

Kate M. Walker
Adjunct Instructor
Educational Leadership and Counseling
College of Education

Degrees Earned

Ph.D. Counselor Education, Sam Houston State University 2007
M.A. Counseling, Sam Houston State University 2000
Bachelor of Music, The University of Texas 1989

Professional Licensure and Certifications

Licensed Marriage and Family Therapist, Texas
Licensed Professional Counselor, Texas
Approved LPC Supervisor, Texas
Certified All Level Music Education, Texas

Peer-Review Publications and Artistic Performances/Exhibitions

Dissertation

Walker, K. M. (2007). Perceived early childhood family influence, perceived self-efficacy, and chronic pain disability: An exploratory study.

Articles

Walker, K. M., Watson, K., & Lee, C. (2006, March). A case study of therapeutic interventions as related by a victim of traumatizing crime. *Professional Issues in Counseling*. Retrieved April 1, 2006 from <http://www.shsu.edu/~piic/spring%202006/Walker.html>

Books

Chapters

Proceedings

Artistic Performances

Sanctus. Recording. Written and produced by Mike Liesmann. With Andre Perez and Kate Walker. Montgomery, TX: Wide Awake Music, 2001.

10 For the Heart. Recording. Written by Trisha Lowenfeld and produced by Mike Liesmann. With Kate Walker and other artists. Montgomery, TX: Wide Awake Music, 2000.

After All This. Recording. Written by Kate Kelly and produced by Mike Liesmann. With Kate Walker and other artists. Montgomery, TX: Wide Awake Music. 2000.

Artistic Exhibitions

Research Monographs and Technical Reports

Funded External Grants

DeTrude, J., Flowers, J., & Walker K. M. (2006). Counseling individuals with chronic pain using master's level counseling interns in a university free clinic: An exploratory study. Funded by WalMart.

Peer-Review Presentations/Posters

PRESENTATIONS

Conferences

National and International-Level Refereed Presentations

DeTrude, J., Walker, K. M., Watson, K., & Moriarity, M. (2005, October). Admissions standards for counselor education doctoral programs: What works and what does not? Presented at the Association for Counselor Education and Supervision National Conference, Pittsburgh, PA.

State-Level Refereed Presentations

Watts, R. E., Walker, K. M. (to be presented 2007, November). Understanding and applying Adlerian-based counseling techniques. Texas Counseling Association Annual Conference, Corpus Christi, TX.

Walker, K. M., & Flowers, J. (2006, November). Hispanic chronic pain patients: Considerations for psychotherapeutic intervention and treatment. Presented at the Texas Counseling Association Annual Conference, San Antonio, TX.

Walker, K. M., Flowers, J., & DeTrude, J. (2006, November). The evaluation of gastric-bypass patients: What licensed professional counselors must know. Presented at the Texas Counseling Association Annual Conference, San Antonio, TX.

DeTrude, J., Flowers, J., & Walker, K. M. (2006, January). Health counseling and pain management for licensed professional counselors. Presented at the Texas Association of Marriage and Family Therapists Annual Conference, Houston, TX.

Watts, R. E., Nelson, J., Flowers, J., & Walker, K. M. (2005, November). What editors are looking for: Tips for getting published in a peer reviewed journal. Presented at the Texas Counseling Association Annual Conference, El Paso, TX.

DeTrude, J., Flowers, J., & Walker, K. M. (2005 November). Health counseling and pain management for licensed professional counselors. Presented at the Texas Association of Licensed Professional Counselors Annual Conference, El Paso, TX.

Nichter, M., & Walker, K. M. (2005, January). Domestic violence and children: What are the consequences? Presented at the Texas Association of Marriage and Family Therapists Annual Conference, Dallas, TX.

Invited Presentations

Walker, K. M. (2007, June). Private practice primer. Presented at the Sam Houston State University Department of Educational Leadership and Counseling "Exploring your Horizons: Career Paths in Educational Leadership and Counseling" Conference, Huntsville, TX.

Walker, K. M., & Flowers, J. (2007, May). Health counseling and pain management for licensed mental health professionals. Presented via Elluminate Live! for Wright State University.

Moriarity, M., Riefkohl, R., & Walker, K. M. (2005, June). Suicide prevention. Presented at the National Conference for Suicide Prevention sponsored by DIF in Puebla, Mexico in conjunction with Sam Houston State University.

Walker, K. M., & Watson, K. M. (2005, April). Recollections of helpful interventions by a victim of trauma. Presented at the Sam Houston State University Research Exchange, Huntsville, TX.

Walker, K. M. (2004, November). Burnout and the counseling profession: Ethical considerations. Presented at the Sam Houston State University Ethics Institute, Huntsville, TX.

Professional Presentations

Walker, K. M. (2007, May). Strategies for overcoming stress. Presented to Members of the Mothers of Preschoolers, Fellowship of The Woodlands, The Woodlands, TX.

Walker, K. M. (2007, January). Strategies for overcoming stress and anxiety. Presented to Members of the National Charity League, The Woodlands, TX.

Walker, K. M., & James, J. (January 2004 – January 2005). Safeguarding God's children. Four presentations at Trinity Episcopal Church, The Woodlands, TX.

Walker, K. M., & Rhodes, S. (2004, July). Personality type and the classroom: How to incorporate knowledge of personality type into a successful teaching environment. Presented at the Conroe Independent School District Novice Teacher Inservice, Conroe, TX.

Work or Professional Experiences

2007 - Present

Director, Project CONNECT, Federal TRIO Student Support Services Grant

Sam Houston State University, Huntsville, Texas

- Manage a \$1 million budget that includes salaries, equipment, and miscellaneous expenses
- Coordinate counseling, tutoring, and mentoring services for the 160 students who meet the criteria for participation
- Oversee a facility that includes a lending library, computer lab, study room, student lounge, and staff offices
- Supervise a staff of six full and part time employees in the administration of student services and the handling of confidential records
- Maintain federal compliance by completing annual reports, communicating with grant officials, and authoring a policy and procedures manual
- Manage the admissions process – verify eligibility of potential participants according to federal law and grant objectives
- Conduct new participant orientations that include reviewing the expectations for participation and steps for maintaining eligibility
- Recruit new participants via advertising, brochures, and communication with SHSU college deans and developmental class professors

APA Editing

Edit SHSU College of Education doctoral dissertations according to SHSU guidelines and APA 5th Edition

Adjunct Faculty

- Teach CNE 632, *Theories of Marriage and Family Therapy*, to master's level students in the SHSU counseling program
- Certified by SHSU to teach online courses

2004 – Present

All About the Family, LLC

Achievebalance.org

- Owner and clinical psychotherapist
- Conduct individual, couple, and family therapy
- Provide free seminars to the community on various topics including parenting, relaxation/stress reduction, and breast cancer survivor support
- Offer continuing education seminars to licensed mental health providers as a certified CEU provider for the state of Texas

2004 – 2006

HealthTrust, LLC

Clinical psychotherapist responsible for administering assessments and conducting behavioral therapy in both Spanish and English with individuals and groups suffering from chronic pain; also responsible for administering psychosocial evaluations to individuals considering bariatric surgery

2003-2004

Montgomery County Women's Center

Post-graduate internship providing counseling to victims of violence

January 1999 – May 1999

Pregnancy Assistance Center, North

Pre-practicum volunteer counselor providing services to women and their families dealing with an unexpected pregnancy

1999-2004 Conroe Independent School District

Mitchell Intermediate school orchestra teacher

Mitchell Intermediate Intervention and Assistance Team member

Certified facilitator for Mitchell campus low elements challenge course

Certified facilitator for the CISD low and high elements challenge course

1998 – 2003

Trinity Episcopal Church

Bass player for the Trinity Episcopal Church Contemporary Praise Band

1998 – August 1999

Montgomery County Youth Orchestra

Founder and director of the Montgomery County Youth Orchestra organization

1995 – 1998

Conroe Independent School District

Orchestra teacher at York Junior High and Oak Ridge High Schools

1993 – 1995

Austin Independent School District

Orchestra teacher at Kealing Junior High School

One of the founding conductors of the Austin Youth Orchestra

1991 – 1993

Richardson Independent School District

Orchestra teacher at Westwood Junior High

Assistant orchestra teacher at Richardson High School

1990 – 1991Hurst-Eules-Bedford Independent School District

General music teacher at Stonegate Elementary School

Organized the first strings program for the HEB Independent School district

Honors and Awards

Excellence in Writing Award, Sam Houston State University, May 2007.

Chi Sigma Iota, Genevieve R. Brown Outstanding Student Award and Scholarship, Sam Houston State University, March, 2006.

Doctoral Fellowship and Scholarship, Sam Houston State University, June, 2005.

Graduate Academic Achievement Scholarship, Sam Houston State University June, 2005.

Outstanding Doctoral Student for Cohort II, Sam Houston State University, 2005.

Graduate Studies Scholarship, Sam Houston State University, June, 2004.

Other Competencies