, VA: American Counseling Association.
- Holden, J.M., Watts, R. E., & Brookshire, W. (1995). Beliefs of professional counselors and clergy about depressive religious ideation. In M.T. Burks and J. Miranti (Eds.), *Counseling: The spiritual dimension* (pp. 157-167). Alexandria, VA: American Counseling Association.

Funded External Grants

- Garza, Y., & Watts, R. E. (2006). Jack Staggs Counseling Clinic - Funds for supplies and materials. Wal-Mart Good Works Grant, Huntsville TX. \$1750.

- Garza, Y., & Watts, R. E. (2006). Playroom resources. Community Involvement Program, Wal-Mart Foundation, Huntsville, TX. \$1125 (Costume donations for the play therapy program).
- Watts, R. E. (1996). The relationship between selected Adlerian personality constructs and choice of academic discipline: An exploratory study. Funded by the North American Society for Adlerian Psychology (NASAP).

Peer-Review Presentations/Posters

Conferences

National and International-Level Refereed Presentations

- Watts, R. E., Peluso, P. R., & Lewis, T. F. (October, 2009). Expanding the acting “as if” technique: An Adlerian/constructivist integration. Presented at the Association for Counselor Education and Supervision Conference, San Diego, CA (refereed).
- Watts, R. E., Lemberger, M., & McCurdy, K. (October, 2009). Using reflecting as if in supervision. Presented at the Association for Counselor Education and Supervision Conference, San Diego, CA (refereed).
- Parker, C., Serres, S., Nichter, M., & Watts, R. E. (August, 2009). Administrators and counselors: Dynamic leadership for exemplary schools. Presented at the National Council of Professors of Educational Administration Conference, San Antonio, TX (refereed).
- Watts, R. E., Stark, M., & Kinsworthy, S. (March, 2009). Working with religious clients: An integrative Adlerian/constructivist perspective. Presented at the American Counseling Association World Conference, Honolulu, HI (refereed).
- Watts, R. E., with other ACA Journal Editors (March, 2009). Publishing in ACA journals. Presented at the American Counseling Association World Conference, Honolulu, HI (refereed).
- Watts, R. E. (July, 2008). Constructivist psychotherapy and religion from a relational constructivist perspective. Presented at the Constructivist Psychological Network Conference, Victoria, BC, Canada. (refereed).
- Watts, R. E., Harris, K., & Benesh, A. (June, 2008). Filial therapy in Adlerian context: Building strong families through parent-child relationship training. To be presented at the North American Society for Adlerian Psychology (NASAP) Annual Conference, Harrisburg/Hersey, PA (refereed).
- Watts, R. E., Harris, K., & Benesh, A. (June, 2008). Expanding the acting “as if” technique: An Adlerian/constructivist integration. To be presented at the North American Society for Adlerian Psychology (NASAP) Annual Conference, Harrisburg/Hersey, PA (refereed).
- Watts, R. E., Peluso, P., & Lewis, T. (March, 2008). Adlerian counseling techniques: Beyond the basics. To be presented American Counseling Association World Conference, Honolulu, HI (refereed).

- Watts, R. E., Zamarripa, M., Garza, Y., Ybanez, K., & Yznaga, S. (2007). Using constructivist counseling principles and procedures with Latina/o clients. Presented at the Association for Counselor Education and Supervision Conference, Columbus, OH (refereed).
- Watts, R. E., Nelson, J., Henriksen, R., & Eckstein, D. (October, 2007). Publishing in professional counseling journals: Keys issues in manuscript preparation and submission. Presented at the Association for Counselor Education and Supervision Conference, Columbus, OH (refereed).
- Watts, R. E., with Niles, S., Kelly, V., Hunt, B., & Peluso, P. (October, 2007). Publishing in the *Journal of Counseling and Development*: A strategic roadmap for successful researching and writing. Presented at the Association for Counselor Education and Supervision Conference, Columbus, OH (refereed).
- Watts, R. E. (August, 2007). Are constructivist psychotherapy and religion compatible? A relational constructivist perspective. A paper presented as part of a symposium entitled "Evolution, Epistemology, and Religion in Meaning Making Approaches to Psychology," American Psychological Association (APA) Conference, San Francisco, CA (refereed)
- Watts, R. E., Carlson, J., Williamson, J., & Williamson, D. (June, 2007). Adlerian therapy and other contemporary approaches: Resonance and Integration. Presented at the North American Society for Adlerian Psychology (NASAP) Annual Conference, Vancouver, BC, Canada (refereed).
- Watts, R. E., Niemeyer, R., Raskin, J., Harter, S., & Bridges, S. (July, 2006). How far can one go/not go and still call oneself a constructivist? Presented at the Constructivist Psychological Network Conference, San Diego, CA (refereed).
- Watts, R. E. (May, 2006). Ansbacher lecture panel member. Invited response presented at the Plenary Session of the North American Society for Adlerian Psychology (NASAP) Annual Conference, Chicago, IL.
- Watts, R. E., Davis, K., Trusty, J., & Gladding, S. (October, 2005). Writing successful book proposals: Essential elements for aspiring authors. Presented at the Association for Counselor Education and Supervision Conference, Pittsburgh, PA (refereed).
- Watts, R. E., with Trusty, J., & Henriksen, R. (October, 2005). Advocacy competencies for professional school counselors. Presented at the Association for Counselor Education and Supervision Conference, Pittsburgh, PA (refereed).
- Watts, R. E., Williamson, J., & Williamson, D. (June, 2005). Counseling with toys: An introduction to the basic principles and procedures of play therapy. A six hour Pre-Conference Workshop presented at the North American Society for Adlerian Psychology (NASAP) Annual Conference, Tucson, AZ. (refereed).
- Watts, R. E., Williamson, D., & Williamson, J. (June, 2005). The contemporary relevance of Adlerian counseling: Discovery and dialogue. Presented at the North American Society for Adlerian Psychology (NASAP) Annual Conference, Tucson, AZ. (refereed).
- Watts, R. E. (April, 2005). Counseling with toys: An introduction to the basic principles and procedures of play therapy. A six hour Pre-Conference Learning Institute presented at the American Counseling Association World Conference, Atlanta, GA (refereed).

- Watts, R. E., Carlson, J., Williamson, D., & Williamson, J. (April, 2005). The contemporary relevance of Adlerian counseling: Discovery and dialogue. Presented at the American Counseling Association World Conference, Atlanta, GA (refereed).
- Watts, R. E., Trusty, J., & Carlson, J. (April, 2005). Using Adlerian-oriented counseling procedures for reflection and personal growth. Presented at the American Counseling Association World Conference, Atlanta, GA (refereed).
- Watts, R. E. (June, 2004). Basic principles and procedures in play therapy: A constructive perspective. Presented at the North American Personal Construct Network Conference, Memphis, TN (refereed).
- Watts, R. E. (June, 2004). Working with conservative Christian clients: A relational constructivist perspective. Presented at the North American Personal Construct Network Conference, Memphis, TN (refereed).
- Watts, R. E., Williamson, D., & Williamson, J. (June, 2004). Using constructivist and social constructionist techniques in an Adlerian context. Presented at the North American Society for Adlerian Psychology (NASAP) Annual Conference, Myrtle Beach, SC. (refereed).
- Watts, R. E. (June, 2004). Principles and procedures in play therapy: A brief introduction. To be presented at the North American Society for Adlerian Psychology (NASAP) Annual Conference, Myrtle Beach, SC. (refereed).
- Watts, R. E., Williamson, J., & Williamson, D. (April, 2004). Relational constructivist counseling: An integrative, encouragement-focused approach. Presented at the American Counseling Association World Conference, Kansas City, MO (refereed).
- Watts, R. E., with Kirschenbaum, H. (April, 2004). Adler and Rogers: Humanistic roots of contemporary counseling practice. Presented at the American Counseling Association World Conference, Kansas City, MO [Invited co-presentation].
- Watts, R. E., with other members of the CACREP Board of Directors (April, 2004). Beginning the CACREP accreditation process. Presented at the American Counseling Association World Conference, Kansas City, MO (refereed).
- Watts, R. E., Williamson, J., & Williamson, D. (May, 2003). Adlerian therapy: A relational constructivist approach. Presented at the North American Society for Adlerian Psychology (NASAP) Annual Conference, Vancouver, B.C., Canada (refereed).
- Watts, R. E., with Trusty, J., & Parrillo, A.L. (March, 2003). Counselor-trainees' family-of-origin and social influence attributes. Presented at the American Counseling Association World Conference, Anaheim, CA (refereed).
- Watts, R. E., with other members of the CACREP Board of Directors (March, 2003). CACREP table talk. Presented at the American Counseling Association World Conference, Anaheim, CA (refereed).
- Watts, R. E., Erdman, P., & Trusty, J. (October, 2002). Documentation in supervision. Presented at the Association for Counselor Education and Supervision Conference, Park Cities, UT (refereed).
- Watts, R. E., with Holden, J., & Craig, S. (October, 2002). Our favorite lesson plans addressing the CACREP core. Presented at the Association for Counselor Education and Supervision Conference, Park Cities, UT (refereed).

- Watts, R. E. (July, 2002). Adlerian theory/therapy as a precursory exemplar of relational constructivism. Presented at the North American Personal Construct Network Conference, Vancouver, British Columbia (refereed).
- Watts, R. E., West, J., Bubenzer, D., Wester, K. & Lewis, T. (March, 2002). Constructivist and social constructionist procedures in counseling. Presented at the American Counseling Association World Conference, New Orleans, LA (refereed).
- Watts, R. E., & Trusty, J. (March, 2002). Importance of addressing spirituality issues in counseling. Presented at the American Counseling Association World Conference, New Orleans, LA (refereed).
- Watts, R. E., with Trusty, J. (March, 2002). The effects of adult attachment on empathy in counseling students. Presented at the American Counseling Association World Conference, New Orleans, LA (refereed).
- Watts, R. E. (June, 2001). Ansbacher lecture panel member. Invited response presented at the Plenary Session of the North American Society for Adlerian Psychology (NASAP) Annual Conference, Tucson, AZ.
- Watts, R. E., & West, J.D. (March, 2001). Constructive interventions for counseling individuals, couples and families. Presented at the American Counseling Association World Conference, San Antonio, TX (refereed).
- Watts, R. E., Antonio, V., Schafer, P.A., Tejada, A. (March, 2000). Counseling the hispanic community: A multi-ethnic perspective on Latino subcultures. Presented at the American Counseling Association World Conference, Washington, D.C. (refereed).
- Watts, R. E., with West, J.D., Meadows, F., & Osborn, C. (March, 2000). Reflective thinking during family counseling. Presented at the American Counseling Association World Conference, Washington, D.C. (refereed).
- Watts, R. E., with Wester, K. (March, 2000). Assertiveness training for adolescent females. Presented at the American Counseling Association World Conference, Washington, D.C. (refereed).
- Watts, R. E., Griffin, J., Page, B., & Pietrzak, D. (October, 1999). You make the call: A case study discussion of difficult ethical issues. Presented at the Association for Counselor Education and Supervision Convention, New Orleans, LA (refereed).
- Watts, R. E., with Griffin, J., & Dollarhide, C. (October, 1999). Job searches in higher education: What doctoral students can expect. Presented at the Association for Counselor Education and Supervision Convention, New Orleans, LA (refereed).
- Watts, R. E., with Stevens, P.W., Kaplan, D., Wiggins-Frame, M., Norem, K., Magnuson, S., Erickson, S., & Baltimore, M. (October, 1999). Revision of the IAMFC ethical code. Presented at the Association for Counselor Education and Supervision Convention, New Orleans, LA (refereed).
- Watts, R. E. (April, 1999). Basic principles and procedures in play therapy. Presented at the American Counseling Association World Conference, San Diego, CA (refereed).
- Watts, R. E. (April, 1999). Adlerian and constructivist approaches to counseling: An emerging dialogue. Presented at the American Counseling Association World Conference, San Diego, CA (refereed).

- Watts, R. E., with Fries, K. (April, 1999). Narrative approaches to counseling children and adolescents in a family context. Presented at the American Counseling Association World Conference, San Diego, CA (refereed).
- Watts, R. E. (May, 1998). The emerging Adlerian - Constructivist dialogue. Presented at the North American Society for Adlerian Psychology's (NASAP) Annual Conference, Dallas, TX (refereed).
- Watts, R. E. (April, 1996). Perceived early childhood influence and counselor effectiveness: A research report. Presented at the American Counseling Association World Conference, Pittsburg, PA (refereed).
- Watts, R. E. (February, 1996). What is a healthy family atmosphere? Presented at the Fourth Annual Conference on Parent Education, University of North Texas, Denton, TX (refereed).
- Watts, R. E., with selected IAMFC ethics committee members (April, 1995). The most difficult ethical dilemma. Presented at the American Counseling Association Annual Conference, Denver, CO (refereed).
- Watts, R. E., with C.E. Watkins (August, 1994). Psychotherapy survey research studies: Some consistent findings and integrative conclusions. Presented at the American Psychological Association Annual Conference, Los Angeles, CA (refereed).

Regional-Level Refereed Presentations

- Watts, R. E. (October, 1998). Counseling and the internet: Ethical and legal concerns. Presented at the North Central Association for Counselor Education and Supervision (NCACES) Annual Conference, Kansas City, MO (refereed).

State-Level Refereed Presentations

- Watts, R. E. (November, 2009). Publishing in professional journals: Common errors to avoid. Presented at the Texas Counseling Association Annual Conference, Dallas, TX (refereed).
- Watts, R. E. (November, 2009). Key ethical issues in counselor supervision. Presented at the Texas Counseling Association Annual Conference, Dallas, TX (refereed).
- Watts, R. E., with Garza, Y. (November, 2009). Sandtray: Whispers from the soul, crafted in the sand. [Pre-Conference workshop]. Presented at the Texas Counseling Association Annual Conference, Dallas, TX (refereed).
- Watts, R. E., & Stark, M. (November, 2009). Working with religious clients: An Adlerian/constructivist perspective. Presented at the Texas Counseling Association Annual Conference, Dallas, TX (refereed).
- Watts, R. E., with Stark, M., & Frels, R. (November, 2009). Solution-focused IDM: An integrated strengths-based approach to supervision. Presented at the Texas Counseling Association Annual Conference, Dallas, TX (refereed).
- Watts, R. E. (November, 2009). Ethical issues in counselor supervision. Presented at the Texas Counseling Association Annual Conference, Dallas, TX (refereed).
- Watts, R. E. (November, 2008). Key issues in counselor supervision. Presented at the Texas Counseling Association Annual Conference, Houston, TX (refereed).

- Watts, R. E., & Garza, Y. (November, 2008). Using filial therapy with Adlerian parent education training. Presented at the Texas Counseling Association Annual Conference, Houston, TX (refereed).
- Watts, R. E., with Garza, Y. (November, 2008). Child-parent relationship therapy: A training model for strengthening child-parent relationships. [Pre-Conference workshop]. Presented at the Texas Counseling Association Annual Conference, Houston, TX (refereed).
- Watts, R. E., Harris, K., & Benesh, A. (November, 2008). Reflecting as if: Helping clients create preferred realities. Presented at the Texas Counseling Association Annual Conference, Houston, TX (refereed).
- Watts, R. E., with Garza, Y. (November, 2007). Reflecting on the past, envisioning the future: A look at play therapy basics and the nuances of a growing Hispanic culture [Post-Conference workshop]. Presented at the Texas Counseling Association Annual Conference, Corpus Christi, TX (refereed).
- Watts, R. E., & Walker, K. (November, 2007). Understanding and applying Adlerian-based counseling techniques. Presented at the Texas Counseling Association Annual Conference, Corpus Christi, TX (refereed).
- Watts, R. E., with Wines, L. (November, 2007). The lived experiences of African-American school counselors in predominately dominant culture school settings. Presented at the Texas Counseling Association Annual Conference, Corpus Christi, TX (refereed).
- Watts, R. E., Zamarripa, M., Reyes, R., Garza, Y., Ybanez, K., & Yznaga, S. (November, 2007). Counseling Latina/o clients: Constructivist and social constructivist perspectives. Presented at the Texas Counseling Association Annual Conference, Corpus Christi, TX (refereed).
- Watts, R. E., & Garza, Y. (November, 2006). Counseling with toys: Principles, procedures, and cultural considerations [Pre-Conference workshop]. Presented at the Texas Counseling Association Annual Conference, San Antonio, TX (refereed).
- Watts, R. E., Li, Chi-Sing, Ambrose, C., Harris, T., Moriarity, M., & Wanza, N. (December, 2006). Ethical decision-making in light of the new ACA code of ethics. Presented at the Texas Counseling Association Annual Conference, San Antonio, TX (refereed).
- Watts, R. E., Nelson, J., Eckstein, D., & Henriksen, R. (December, 2006). Publishing in professional counseling journals: Keys to the preparation and submission of manuscripts. Presented at the Texas Counseling Association Annual Conference, San Antonio, TX (refereed).
- Watts, R. E., Zamarripa, M., Ybanez, K., Garza, Y., & Reyes, R. (November, 2006). *Constructive* procedures with Latina/o clients. Presented at the Texas Counseling Association Annual Conference, San Antonio, TX (refereed).
- Watts, R. E., Nelson, J., Walker, K., & Flowers, J. (November, 2005). Keys to getting published in professional journals. Presented at the Texas Counseling Association Annual Conference, El Paso, TX (refereed).
- Watts, R. E. (November, 2005). Counseling and the common factors of successful outcomes: An Adlerian perspective. Presented at the Texas Counseling Association Annual Conference, El Paso, TX (refereed)

- Watts, R. E. (November, 2005). The contemporary relevance of Adlerian counseling. Presented at the Texas Counseling Association Annual Conference, El Paso, TX (refereed)
- Watts, R. E. (November, 2004). Addressing spirituality issues in *secular* counseling. To be presented at the Texas Counseling Association Annual Conference, Ft. Worth, TX (refereed).
- Watts, R. E. (November, 2003). Documenting supervision: An ethical and legal responsibility. Presented at the Texas Counseling Association Annual Conference, Galveston, TX (refereed).
- Watts, R. E., Williamson, D., & Williamson, J. (November, 2003). Relational constructivist counseling: An integrative, encouragement-focused approach. Presented at the Texas Counseling Association Annual Conference, Galveston, TX (refereed).
- Watts, R. E., Williamson, J., & Williamson, D. (November, 2002). *Constructive* counseling: Principles and procedures. Presented at the Texas Counseling Association Annual Conference, Austin, TX (refereed).
- Watts, R. E. (November, 2002). Engaging the devout Christian in counseling: A *constructive* perspective. Presented at the Texas Counseling Association Annual Conference, Austin, TX (refereed).
- Watts, R. E. (November, 2001). Importance of addressing religious and spiritual issues in counseling. Presented at the Texas Counseling Association Annual Conference, Dallas, TX (refereed).
- Watts, R. E. (November, 2001). Encouragement-focused counseling. Presented at the Texas Counseling Association Annual Conference, Dallas, TX (refereed).
- Watts, R. E., with other members of the Executive Board for the Texas Association for Counselor Education and Supervision (November, 2001). Emerging issues in counselor education and supervision. Presented at the Texas Counseling Association Annual Conference, Dallas, TX (refereed).
- Watts, R. E., with Ray, D., & Taylor, E. (November, 2001). How do I get published? Writing and submitting to the *TCA Journal*. Presented at the Texas Counseling Association Annual Conference, Dallas, TX (refereed).
- Watts, R. E. (November, 2000). Constructive interventions for couples and/or family counseling. Presented at the Texas Counseling Association Annual Conference, Houston, TX (refereed).
- Watts, R. E. (November, 2000). Helping clients open space for constructive reflection. Presented at the Texas Counseling Association Annual Conference, Houston, TX (refereed).
- Watts, R. E. (November, 1999). Counseling with toys: An introduction to play therapy [Post-Conference Presentation]. Presented at the 1999 All Ohio Counselor's Conference, Columbus, OH (refereed).
- Watts, R. E., West, J.D., Lewis, T., Trepel, H., & Wester, K. (November, 1999). Reflective thinking during counseling. Presented at the 1999 All Ohio Counselor's Conference, Columbus, OH (refereed).
- Watts, R. E., & Homeyer, L. (November, 1998). Basic training in play therapy [Pre-Conference Workshop]. Presented at the Texas Counseling Association Annual Conference, Amarillo, TX (refereed).

- Watts, R. E. (April, 1998). You make the call: Making ethical decisions in school counseling. Presented at the Texas Education Agency School Counselor Conference, Austin, TX (refereed).
- Watts, R. E., & Homeyer, L. (November, 1997). Play therapy: Basics and beyond [Pre-Conference Workshop]. Presented at the Texas Counseling Association Annual Conference, San Antonio, TX (refereed).
- Watts, R. E., & Homeyer, L. (November, 1997). Some basic principles and procedures in play therapy. Presented at the Texas Counseling Association Annual Conference, San Antonio, TX (refereed).
- Watts, R. E., with Trusty, J., Pirtle, T. (November, 1997). Development of a scale for measuring cultural sensitivity. Presented at the Texas Counseling Association Annual Conference, San Antonio, TX (refereed).
- Watts, R. E., Trusty, J., & Lampe, R. E. (November, 1996). Ethical (and sometimes) legal issues in counselor supervision. Presented at the Texas Counseling Association Annual Conference, Ft. Worth, TX (refereed).
- Watts, R. E., Trusty, J., & Engels, D.W. (November, 1995). Ethical issues in counseling: A look at old problems and new standards. Presented at the Texas Counseling Association Annual Conference, Austin, TX (refereed).
- Watts, R. E., Trusty, J., & Lampe, R. (November, 1995). Texas licensed professional counselors' perceptions of their counselor preparation: A state-wide survey. Presented at the Texas Counseling Association Annual Conference, Austin, TX (refereed).
- Watts, R. E., with Engels, D.W. (January, 1994). Ethical guidelines as a means of empowerment in contemporary career settings. Presented at the Texas Career Guidance Association/Texas Vocational Guidance Association Joint Conference, Austin, TX (refereed).
- Watts, R. E., with Engels, D.W. (November, 1993). Ethics as a means of empowerment in contemporary life/work settings. Presented at the Texas Counseling Association Annual Conference, Galveston, TX (refereed).
- Watts, R. E., with Engels, D.W., & Ziebert, J. (November, 1991). Ethical issues in counseling. Presented at the Texas Association of Counseling and Development Annual Conference, Dallas, TX (refereed).

Work or Professional Experiences

2005-Present	Professor and Director of the Center for Research and Doctoral Studies in Counselor Education, Department of Ed. Leadership and Counseling	Sam Houston State University, Huntsville, TX (CACREP Accredited Program)
2004 - 2005	Professor and Director of the Counseling Program, Dept. of Educational Psychology	Baylor University, Waco, TX
2000 - 2004	Associate Professor and Director of the Counseling Program, Dept.	Baylor University, Waco, TX

	of Educational Psychology	
2000 - 2001	Associate Professor	Baylor University, Waco, TX
1999 - 2000	Associate Professor & CHDS Master's Program Coordinator	Kent State University, Kent, OH (CACREP Accredited Program)
1998 - 1999	Associate Professor	Kent State University, Kent, OH
1994 - 1998	Assistant Professor	TAMU-Commerce, Commerce, TX (CACREP Accredited Program)
1993 - 1994	Counselor	Private Practice, McKinney, TX
1991 - 1994	Teaching Fellow	University of North Texas, Denton, TX
1991 - 1993	Counselor	Insight Counseling, Plano, TX
1983 - 1991	Associate Pastor	North Baptist Church, McKinney, TX

Honors and Awards

The *ACA Fellow Award*, presented by the American Counseling Association, March, 2010.

The *David K. Brooks, Jr. Distinguished Mentor Award*, presented by the American Counseling Association, March, 2009.

2008 TCA Presidential Award, presented by the Texas Counseling Association, November, 2008.

2008 Outstanding Researcher Award, College of Education, Sam Houston State University.

Outstanding Counselor Educator Award, presented by the Texas Association for Counselor Education and Supervision, November, 2007

Diplomate in Adlerian Psychology, presented by the North American Society for Adlerian Psychology, May, 2007

ACES Robert O. Stripling Excellence in Standards Award, presented by the Association for Counselor Education and Supervision, March, 2007.

TCA Professional Writing Award, presented by the Texas Counseling Association, November, 2006.

Recognized in a recent study as one of the 20 most prolific authors in Counselor Education. Researchers Brandon Hunt from Penn State University and Amy Milson from the University of North Carolina-Greensboro presented their findings in October at the 2005 national conference of the Association for Counselor Education and Supervision.

Distinguished Service Award, presented by the Texas Counseling Association, July, 2001

Outstanding Alumnus Award, presented by the Counselor Education faculty, the University of North Texas, April, 2000

The *Joseph and Lucille Hollis Publication Award*, presented by the Counseling Association for Humanistic Education and Development, April, 1999

Distinguished Service Award, presented by the Texas Counseling Association, November, 1998

IAMFC Media Award, presented by the International Association for Marriage and Family Counselors, March, 1998

Distinguished Service Award, presented by the Texas Counseling Association, November, 1997

TCA Research Award, presented by the Texas Counseling Association, November, 1996

Other Competencies

2008-present	Editor	<i>Counseling and Values</i> , Journal of the Association for Spiritual, Ethical, and Religious Values in Counseling (ASERVIC)
2003-2008	Associate Editor	<i>Journal of Counseling and Development</i> , flagship Journal of the American Counseling Association (ACA)
2003-present	Editor	“Techniques to Share” Section, <i>The Family Journal</i> , Journal of the International Association for Marriage and Family Counselors
2003-present	Co-Editor	“Psychological Strategies” Section, <i>Journal of Individual Psychology</i> , the Journal of the North American Society for Adlerian