



The Counseling Center
SAM HOUSTON STATE UNIVERSITY

- Personal Counseling
- Outreach/ Consultation
- Training Programs
- Services for Students with Disabilities

Counseling Center | **Services for Students Disabilities**

SERVICES FOR STUDENTS WITH DISABILITIES



- General Documentation Guidelines
- Procedures to Receive Services
- Adaptive Technology Available
- Rights & Responsibilities
- Testing Procedures & Form (PDF)

It is the policy of Sam Houston State University that no otherwise qualified disabled individuals shall, solely by reason of their disability, be excluded from the participation in, be denied the benefits of, or be subjected to discrimination under any academic program or activity.

Grievance

As a person with a disability, you are provided certain protections under the Americans with Disabilities Act of 1990. If you feel that you have been discriminated against, you may file a grievance. Prior to filing a formal grievance, students are encouraged to resolve the issue directly with the individual involved. Procedures for filing academic grievances are provided in the current Sam Houston State University Student Guidelines.

Students with disabilities may request admissions or registration assistance by calling the Undergraduate Admissions Office (936)294-1828 or the Registrar's Office (936)294-1040.

▶ HELP SCREENS

- Counseling at SHSU
- Study Skills
- Test Taking Strategies
- Test Anxiety
- Speaker's Anxiety
- Relaxation Techniques
- Short Relaxation Techniques
- Biofeedback
- Breathing Techniques
- Resources for Students with Disabilities
- Violence in Relationships
- Eating Disorders
- Coping with Stress
- Love and Relationships
- Headaches
- Anxiety
- Attention Deficit Disorder
- Sexual Assault

▶ SITE SEARCH

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