

Study Skills

Our Study Skills program is six one-hour sessions, four one-hour sessions during Summer, designed to address core skills essential for academic success. Our trained facilitators are advanced students who understand the demands of college and how to balance recreation with academics. The sessions address procrastination, time management, taking class notes, test-taking strategies etc. We offer over 15-20 classes a week so that we can promise students a class that will fit into their schedules.

To make certain that our program is effective we have collected data on the performance of those students who have participated. We can say without any hesitation that students who attended our Study Skills program dramatically improved their study habits as well as improving their GPA.

HOW IT WORKS: Choose to attend either Series I, Series II or Late Start, choose one day, then one time. You will come to the SAM Center on this day and time for each of the 6, 4 during the Summer, dates listed.

Fall 2014:

LATE START

MONDAY	5:00 pm	Sep 29, Oct 6, 13, 20, 27, Nov 3
WEDNESDAY	5:00 pm	Oct 1, 8, 15, 22, 29, Nov 5

SERIES TWO

MONDAY	10:00 am, 11:00 am, 12:00 Noon, 1:00 pm, 2:00 pm	Oct 20, 27, Nov 3, 10, 17, Dec 1
TUESDAY	11:00 am, 12:30 pm, 2:00 pm, 3:30 pm	Oct 21, 28, Nov 4, 11, 18, Dec 2
WEDNESDAY	8:00 am, 10:00 am, 11:00 am, 12:00 Noon, 2:00 pm, 4:00 pm	Oct 22, 29, Nov 5, 12, 19, Dec 3
THURSDAY	8:00 am, 12:30 pm, 2:00 pm	Oct 23, 30, Nov 6, 13, 20, Dec 4
FRIDAY	10:00 am, 12:00 Noon	Oct 24, 31, Nov 7, 14, 21, Dec 5

Spring 2015:

SERIES ONE

MONDAY	9:00 am, 10:00 am, 12:00 Noon, 1:00 pm, 2:00 pm	Jan 26, Feb 2, 9, 16, 23, Mar 2
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TUESDAY	11:00 am, 12:30 pm, 2:00 pm, 3:30 pm	Jan 27, Feb 3, 10, 17, 24, Mar 3
WEDNESDAY	8:00 am, 10:00 am, 12:00 Noon, 2:00 pm, 4:00 pm	Jan 28, Feb 4, 11, 18, 25, Mar 4
THURSDAY	8:00 am, 12:30 pm, 2:00 pm, 3:30 pm	Jan 29, Feb 5, 12, 19, 26, Mar 5
FRIDAY	10:00 am, 12:00 Noon	Jan 30, Feb 6, 13, 20, 27, Mar 6

LATE START

MONDAY	5:00 pm	Feb 16, 23, Mar 2, 16, 23, 30
WEDNESDAY	5:00 pm	Feb 18, 25, Mar 4, 18, 25, Apr 1

SERIES TWO

MONDAY	9:00 am, 10:00 am, 12:00 Noon, 1:00 pm, 2:00 pm	Mar 16, 23, 30, Apr 6, 13, 20
TUESDAY	11:00 am, 12:30 pm, 2:00 pm, 3:30 pm	Mar 17, 24, 31, Apr 7, 14, 21
WEDNESDAY	8:00 am, 10:00 am, 12:00 Noon, 2:00 pm, 4:00 pm	Mar 18, 25, Apr 1, 8, 15, 22
THURSDAY	8:00 am, 12:30 pm, 2:00 pm, 3:30 pm	Mar 19, 26, Apr 2, 9, 16, 23
FRIDAY	10:00 am, 12:00 Noon	Mar 20, 27, Apr 10, 17, 24, May 1

To sign up for a class, come by the SAM Center in CHSS room 170 or 190.

By phone:

Sam Center	936-294-4444
Mentoring Office	936-294-4367
Janet Fair	936-294-4456
Margaret Ferguson	936-294-4361
John Jordan	936-294-4403
Marsha Phillips	936-294-4950
Amber Sechelski	936-294-4471
Chelsea Story	936-294-4364

By email:

kkg002@shsu.edu

sam_asp@shsu.edu

Session 1 - Preparation

Session 1 - [powerpoint](#)

Session 2 - Procrastination

Session 2 - [powerpoint](#)

Session 3 - Managing Time

Session 3 - [powerpoint](#)

Session 4 - Reading Textbooks

Session 4 - [powerpoint](#)

Session 5 - Test Taking

Session 5 - [powerpoint](#)

Session 6 - Managing Stress

Session 6 - [powerpoint](#)



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[Sam Houston State University](#) | Huntsville, Texas 77341 | (936) 294-1111 | (866)BEARKAT
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