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## Informal Recreation



The Informal Recreation is a self-directed program designed to provide the SHSU community with a wide range of recreational pursuits. It is the ideal alternative for those looking for a non-structured program. Some of those activities include: aerobics, basketball, pickleball, racquetball, tennis, volleyball, wallyball, weight lifting, jogging/walking, and sand volleyball.

Also available through Informal Recreation program is Equipment Checkout, where you can check out basketballs, weight belts, volleyballs, racquetball racquets, jump ropes, and much more. [pdf map of the RSC & HKC](#). If you have questions, comments or concerns our friendly staff is available for your assistance.

### Today's Hours of Operation

RSC Facility: 6:30am – 12:00am

RSC Pool: 12:00pm – 6:00pm

Climbing Wall: 2:00pm – 8:00pm

University Camp: Open for Reservations

[Full Hours Schedule](#)

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 **Recreational Sports | Jump in. Play hard.**


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Online Reservation Form


**Contact Rec Sports**  
936.294.1985  
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