



**Valencia Browning-Keen, PhD, RD, LD**

DPD and Graduate Director, Department of Family and Consumer Sciences Assistant Professor of Food Science, Nutrition, Dietetics, Food Systems Management  
Sam Houston State University  
[vbk001@shsu.edu](mailto:vbk001@shsu.edu)

**Ph.D., Nutrition and Institutional Administration, 1992, Texas Woman's University, Denton, Texas. Dissertation:** *Postmenopausal, Abdominally Obese Women and the Effects of the Low Glycemic Index Diet.*

**M.S., Clinical and Community Nutrition, 1985, Case Western Reserve University, School of Medicine, Cleveland, Ohio.**

**Compensated Dietetic Internship, Cleveland Veteran's Administration Hospital, Cleveland Clinic, University Hospital Internship rotations 1983-1984: surgery, gynecology, pediatrics, cardiac, gastroenterology, renal, transplant, oncology, psychiatric, general practice, orthopedic, Cleveland, Ohio.**

**B.S., Home Economics and Dietetics, Minor in Distributive Science, 1983, Lipscomb University, Nashville, Tennessee.**

**Professional Licensure and Certifications and Professional Organizations:**

- Academy of Nutrition and Dietetics Registered Dietitian credential since 1986 nationally and internationally registered-#697632
- State of Texas Licensure-#DT81851  
Society for Nutrition Education and Behavior Certified Nutrition Educator (CNE) since 1997 #371137  
National Restaurant Association (NRA) Educational Foundation ServSafe Certification: #7462323
- The Academy of Nutrition and Dietetics: Adult and Childhood Obesity/Wellness Certification, since 2002.

- American Association of Family and Consumer Sciences: #287466.

### Experiences at Sam Houston State University:

**9/09-present Assistant Professor in the Department of Family and Consumer Sciences  
DPD Director of Food Science and Nutrition Program**

**2013 to present: Graduate Director**

**Graduate Advisor of Kappa Omicron Nu (KON) Honor Society**

**2010 to present: Delta Kappa Gamma International Honor Society**

**Advisor to Sam Houston Student Dietetic Association (SHSDA)**

**Courses Taught: FACS 1441 Food Selection and Preparation Food Lab**

**FACS 2362 Nutrition**

**FACS 3367 Introductory Food Science**

**FACS 3370 Nutritional Pathways**

**FACS 3445 Quantity Food Production**

**FACS 4378 Advanced Nutrition**

**FACS 4360 Clinical Dietetics I**

**FACS 4361 Clinical Dietetics II (Developed)**

**FACS 4068 Research Problems (Special Topics Developed**

*With Undergraduate Students)*

*Malnutrition in Nepal*

*Limitation of Kosher Foods in Huntsville, Texas*

*Whole Grain Knowledge of Postpartum Moms in*

*Head Start Programs*

*Nutritional Status of Costa Ricans among Children*

*Factors Contributing to Weight Gain in College*

*Students (McNair and Honors Students)*

**FACS 4368 Costa Rican Cuisine and Cultural Food  
Practices Affecting Dietetics (Developed)**

**FACS 4371 Nutrition Assessment (Developed)**

**FACS 4373 Cultural Food Practices and Counseling  
Methods (Developed)**

**FACS 5367 Food Biotechnology for the Consumer  
(Developed for Online Teaching)**

**FACS 5375 Cultural Food Counseling (Developed)**

**FACS 5385 Sports Nutrition (Developed)**

**FACS 5395 Dietary Supplements (Developed)**

**FACS 5398 Public Health Nutrition (Developed)**

**FACS 5379 Laboratory and Field Experience in Family  
And Consumer Sciences**

**FACS 5330 Research Methods for Family and Consumer  
Sciences**

**FACS 5375 Issues and Trends in Family and Consumer  
Sciences**

**FACS 5383 Research Methods in FACS**

**FACS 5380 the Needs of Aging Populations and Their**

**Families (Nutrition Component developed for online instruction and team taught with Paula Tripp, Janis White, and James Landa)**

**CHM 3361 Discoveries in Chemistry and Textiles: Study Abroad course (co-taught with Rick White, Janis White)**

**Other Sam Houston State Professional Experiences:**

**9/09-Current. Sam Houston State University Didactic Program Director (DPD).**

*Successfully wrote Reaccreditation Self-Study, summer 2012; received full re-accreditation using New Knowledge Requirements Spring 2013; developed courses, identified shadowing rotations, mentored younger faculty, hired faculty for the Didactic Program in Dietetics.*

**01/13-Current** Family and Consumer Sciences Graduate Director.

**07-08/14** Assisted with review and writing of the Self-Study of the Dietetic Internship Re-accreditation document for the site review visit, November, 2014 with current Dietetic Internship Director.

**Thesis Director:**

Kendall, Stelwagen and Browning-Keen, V.: The *Effects of Insulin on Neuronal Swelling in Diabetic Ketoacidosis, December, 2013.*

Motz, J. and Browning-Keen, V. *Effects of Social Media Usage on Disordered Eating Behaviors in Female Undergraduates, December, 2014.*

Bonin, B. and Browning-Keen, V. *What is the Effect of Fish Oil Supplementation on the Glomerular Filtration Rate (GFR) of Patients with Chronic Kidney Disease (CKD)?, December, 2015 (in process in Proposal Development Now).*

**Professional Experiences Outside of SHSU:**

**1/09-Current Contractor with Specialty Health Network to work with firemen, police officers, individuals and groups of people for various food and nutrition related issues.**

**1/02-8/09 North Eastern Nevada Regional Hospital (NeNRH) Clinical Nutrition Manager and Clinical Dietitian, Elko, Nevada.** Document relevant aspects of nutritional care for patients in accordance with departmental, Lifepoint, and regulatory standards. Perform nutritional assessments as determined by screening tools. Collaborate with nursing, physicians, pharmacists, physical therapists, foodservice director and the foodservice staff. I also coordinate community outreach in community nutrition which includes: various goldmines, Great Basin College, USDA Division of Forestry, bank employees, USDA Head Start, State of Nevada, Elko School District and Spring Creek School District sports teams.

**10/02-8/09** Dialysis Center Incorporated (DCI) **Renal Dialysis Dietitian, Elko, Nevada.** Screen, assess and plan renal nutrition meal and care plans for patients and their families in accordance with diet orders for End Stage Renal Disease (ESRD) patients.

**1/07-8/09** **Adjunct Nutrition Professor at Great Basin College, Elko, Nevada.** Teach basic medical nutrition therapy class for general education and nursing students in the biology department.

**6/00-1/02** **State of Nevada Department of Health Nutritionist and Supervisor for Western Region of Nutrition Program.** Assess, plan and develop nutrition care plans for infants, women (pregnant and post-partum) and children who are underprivileged: worked with clients in individual and group settings; supervised 10 employees to implement the on-going WIC standards regulated by USDA for 4 and sometimes 5 separate clinics with large caseloads in a rural setting. Implemented Quality Assurance Standards required by the State of Nevada.

**8/97-8/00** **Navajo Nation Nutrition Program Quality Assurance Specialist.** Assessed quality assurance measures on the entire Navajo Nation WIC program in 12 separate clinics in the Four Corner Region of New Mexico, Utah, Arizona and Colorado; traveled to all locations; functioned as Nutritionist in Shiprock, New Mexico when not traveling to make Quality Assurance checks for high risk pregnancies, infant and child high risk; began focus on childhood obesity and postpartum obesity issues (confirmed by CDC) and worked with Diabetes Research Trials in the U.S. Government program providing clients who were interested in participating.

**6/99-7/99** **Invited professor to Schiller International University, Engelburg, Switzerland** for team teaching Hospitality Management Seminar. Invited guest by Dean of University; took 12 students; team taught several hospitality issues into courses in the United States, comparing them to Switzerland's issues.

**5/98-6/98** **Invited professor to Schiller International University, Engelberg, Switzerland.** Took 11 students in Dietetics and Hospitality Management. Taught classes in Human Resource Management and European Cuisine food production including fine dining and service to guests.

**8/93-8/97** **Texas Christian University.** Foodservice Management Coordinator in Coordinated Program in Dietetics. Taught all food-related courses in the Undergraduate Coordinated Program in Dietetics.

**8/86-6/93** **Abilene Christian University. DPD Director of Undergraduate Program in Dietetics.** Successfully wrote the re-accreditation of the DPD Program. Developed dietetic courses. Assisted students with DICAS Internship Application Packets placing almost 100% of graduates into dietetic programs; developed shadowing opportunities in clinical, community, and foodservice opportunities for students; acquired support throughout Abilene community for this program. Finished PhD and returned to pay back time Abilene Christian University supported during training.

**8/89-1/92** **Graduate Assistant, Teaching Assistant and Coordinator of the Nutrition Assessment Laboratory at Texas Woman's University.** Coordinated the Nutrition Assessment

Laboratory and Assessment Center with individual and group assessments of students, staff, community consumers, families, research requests and groups who were referred from the county, state, regional, grant-related, sports-related, group sports and county service groups (fire, police, EMT's) for nutrition assessment related to weight control, heart disease, cholesterol-lowering, high fiber, any gastrointestinal diseases, maintenance oncology, food allergies, weight gain, and unique specific issues related to medical nutrition therapy.

### **Publications:**

Browning-Keen, V, Maison, J., Duncan, J., Matthews, J., Baldwin, D. 65<sup>th</sup> Annual United Nations DPI/NGO 2015 and Beyond Conference. *Focus on Families to Improve Sustainable Development and Eradicate Poverty by providing basic conditions and empowerment*. August 27, 2014, United Nations Headquarters, New York, New York, **published in outcome declaration from presentation in Technical Paper.**

Browning-Keen, V. Widowhood, Malnutrition and Poverty: Intergenerational Reconnection for Improved Nutritional Status. *IFHE (International Federation Home Economics) Family and Socioeconomic and Cultural Issues: United Nations Guidelines for 2014*, Invited Paper, **published.**

White, J., Browning-Keen, V., White, R. 2014 Exploring Pioneer Women in Chemistry: discoveries Amid Conflicts in a Study Abroad Course. *The Chem. Educator*, 19: 210-216, **published.**

Browning-Keen, V., Potts-Sealey, C., Galles, B. Postpartum Obesity and Prevention Services: A Model for Referrals and Appropriate Nutrition Education, *2013 Texas Family and Consumer Sciences Research Journal (TAFCS), Volume II-No. VIII, 7-15, published.*

Browning-Keen, V., Galles, B., Icenogle, J., Richards, K. Eating Habits of Head Start Parents and Barriers to Healthy Eating, *2013 Texas Family and Consumer Sciences Research Journal (TAFCS), Vol. II: No. VIII, 1-6, published.*

White, J., Browning-Keen, V., White, R. Family and Moral Dilemmas: Experiences from the lives and work of renowned scientists, *2013 Journal of Family and Consumer Sciences (AAFCS) (105): 3:12-21, published.*

Browning-Keen V. Influence of Pan Latin Cooking on Traditional Dietary Habits of Americans; spring of 2012 in the *International Federation for Home Economics curriculum development unit in: Global Sustainable Development: A Challenge for Consumer Citizens Ref. 3.5, eBook., published.*

Browning-Keen V. and Potts-Sealey C. *Postpartum Obesity: The Root Problem of Childhood Obesity*, Vol.2011: No.1: In Oxford Press, August, 2011, **published.**

Browning-Keen, V. Didactic Program in Dietetics (DPD) *Handbook*, Department of Family and Consumer Sciences, 2012; 2013 revised, **published.**

Browning-Keen, V. and Meyers, P. Nutrition Assessment Lab Manual Handbook, Department of Family and Consumer Sciences, 2014, 1<sup>st</sup> edition.

Browning V. Gorman MA VanBeeber A. Nutrition knowledge of parents with disabled infants and children participating in advancing babies' chances program in Texas, *Texas Home Economics Research Journal*, Spring, 1993, **published**.

### **Publications of Papers in Conference Proceedings:**

Browning-Keen, V., White, J., White, R. Pioneer Women of Chemistry: Role Models and Mentoring Opportunities in a Study Abroad Course. The Mentoring Institute's 7<sup>th</sup> Annual Mentoring Conference, University of New Mexico, Albuquerque, New Mexico, October 21-24, 2014, **full paper published in refereed conference proceedings**.

Browning-Keen, V, Maison, J., Duncan, J., Matthews, J., Baldwin, D. 65<sup>th</sup> Annual United Nations DPI/NGO 2015 and Beyond Conference. *Focus on Families to Improve Sustainable Development and Eradicate Poverty by providing basic conditions and empowerment*. August 27, 2014, United Nations Headquarters, New York, New York, **published in conference workshop program**.

Browning-Keen, V. and White, J. *The French Paradox Revisited: Still a Healthy Option For Maintaining a Healthy Weight?* 105<sup>th</sup> Annual Conference and Expo, American Association of Family and Consumer Sciences, Global Gateway to Healthy and Sustainable Families. St. Louis, Missouri, June 27, 2014; **published in conference proceedings**.

Browning-Keen, V., and Tripp, P. *My Plate Intervention: Reducing Obesity Rates in Children and Parents*. 2013 Refereed papers American Association of Family and Consumer Sciences Texas Affiliate, **published in conference proceedings**.

Browning-Keen, V. and Burlison, L. *Unique Role of Nutrition and Interior Design Professionals in achieving Meal Time Satisfaction in Dementia Residents*. Supplement of Journal of Nutrition Education and Behavior, Society for Nutrition Education and Behavior, Portland, Oregon, August 9-12, 2013, **published in conference proceedings**.

Browning-Keen, V. and Tripp, P. *Use of My Plate as an Educational Intervention: Developing Capacities as a Pilot Project in Texas, USA*, International Federation of Home Economics, Melbourne, Australia, July, 2012, **published in IFHE conference proceedings**.

Browning-Keen, V. *Embracing Healthy Aging and Longevity through Consumption of the Mediterranean Diet and Lifestyle Choices: A comparison between Italy and the United States*. 104<sup>th</sup> American Association of Family and Consumer Sciences Annual Conference & Expo, Houston, Texas, June 26-29, 2013, **published in conference proceedings**.

Browning-Keen, V. *Help Mom Cut the Fat: Postpartum Obesity Intervention the Italian Way: What America Can Learn*. 104<sup>th</sup> American Association of Family and Consumer Sciences

Annual Conference and Expo, Houston, Texas, June 27<sup>th</sup>, 2013, **published in conference proceedings.**

Browning-Keen, V., and Potts-Sealey, C. *Postpartum obesity and preventive services: a model for referrals to include medical nutrition therapy (MNT) intervention and appropriate nutrition education*, 16<sup>th</sup> Annual International Congress of Nutrition & Dietetics 2012; 69(Suppl.1):72-164, Sydney, Australia, September 5-8, 2012; **published in Congress of Dietetics conference proceedings.**

White, J., Browning-Keen, V. and White, R. *Connecting FACS to the Study of Nobel-Prize Winning Scientists and Their Discoveries*. 102<sup>nd</sup> Annual Conference and Expo, American Association of Family and Consumer Sciences, Phoenix, Arizona, June 25<sup>th</sup>, 2011, **published in conference proceedings.**

Tripp, P., Browning-Keen, V, Burleson, L., Sealey-Potts, C., and White, J. *Working Together to Help Create FCS Solutions for Challenges Faced by Individuals and Families*. 101<sup>st</sup> Annual Conference and Expo, American Association of Family and Consumer Sciences, Cleveland, Ohio, June 25, 2010, **published in conference proceedings.**

Browning-Keen V. *Teaching Cultural Food Practices from Around the World*. 101<sup>st</sup> Annual Conference and Expo, American Association of Family and Consumer Sciences, Cleveland, Ohio, June 26, 2010, **published in conference proceedings.**

Alford B., McIIHeran, H, and Browning, V. *Comparison of Two Levels of Fat Intake on Weight Loss and Lipids in the Blood in Obese Post-Menopausal Women*. Presented at the North American Association and Clinics on Obesity (NAASCO), Milwaukee, Wisconsin, October, 1993, **published in conference proceedings.**

Browning V. *Influence of Dietary Treatment on the Abdominally Obese Postmenopausal Woman*. Presented at Federation of American Societies of Experimental Biologists (FASEB), March, 1993, **published in conference proceedings.**

Browning, V. Alford B., Hsueh A., Gorman M., Shriver, C. *Effect of Diet on Carbohydrate Parameters in the Abdominally Obese Woman*. Presented at the Texas Dietetic Association, Austin, Texas, March, 1993, **published in conference proceedings.**

Browning, V. Alford, B., Hsueh, A., Gorman, M., Shriver, C., *Effects of Dietary Treatment on the Lipid Profile of the Abdominally Obese Postmenopausal Woman*. Presented at the Federation of Experimental Biologist (FASEB) Annual Meeting, Anaheim, California, April, 1994, **published in conference proceedings.**

Browning, V. *Demographic Characteristics and Nutrition Knowledge of Parents with Disabled and Developmentally Delayed Children*. Presented at the 77<sup>th</sup> annual meeting of the American Dietetic Association, Orlando, Florida, October, 1994, **published in conference proceedings.**

Browning, V. and McGuire, D. *Promotion of a Healthy Weight among Navajo Nation Women, Infant and Children (WIC) Families*. Presented at the 79<sup>th</sup> annual meeting of the American Dietetic Association, San Antonio, Texas, October, 1996, **published in conference proceedings**.

Browning, V. and McGuire, D. *Promotion of a Healthy Weight among Navajo Nation Prenatal and Postpartum Women*. Presented at the 80<sup>th</sup> annual meeting of the American Dietetic Association, Boston, Massachusetts, October, 1997, **published in conference proceedings**.

McKee, D. and Browning, V. *A Framework for International Course Development in Hospitality*, World Council for Curriculum and Instruction, Annual Conference in San Antonio, Texas, September, 1999, **published in conference proceedings**.

Browning, V. *Goal Weight Trends among Navajo Nation Prenatal Women and Prevention of Cardiovascular Disease in the Postpartum Woman*. 50<sup>th</sup> Anniversary of National Heart, Lung and Blood: A division of National Institutes of Health, San Francisco, California, February, 1998, **published in conference proceedings**.

Browning, V. *Potential Benefits of Phytoestrogens in the Prevention of Breast Cancer in Pre- and Post-Menopausal Women: A review and Nutrition Education Material Promoting Soy-Based Food and Products*, Global Soy Forum 1999, Chicago, Illinois, August 7, 1999, **published in conference proceedings**.

Browning, V. *Parents with Disabled and Developmentally Delayed Infants and Children Participating in Early Childhood Intervention Programs' Knowledge of Nutrition*. Department of Health in Missouri, Mental Health and Nutrition Annual Conference, Springfield, Missouri, September, 1998, **published in conference proceedings**.

Browning, V. *Goal Weight Trends among Navajo Nation Prenatal Women and Prevention of Cardiovascular Disease in Postpartum Women: A comparison between 1994-1996*, 81<sup>st</sup> Annual Meeting of the American Dietetic Association, Kansas City, Missouri, October, 1998, **published in conference proceedings**.

### **Accepted for Proceedings for Paper and Presentation**

Browning-Keen, V. *Parents, Teachers, Practitioners and University Faculty in Unique Cultures Collaborating for the Prevention of Childhood Obesity and Bullying*, Oxford Belizean International Symposium on Education, January, 2, 2015. To be published in the Forum for Public Policy, Oxford, England, spring, 2015.

Browning-Keen, V. *Reflections on the UN 2015 and Beyond: The 65<sup>th</sup> Annual UN DPI/NGO Conference*, Journal of Family and Consumer Sciences, Volume 106, Issue 4, 2015.

### **Refereed Presentations**



Mook, L., Chang, S.M., Akin, M. and Browning-Keen, V. *The Effect of Senior Meal Assistance Programs on Malnutrition Risk in Free Living Elders in Texas*, Texas Society of Allied Health Professionals: Translational Processes in Allied Health: From Education to Practice: Houston, Texas, September 25, 2014, **submitted for publication**.

Gallagher, A., Smith, K. and Browning-Keen, V. *Oral Health Protocols and Observations of Food Modification and Avoidance Behaviors in Dementia Patients as Described by Nursing Personnel*, Texas Society of Allied Health Professionals: Translational Processes in Allied Health: From Education to Practice: Houston, Texas, September 25, 2014.

Browning-Keen, V., Kabay, K., Boyd, L., Beck, A., Burleson, L. *Unique role of nutrition and interior design professionals in achieving meal time satisfaction in dementia residents*, Texas Society of Allied Health Professionals: Translational Processes in Allied Health: From Education to Practice: Houston, Texas, September 25, 2014.

Browning-Keen, V. Tripp, P., Galles, B. *Innovative Solutions and Sustainability to Reduce Childhood Obesity: a 3 Prong Paradigm: Malnutrition, Obesity and Poverty*. Critical Public Issues. Oxford Round Table, Oxford, England, August 4, 2014, **published in conference proceedings**.

Browning-Keen, V., Wang, M., and Hirsh, J. *Encouragement of Breastfeeding and Heritage Foodways on the Navajo Nation Reservation: Mega trends will not disrupt this culture's strong family values*, 2014, International Federation for Home Economics, Council 2014 20<sup>th</sup> Anniversary of the International Year of the Family, Ontario, Canada, July 20, 2014.

Browning-Keen, V., White, J. and Burleson, L. *A current comparison between Native Americans and Italian Elders: Can We Empower Families to Manage Disease through Home Economics Education?* 2014 International Federation for Home Economics, Council 2014 20<sup>th</sup> Anniversary of the International Year of the Family, Ontario, Canada, July 20, 2014.

Browning-Keen, V., and Beck, A. *Can We Enhance Global Rates of Exclusive Breastfeeding for the First 6 months Using Home Economics Education as the Starting Block?* 2014 International Federation for Home Economics, Council 2014 20<sup>th</sup> Anniversary of the International Year of the Family, Ontario, Canada, July 20, 2014.

Browning-Keen, V., Smith, K, Neal, J., and Boyd, L. *Paternal Influences, Meal Structure and Meal Frequency on Children's Weight Gain*. 2014 International Federation for Home Economics, Council 2014 20<sup>th</sup> Anniversary of the International Year of the Family, Ontario, Canada, July 20, 2014.

Browning-Keen, V. *Can We Empower Families to Manage Disease Through Heritage Cooking?* State Professional Development Conference, Family and Consumer Sciences Teachers Association of Texas, Dallas, Texas, July 30, 2014.

Stelwagen, K. and Browning-Keen, V. *The Effects of Insulin on Neuronal Swelling in Diabetic Ketoacidosis*. The Academy of Nutrition and Dietetics Annual Meeting, Corpus Christi, Texas, April 24-26, 2014.

White, R., White, J., and Browning-Keen, V. *Chemistry Education: International and Multicultural Perspectives: Familial and Historical Influences on the Lives of Renowned Scientists*. Division of the History of Chemistry, 247<sup>th</sup> American Chemical Society National Meeting and Exposition, Dallas, Texas, March 16-20, 2014, **published in conference program and proceedings**.

Browning-Keen, V., Flanagan, K., Lasko, J., and Culpepper, K. *The Effect of Junk Food Taxes on College Students*. 23rd Art & Science of Health Promotion Conference and Society for Nutrition Education and Behavior, Hilton Head Island, South Carolina, March 18-22, 2013.

Browning-Keen, V. Castellanos, M., Backes, K., and Harter, R. *The Effects of Intensive Whole Grain Nutrition Education Classes on Adults in Southeast Texas*. 23<sup>rd</sup> Art & Science of Health Promotion Conference and Society for Nutrition Education and Behavior, Hilton Head Island, South Carolina, March 18-22, 2013.

Browning-Keen, V. and Tripp, P. *Practical Use of Prebiotics and Probiotics in Pediatric Foodservices*. State Professional Development Conference: Navigating, Transitioning and Achieving, Family and Consumer Sciences Teachers Association of Texas, August 2, 2010, **published in conference program**.

Browning-Keen, V. *Nutrition Assessment in the Elderly*. Dietetics in Health Care Communities: A practice group of the Academy of Nutrition and Dietetics Association Annual DHCC Conference for North Carolina, South Carolina and Georgia, Ashville, North Carolina, September 17, 2010.

#### **Submitted External Grant:**

\*Deng, Furgen, PI, Browning-Keen, V., Co-PI, and Reiter, M., Co-PI. Cancer Prevention and Education in Rural East Texas. Dr. Furgen Deng, PI and Co-PI, Dr. Miranda Reiter, potential 400,000.

#### **Funded External Grants:**

\*Partner, College of Health Sciences and College of Humanities and Social Science Collegiate Hispanic and African American Mentoring Program (CHAAMP) Recruitment Grant for Nursing and Dietetic Students: Program to aid in the recruitment and retention of first generation African American and Hispanic Students in Nursing and Nutrition. Works with the ELITE (Establishing through Leadership In and Through Education Program), \$150,000.

\*PI, Let's Move Indian Country and My Plate: Videos Introducing Heritage Foods using the WIC Food Package to fight Childhood Obesity and Nutrition Assessment: Navajo Nation WIC Grant, Friends of Family and Consumer Sciences, Summer; 2014: \$4,800.00.

\*PI, CHSS On-Line Instructional Grant Community Nutrition Application for FACS 5330 Seminar in Family and Consumer Sciences Online Nutrition Assessment: Let's Move Indian Country and My Plate Models as Intervention Strategies against Childhood Obesity and Diabetes: Building Capacities in Navajo Nation WIC for Summer, 2014. Nutrition Assessment and Nutrition Education Material (developed for 12 clinics), \$3,000.

\*PI, Let's Move Indian Country and My Plate: Videos Introducing Heritage Foods using the WIC Food Package to fight Childhood Obesity and Nutrition Assessment and Nutrition Knowledge with Nutrition Education On-Line Development of Material: Navajo Nation WIC for summer, 2013, Navajo Nation Nutrition Program, August, 2013, \$6,000.

\*Stelwagen, K. and Dr. Browning-Keen, V. (Thesis Director): "Effects of insulin therapy on neurons in diabetic ketoacidosis." Thesis Proposal Completed: April, 2012. Data collection began May, 2013. Financed with Graduate School Research Funding, \$1,749.00.

\*PI, CHSS On-Line Instructional Innovative Grant reviewed and granted full funding, March 21, 2012, Projections of Employment Needs through 2018: Can Food and Personal Services as Well as Healthcare Opportunities in Food Science and Nutrition Meet a Niche?, \$5,000.

\*Co-PI, Office of Minority Health, Dallas Regional Office and U.S. Department of Health and Human Services. Browning-Keen, V. and Tripp, P., Childhood Obesity Interruption Project in Walker County, July 15 for FY 2011, \$3,000.

\*PI, Browning-Keen, V., C. American Dietetic Association DPG Group: Dietitians in Health Care Community Group, Review of literature of investigating studies of eating habits, episodes and snacks of the elderly and menus used, Summer 2010, \$6,500.

\*PI, Browning-Keen, V. Dietetics in Health Care Communities, a practice group of the Academy of Nutrition and Dietetics Association Annual DHCC Conference for North Carolina, South Carolina and Georgia, Asheville, North Carolina: Nutrition Assessment in the Elderly, September 17, 2010, \$2,500.

\*PI, Browning-Keen, V. Received one of the Tobacco Settlement Grants for the State of Nevada in Fall 2006 and Spring 2007. Taught good nutrition, obesity prevention, let's get moving and positive body image presentations to the surrounding school districts ( Elko, Spring Creek, Ely and Eureka, Nevada) and collaborated with Barbara Howe, State of Nevada Nutritionist, \$6,000.

### **Submitted for Publication:**

Motz, J., Browning-Keen, V., White, J., and Bello, R. Effects of Social Media Usage on Disordered Eating Behaviors in Female Undergraduates, **Submitted**, December, 2014, *Journal of the Society for Nutrition and Behavior*.

Neal, J. & Browning-Keen, V. Family Meal Frequency: Help or Harm? Potential Recommendations for the Childhood Obesity Epidemic. *J. Am. Dietet. Assoc.*: ADAJ-D-11-00582, **Resubmitted with revisions.**

Browning-Keen, V. and Elliott, C. Elderly eating patterns and menu planning guidelines. *Journal of the Academy of Nutrition and Dietetics*. **Resubmitted with revisions.**

### **Research in Progress:**

Mabry, K. and Browning-Keen, V. Rural residents with disabilities and access to health care under Texas Medicaid System: Where is the bridge? **Submitting upon completion.**

### **Invited Presentations:**

Browning-Keen, V. *Health at Every Size, Childhood Obesity and Parenting Styles. Can We Reintroduce Heritage Food Ways?* Annual WIC Training Workshop for Navajo Nation Nutrition Program for nutritionists, staff and personnel Albuquerque, New Mexico, September 8 2013.

Browning-Keen, V. and Tripp, P. *My Plate Intervention: Taking You Beyond the Science of Good Nutrition and into Practical Application of Using My Plate to Feed Children Well in Daycare Settings*, Texas A&M Agrilife Extension Grant and Daycare Training, College Station, Texas, April 20, 2013.

Browning-Keen, V. *Mindful Choices for Health at Every Size Using the Slow Food Movement. Making the Most of What We Have: American Association of family and Consumer Sciences-Southeast District Meeting*, Huntsville, Texas, October 18, 2013.

Browning-Keen, V. and Sealey-Potts, C. *Postpartum Obesity: the Root Problem of Childhood Obesity*. Presentation at the 4<sup>th</sup> Annual Medicine in the Humanities and Social Sciences Conference, Friday, April 20, 2012.

Browning-Keen and Elliott, C. *Lack of Evidence-Based Menu Planning Guidelines for Extended Care Communities (ECC)*, 2012 CHSS Annual Research Conference, April 13, 2012, **published in conference proceedings.**

Browning-Keen, V. and Tripp, P. CHSS Faculty Colloquium and Wine & Cheese Social, March 6, 2013. *Use of MyPlate as an Educational Intervention: Developing Capacities as a Pilot Project in Texas, USA.*

Invited Speaker along with 11 other colleagues across campus for the 1<sup>st</sup> Annual Huntsville Health Science Symposium, April 26, 2013 as DPD Director for the Department of Family and Consumer Sciences.

Invited Speaker along with 11 other organizations at the Diabetes and Hypertension Symposium and Health Fair, November 3, 2012 along with undergraduate student, Danielle Bellamy.

Browning V. *Nutritious Solutions while Boosting Flavor and Texture for the Elderly*. Presented at the Annual 1997 Governor's Conference on Health and Aging, Chicago, Illinois, December, 1999.

Browning, V. *Fad Diet Use among Older Women*, Fort Worth Business Women's Association, Tarrant County Country Club, Fort Worth, Texas, May, 1995.

Browning, V. African American Heritage Month, *Food for the Soul*, Eastern Illinois University, February, 1998.

Browning, V. African Christian Hospitals Foundation, *Impact of Nutrition upon Disease States in Developing Countries and Assessing Malnutrition*, Dallas, Texas, January, 1999.

### **Professional Organizations:**

Member of Kappa Omicron Nu and Phi Upsilon Omicron Honor Societies  
Member of The Academy of Nutrition and Dietetics (formerly ADA)-Member of Oncology, Clinical Nutrition Management, ACEND and Dietetic Educators Practice Group  
Regional Member of the Texas Academy of Nutrition and Dietetics  
American Society of Nutrition and Behavior-Nutrition Education & Healthy Aging  
Member of the AAFCS: Community Partners  
Member, International Federation for Home Economics

### **Reviewer:**

The Academy of Nutrition and Dietetics Association Coordinator and Reviewer of Research and Practice Abstracts for the 2015, Academy of Texas Nutrition and Dietetics, Houston, Texas, 2015.

Peer reviewer for the Society of Nutrition Education and Behavior National Conference, August, 2013, Portland, Oregon.

Peer reviewer for *Nutrition Focused Physical Assessment Book: Making Clinical Connections*, Case Software, North Carolina, and January, 2012.

Peer reviewer for The Academy of Nutrition and Dietetics, 2011.

Peer reviewer for Family and Consumer Sciences Research Journal, 2010.

### **Honors:**

International Federation for Home Economics selected proposal of paper: Poverty Eradication among the Navajo People; represented IFHE with 4 other panel members at the United Nations NGO, August, 2014, **proposal accepted.**

501 C 3 Public Charity and Memorial CEO and Founder of **the Ronald Wayne Keen Memorial Foundation** *Non-profit organization for the purposes of charitable, religious, educational, scientific, literacy to foster public and mining safety* for Miner's Relief and Domestic Missions as well as disaster relief program. Programs will also support national or international amateur sports competition and preventing cruelty to children and animals. Mine safety; fostering Native American Mission Efforts; Fostering Mississippi River Missionaries; Education on Health and Wellness in the Family; Smoking Cessation; Music Education; Religious Studies; Sports and Playground Equipment for K-12; Scholarships for college bound high school students; education in precious metals; mining safety and education programs in the communities; scholarships for food, nutrition, hospitality Management and fashion merchandising all fall under the mission of this program.

Teaching Award at Sam Houston State University, Department of Family and Consumer Sciences, 2010 and 2011.

1999 African American Heritage Celebration in Charleston, Illinois for outstanding support.

**Service:**

Sam Houston State University College of Health Sciences and UNIBE Delegation Member to Costa Rica, October 20-24<sup>th</sup>, 2014, to determine and develop exchange opportunities for certification programs, research exchanges, student teaching experiences, community service projects, sports development, sports marketing, nursing and food science and dietetics as well as health science clinical rotations; opportunities were identified within the public, private and social security medical systems, foundations and school districts.

Episcopal Foundation Grant Workshop Work Group, College of Health Sciences, December 3, 2014.

Contributor, Family and Consumer Sciences Strategic Plan, 2014.

Contributor, Health Promotion Review of Athletic Training Education Competencies, Dialogue for Nutrition Component, November, 2014.

Invited to serve as Committee Member for the Committee to Establish the College of Health Sciences, Fall 2013.

Invited to serve on the Dean Search Committee for the College of Humanities and Social Sciences (CHSS), 2013-2014.

Wrote the DPD Student Manual for the new 2012 Knowledge Requirements for the Self Study Process for the 10-Year Reaccreditation Document and submitted to The Academy of Nutrition and Dietetics, September, 2012.

Wrote the DPD Dietetic Internship Manual for the 2012 Self-Study Process for submission to the Academy of Nutrition and Dietetics, September, 2012.

Wrote the DPD 30-Day Response to the site visit report of the AND Site Visit Team, March, 2013.

Coordinated and directed students for the “Stars across Texas” Spring Reception, April, 2012.

Surveyed DPD graduates over the past 10 years for data necessary for the Academy of Nutrition and Dietetics Self Study, August, 2012.

Wrote the Manual for the FACS 4368, FACS 4373 Cultural Food Practices and Counseling Methods, summer 2010.

Fall 2012- Present, Head Start Advisory Board in Walker County and Coldspring, Texas.

Volunteer, HEARTS Veteran’s Museum of Texas and Walker County Disaster Plan Team for Community Food Pantry.

Member, Disaster Relief Planning Committee, Walker County, Texas Disaster Relief Response.

Saturday at SAM (to discuss DPD program to visiting students and parents).

2010-Current FACS Scholarship Committee

2010-Current FACS Curriculum Committee

2010-Current FACS Search Committee

CHSS Undergraduate Studies Committee

2009,2010, 2011,2012,2013,2014, I have served on 120 Graduate Committees in the General MS in FACS and the MS in Dietetics in Family and Consumer Sciences.

**Awards:**

Nominated for Sutton Who’s Who in Academia 2011/2012 of North America’s most accomplished Academic Professionals

GetCap Head Start Volunteer Award, May 9, 2012 and April, 2013.

Writing in the Disciplines Workshop Certificate: May 14-18, 2012.

Sam Houston State Teaching Award, for Department of Family and Consumer Sciences, 2011-2012 for Excellence in Teaching, CHSS.

Sam Houston State Teaching Award, for Department of Family and Consumer Sciences, 2009-2010 for Excellence in Teaching, CHSS.

Oxford Roundtable Participation Certificate and Member of the Oxford, Roundtable, Oxford, England, 2011 and 2013.

Invited to participate in People to People Citizen Ambassador Program with a group of dietitians to explore Nutritional Health and Wellness in South Africa. A comparative study between America and South Africa was explored during this time, October 26-November 5, 2009.

North Eastern Nevada Regional Hospital (NeNRH) Employee of the Quarter, Awarded January 2008.

Invited visiting professor to Schiller International University, Engelburg, Switzerland, 1998-1999; Schiller International University, Engelburg, Switzerland; Appreciation of International Visiting Professor Award, July, 1999.