

CURRICULUM VITA

James S. Flowers, Ph.D., L.P.C.-S.

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ACADEMIC EXPERIENCE

- **Ph.D., Sam Houston State University, Huntsville, Texas
Counselor Education**
- **M.A., Sam Houston State University, Huntsville, Texas.
Counseling**
- **B.B.A. Stephen F. Austin State University, Nacogdoches, Texas.
Business Administration**

LICENSURE

**Licensed Professional Counselor, Texas #13681
Licensed Professional Counselor Supervisor, Texas #13681**

DISSERTATION

CHRONIC PAIN TREATMENT THEORY FOR THE HISPANIC POPULATION

Co-Chairs Dr. Genevieve Brown, Dean School of Education
 Dr. Beverly Irby, Chair School of Education

ACADEMIC AFFILIATIONS

- **2007-Present**
Adjunct Professor
Sam Houston State University, Huntsville, Texas
Instructing masters level and doctoral level students in Community Counseling Program
Courses taught: Theories of Counseling
 Counseling Across Lifespan
 Assessment in Counseling and Guidance
 Workshops in Pain Management Techniques
- **2007-Present**
Adjunct Professor
University of Houston, Clear-Lake, Houston, Texas
Instructing masters level students in Community Counseling Program
Courses taught: Counseling Across Lifespan

PROFESSIONAL EXPERIENCE

- **2000-Present**

Clinical Director and Chief Executive Officer, HealthTrust, LLP.

Clinical Director and President, HealthPartners, LLP.

Houston, Texas

- Responsible for delivery of quality behavioral chronic pain management treatment program and assessment services for injured workers in the States of Texas and Alabama.
- Clinical director of a staff of 21 mental health providers and a non-clinical staff of 15.
- Directly responsible for program and clinical development for the pain management program curriculum.
- Produced all policies and procedures for both organizations and brought both to complete HIPPA compliance.
- Marketing HealthTrust to Hospitals, Physicians, Insurance carriers and Employers is a vital role that I have responsibility for. I develop and make presentations concerning patient care and outcomes measurements to State agencies and commercial insurance carriers.

Both companies include Rehabilitation Centers which provide outpatient medical rehabilitation in a clinical setting through Contract Services which provides chronic pain management therapy services to patients in a variety of settings via contracts with numerous physicians throughout the state of Texas. HealthTrust employs Licensed, Qualified mental health professional's, physicians and doctors of Chiropractic. The goal of our company is to focus on high quality, cost-effective, outcome oriented rehabilitation services. HealthTrust currently provides services with strong contracts and close relationships in Houston, Corpus Christi, McAllen, Victoria, San Antonio, El Paso, Austin and Laredo, Texas.

Responsible for developing and building a comprehensive central intake office which simplifies coordination of prescribed services, saves time and money, streamlines communication, and minimizes the confusion of working with different outpatient rehabilitation companies throughout the States of Texas and Alabama.

My responsibilities have also been to insure timely and consistent follow-up with physicians and other health care professionals to insure optimal outcomes. I have developed state-of-the-art clinical documentation, scheduling, and management software programs which enables its therapists to access patient information from any clinic, generate status reports immediately and perform State wide scheduling.

- **1997-2000 Clinical Director and Senior Vice President, Private Practice. Houston, Texas**

I was responsible for Hiring, Training and supervising a staff of 10 mental health providers and a non-clinical staff of 7. Responsibilities included program and clinical development for program curriculum. I produced all policies and procedures for the organization. I gave over 200 presentations concerning patient care, outcomes measurement, cost analysis for treatment program, and educating physicians, State agencies and commercial insurance carriers on the care of chronic pain patients.

- **1994-1997 Clinical Therapist and Practice Manger. Houston, Texas**

Conducted initial assessments for new patients and coordinated services with 5 therapists. I developed treatment plans and monitored the administration of a four week chronic pain program. I was responsible for all discharge planning and reviewing daily care of patients in the program. My responsibilities also included managing daily operations of three clinical offices providing care for chronic pain patients; hire, train, and supervise facility mangers and clinical therapists.

PROFESSIONAL AND MENTAL HEALTH GROUP AFFILIATIONS

- American Counseling Association, member since 1995
- Texas Counseling Association, member since 1995
- National Alliance for the mentally Ill, member since 1995
- American Academy of Pain Management, member since 1997
- Texas Pain Society, member since 1999
- Texas Association of Chronic Pain Management, member since 1997
- Aircraft Owners and Pilots Association (2003 Piper Archer 187), member since 1997

GRANTS

Participated in writing and securing \$1,000 grant given by Wal-Mart to fund the Dr. Jack Staggs counseling center.

AWARDS

2005 Cohort II doctoral student supervisor of the year.

SELECTED PRESENTATIONS

- Flowers, J.S. (1996, April). The mental health consumer's perspective on mandatory treatment. Can mandatory treatment be therapeutic? Presentation at the National Conference for Pain Practitioner's, Washington, D.C.

- Flowers, J.S. (1996, January). Treatment of Low Back Pain. Presentation at Polly Ryan Hospital, Richmond, Texas.
- Flowers, J.S. (1996, November) Stress, Pain and Depression. The vicious Cycle. Presentation at Columbia HCA Hospital. Kingwood, Texas.
- Flowers, J.S. (1997, March). Aspects of coping with chronic pain. Presentation at the National Conference for Pain Practitioner's, Portland, Oregon.
- Flowers, J.S. (1997, June). Twelve coping skills. Presentation at the annual meeting of the Louisiana Consumers Conference. New Orleans, Louisiana.
- Flowers, J.S. (1997, October). The role of behavioral therapy in treating chronic pain. Presentation at the annual meeting of Interventional Pain Practitioner's. Scottsdale, Arizona.
- Flowers, J.S. (1998, April). Biofeedback and psychophysiological assessment of the chronic pain patient. Invited presentation at Biofeedback society of Southern California. San Diego, California.
- Flowers, J.S. (1998, August). Early intervention for treatment of chronic pain in the Worker's Compensation System. Presentation at the Central Texas Case Management Society. San Antonio, Texas.
- Flowers, J.S. (1999, May). Informed Consent and the right to refuse treatment. Presentation at the annual meeting of National Chronic Pain Association. San Francisco, California.
- Flowers, J.S. (2000, July). Coping Skills Training. Presentation at Baylor Hospital. Houston, Texas.
- Flowers, J.S. (2000, September). Pain Assessment and the cognitively Impaired. Presentation at the annual meeting of National Independent Pain Practitioners. Chicago, Illinois.
- Flowers, J.S. (2001, June). Pain Evaluation. Presentation at University of Texas, MD Anderson Hospital. Houston, Texas.
- Flowers, J.S. (2001, September). Assessment and Measurement tools. Presentation at the annual meeting of National Independent Pain Practitioners. Seattle, Washington.
- Flowers, J.S. (2002, October). Modern Standard of Care. Presentation at the annual meeting of The American Academy of Pain Management. Boston, Mass.
- Flowers, J.S. (2003, March). Non-Interventional Techniques for treating Chronic Pain. Presentation at the annual meeting of Texas Society of Anesthesiologists. San Antonio, Texas.
- Flowers, J.S. (2004, August). Ethics in Rehabilitation Counseling. Ethics seminar at Sam Houston State University. Huntsville, Texas.
- Flowers, J.S. (2005, February). Poster Presentation, Group Counseling in High Schools. Texas Association of Marriage and Family Therapists. Dallas, Texas.
- Flowers, J.S. (2005, March). A Multidimensional Approach to Pain: Not Just a Novel Idea. The Pain Management Clinic of Laredo. Laredo, Texas.
- Flowers, J.S. and Phelps, R. (2005, April). An introduction to pain patients and behavioral interventions. Four-hour presentation and Invited speaker for Beta Kappa Tau & Chi Sigma Iota. Huntsville, Texas

- Flowers, J.S. (2005, May). Pain: What Comes After Acceptance? Consultants in Pain Management. San Antonio, Texas.
- Flowers, J.S. (2005, June). The Physician and Counselor Treatment Team Approach to Chronic Pain. Innova Hospital System. San Antonio, Texas.
- Flowers, J.S. (2005, September). Pain Management in Multidisciplinary Centers of Excellence. American Academy of Pain Management. San Diego, California.
- Flowers, J.S. (2005, September). A Multidimensional Behavioral Assessment of Co-Morbid Pain. Texas Association of Anesthesiologists. Ft. Worth, Texas.
- Flowers, J.S. (2005, October). The Treatment of Chronic Pain: Protocol for The Texas Workers Compensation Commission. The University Center for Research on Pain and Disability. Toronto, Canada.
- Flowers, J.S., Walker, K. and DeTrude, Judith A. (2005, November). Pain Management: A Cognitive Behavioral Perspective. Texas Counseling Association. El Paso, Texas.
- Watts, R., Flowers, J.S., and Walker, K. (2005, November). How to get published. Texas Counseling Association. El Paso November 2005
- Flowers, J.S., Walker, K. (2006, November). Pain Management: A Counseling Prospective. Texas Counseling Association. San Antonio, Texas.
- Flowers, J.S., Walker, K. and DeTrude, Judith A. (2006, November). Assessing Candidate for Gastric Bypass Surgery. Texas Counseling Association. San Antonio, Texas.