

**Richard C. Henriksen Jr.**  
**Associate Professor**  
**Sam Houston State University**  
**Educational Leadership and Counseling**  
**College of Education**

**Degrees Earned**

2000	Ph.D.	Counseling Minor: Psychology	Texas A&M University-Commerce, Commerce, TX CACREP Accredited Program
1996	MS	Counseling	Texas A&M University-Commerce, Commerce, TX CACREP Accredited Program
1994	BS	Psychology Minor: Counseling	Texas A&M University-Commerce, Commerce, TX

**Specialized Training**

2005	Group Work	ASGW Advanced Group Training Institute
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**Licensure/Certification**

Approved Clinical Supervisor, ACS00472

Licensed Professional Counselor #15086, Texas

Licensed Professional Counselor Supervisor #3243, Texas

National Certified Counselor #47223

**Peer Reviewed Publications**

**Refereed Journal Articles**

Henriksen, R. C., Jr., Nelson, J. A., & Watts, R. E. (in press). *Specialty training in counselor education programs: An exploratory study.*

Henriksen, R. C., Jr. (in press). Helping children with multiple heritage backgrounds in early education programs. *Early Years.*

Henriksen, R. C., Jr., Hamann, E. E., & Reid, K. (2009). Illinois school counselor's perceptions of training. *ICA Journal, 155*, 48-57.

Henriksen, R. C., Jr., & Maxwell, M. J. (2009). Multiple heritage students and social justice in schools. *The Counseling Interviewer, 41*(3), 5-10.

Henriksen, R. C., Jr., & Maxwell, M. J. (2009). Addressing multiple heritage issues in counselor training. *NC Perspectives*, 2(1), 17-27.

Henriksen, R. C. Jr., Weisner, III, V. V., & Kinsworthy, S. (2008). Counselor educators' perceptions of training requirements. *Journal of Professional Counseling: Practice, Theory, and Research*, 36, 48-58.

Henriksen, R. C., Jr., Watts, R. E., & Bustamante, R. (2007). The multiple heritage couple questionnaire. *The Family Journal*, 15, 405-408.

Henriksen, R. C., Jr. (2006). Multicultural counselor preparation: A transformational pedagogy. *Journal of Humanistic Counseling, Education & Development*, 45, 173-185.

Henriksen, R. C., Jr., & Trusty, J. (2005). Ethics and values as major factors related to multicultural aspects of counselor preparation. *Counseling & Values*, 49, 180-192.

Henriksen, R. C., Jr., & Trusty, J. (2004). Understanding and assisting Black/White biracial women in their identity development. *Women and Therapy: A Feminist Quarterly*, 27(1/2), 65-83. (Co-published)

Henriksen, R. C., Jr., Hamann, E. E., & Holland, R. (2003). Illinois LCPC's perceptions of counselor preparation. *Illinois Counseling Association (ICA) Journal*, 151, 5-12.

### **Books**

Henriksen, R. C., Jr., & Paladino, D. (2009) *Counseling multiple heritage individuals, couples, and families*. Alexandria, VA: American Counseling Association.

Henriksen, R. C., Jr. (1999). *Parenting with morals and values*. Commerce, TX: Blue Horizon Consultants.

### **Chapters in Books**

Henriksen, R. C., Jr., & Paladino, D. A. (2009). My multiple heritage identity. In C. F. Salazar (Ed.), *Group work experts share their favorite multicultural activities: A guide to diversity-competent choosing, planning, conducting, and processing* (pp 202-205). Alexandria, VA: Association for Specialists in Group Work.

Henriksen, R. C., Jr. (2009). Race. In B.T. Erford (Ed.), *ACA encyclopedia of Counseling*, (pp. 435-437). Alexandria, VA: American Counseling Association.

- Maxwell, M., & Henriksen, R. C., Jr. (2009). Counseling multiple heritage adolescents. In R. C. Henriksen Jr., & D. A. Paladino (Eds.), *Counseling multiple heritage individuals, couples, and families* (pp. 65-82). Alexandria, VA: American Counseling Association.
- Benesh, A. C., & Henriksen, R. C., Jr. (2009). Intersecting socially constructed identities with multiple heritage identity. In R. C. Henriksen Jr., & D. A. Paladino (Eds.), *Counseling multiple heritage individuals, couples, and families* (pp. 145-156). Alexandria, VA: American Counseling Association
- Henriksen, R.C., Jr. (2007). Infidelity: A multicultural perspective. In P. Peluso, (Ed.), *Infidelity: A practitioner's guide to working with couples in crisis* (pp. 191-206). New York: Routledge.
- Henriksen, R.C., Jr., & Johnson, B. II (2006). Parenting group for parents of children exposed to violence. In G.R. Walz, J.C. Bleuer & R. Yep (Eds.), *VISTAS: Compelling perspectives on counseling 2006* (pp. 59-62). Alexandria, VA: American Counseling Association.
- Henriksen, Jr., R. C., & Nikels, H. (2005). Multicultural school counseling with children in grades K-6. In G.R. Walz & R.K. Yep (Eds.), *VISTAS: Compelling perspectives on counseling 2005* (pp.141-144). Alexandria, VA: American Counseling Association.
- Henriksen, R. C., Jr., & Trusty, J. (2004). Understanding and assisting Black/White biracial women in their identity development. In A.R. Gillem, & C.A. Thompson, (Eds.), *Biracial women in therapy: Between the rock of gender and the hard place of race* (pp. 65-83). New York: Haworth Press. (Co-published)
- Henriksen, R. C., Jr., & Watts, R. E. (2003). Interracial/intercultural marriages. In J.J. Ponzetti Jr. (Ed.), *The international encyclopedia of marriage and family relationships* (2<sup>nd</sup> Ed.), pp. 937-941. New York: Macmillan Reference.
- Henriksen, R. C., Jr., & Trusty, J. (2002). Racial/ethnic/cultural identity development. In J. Trusty, E. J. Looby, & D. S. Sandhu (Eds.), *Multicultural counseling: Context, theory and practice, and competence* (pp. 55-104). Huntington, NY: Nova Science.

### **Funded External Grants**

- Henriksen, R. C., Jr., & Nelson, J. (2007). Training Counselors in Specialty Areas. Funded by the Texas Counseling Association Educational Endowment Fund (\$400).
- McFarland, W., & Henriksen, R. C., Jr. (2004). Counseling in Rural Settings: Ethical and professional Issues. Funded by Illinois Institute for Rural Affairs (\$3,000).

Henriksen, R. C., Jr., & Hamann, E. (2003). Illinois School Counselors' Perceptions of Counselor Preparation. Funded by Illinois Counseling Association (\$2,000).

## Presentations

### National Level

Henriksen, R. C., Jr., & Paladino, D. A. (2009). *Transforming multicultural training: Taking a multiple heritage perspective*. Presented at the Association for Counselor Educators and Supervisors 2009 Conference, San Diego, CA (Refereed).

Inyang, E., & Henriksen, R. C., Jr. (2009). *Personality-guided integrative strategies with sex offenders: Moving beyond the orthodoxy*. Presented at the 2009 Association for the Treatment of Sexual Abusers Annual Research and Treatment Conference, Dallas, TX (Refereed).

Henriksen, R. C., Jr., & Paladino, D. A. (2009). *Counseling multiple heritage individuals, couples and families*. Presented at the 2009 American Counseling Association Conference, Charlotte, NC (refereed).

Henriksen, R. C., Jr., & Harris, K. (2009). *Counseling single parent mothers of multiple heritage children*. Presented at the 2009 Southeast Conference on Cross Cultural Issues in Counseling and Education, Savannah, GA (refereed).

Henriksen, R. C., Jr., & Bartos, M. J., III (2008). *PACERS: A group program for success*. Presented at the 2008 Association for Specialists in Group Work National Conference, St. Pete Beach, FL (refereed).

Henriksen, R. C., Jr., & Maxwell, M. J. (2008). *The multiple heritage population: A teaching paradigm*. Presented at the 7<sup>th</sup> Annual Southeastern Conference on Cross-Cultural Issues in Counseling and Education, Statesboro, GA (refereed).

Watts, R. E., Nelson, J., Henriksen, R., & Eckstein, D. (2007). *Publishing in professional journals: Key issues in manuscript preparation and submission*. Presented at the Association for Counselor Educators and Supervisors 2007 Conference, Columbus, OH (refereed).

Henriksen, R. C., Jr., & Watts, R. E. (2007). *Multiple heritage identity development: A process*. Presented at the 6<sup>th</sup> Annual Southeastern Conference on Cross-Cultural Issues in Counseling and Education, Statesboro, GA (refereed).

Henriksen, R. C., Jr., & Johnson, B., II. (2006). *Parenting for children exposed to violence group*. Presented at the Association for Specialists in Group 2006 National Conference, Mobile, AL (refereed).

### **State-Level**

Henriksen, R. C., Jr., Stanley, S., & Bruhn, R. (2009). *Spirituality and the utilization of the 12 steps in the counseling process*. Presented at the Texas Counseling Association 2009 Professional Growth Conference (Refereed).

Henriksen, R. C., Jr. (2009). *TACES presents: Diagnosis and treatment planning – supervision methods and techniques*. Presented at the Texas Counseling Association 2009 Professional Growth Conference (Refereed).

Inyang, E., & Henriksen, R. C., Jr. (2009). *Compassionate therapy with sex offenders: Are you kidding me?* Presented at the Texas Counseling Association 2009 Professional Growth Conference (Refereed).

Henriksen, R. C., Jr., & Nelson, J. A (2008). *Achieving balance in counselor training programs: Specialists versus generalists*. Presented at the Texas Counseling Association 2008 Professional Growth Conference (Refereed).

Maxwell, M., & Henriksen, R. C., Jr. (2008). *Multiple heritage adolescents; Identity development and counseling strategies for a changing population*. Presented at the Texas Counseling Association 2008 Professional Growth Conference (Refereed).

Henriksen, R. C., Jr., & Bartos, M. (2008). *PACERS: A positive mentoring/counseling program for use in regular, alternative, and discipline education programs*. Presented at the Texas Counseling Association 2008 Professional Growth Conference (Refereed).

Henriksen, R. C., Jr., Kinsworthy, S. (2008). *Pacers: A play/activity therapy group for adolescents*. Presented at the Texas Play Therapy Association State Conference (Refereed).

### **Professional Experience**

2006-Present	Associate Professor	Sam Houston State University Huntsville, TX
2002-2006	Assistant Professor	Western Illinois University Macomb, IL
2000-2002	Assistant Professor	Southwestern Oklahoma State University Weatherford, OK

### **Honors and Awards**

- Texas Counseling Association 2009 Professional Writing Award

- Association of Multicultural Counseling and Development 2009 Professional Development Award
- Huntsville, TX Independent School District October 2007 Volunteer of the Month
- Illinois Association for Specialists in Group Work, Beverly Brown Group Counseling Award, 2005
- Western Illinois University, College of Education and Human Services, Outstanding Multicultural Teaching Award, 2005
- North Central Association for Counselor Education and Supervision, Outstanding Diversity Award, October, 2004
- Western Illinois University, College of Education and Human Services, Scholarly/Professional Activities Award, 2004