

Sheryl A. Serres  
Assistant Professor  
Educational Leadership and Counseling  
College of Education

### **Degrees Earned**

Ph. D. in Counseling, Texas A & M – Commerce, 2004

M.Ed. in Clinical Education, Sam Houston State University, 1979

B.S. in Elementary Education, East Texas Baptist College, 1977

### **Professional Licensure and Certifications**

Licensed Professional Counselor

Licensed Professional Counselor Supervisor

Board Certified Professional Christian Counselor

Registered Education Diagnostician

Certified School Counselor

Texas Certification for teaching English

Texas Certification for teaching Elementary Education

Texas Certification for teaching Generic Special Education

### **Peer-Review Publications and Artistic Performances/Exhibitions**

#### **Articles**

Polonyi, M. A., Henriksen, Jr., R. C., & Serres, S. A. (2011). *A matter of faith: A qualitative study with evangelical Christians*. Retrived on September 14, 2011 from [http://counselingoutfitters.com/vistas/vistas11/Article\\_102.pdf](http://counselingoutfitters.com/vistas/vistas11/Article_102.pdf)

Nelson, J. A., Kirk, A. M., Ane, P., & Serres, S. A. (2011). Religious and spiritual values and moral commitment in marriage: Untapped resources in couples counseling? *Counseling and Values* 55(2), 228-246.

Serres, S. A. (2010). Applying research to build healthy families: An interview with Les and Leslie Parrott. *The Family Journal*, 18(4), 443-447.

Polonyi, M. A., Serres, S. A., & Henriksen, Jr., R. C. (2010). The Christian experience

Evangelical perspectives. *Faith & Therapy*4(5). Retrieved on January 5, 2011 from [http://www.regent.edu/acad/schcou/faithandtherapy/archives/10\\_10.cfm](http://www.regent.edu/acad/schcou/faithandtherapy/archives/10_10.cfm)

- Nichter, M., Li, C., & Serres, S. (2008, June 15). A study of ASCA National Standards in Texas schools. *International Journal of Educational Leadership Preparation*, 3(2). Retrieved January 13, 2009 from <http://ijelp.expressacademic.org/article.php?autoID=99&issueID=59>
- Li, C., Eckstein, D., Serres, S., & Lin, Y. (2008). Six thinking hats for group supervision with counselor interns. *Journal of Humanity and Social Science*, 2(2). Retrieved January 13, 2009 from <http://www.scientificjournals.org/journals2008/articles/1385.pdf>
- Kirk, A. M., Eckstein, D., Serres, S. A., & Helms, S. G. (2007). A dozen commitment considerations for couples. *The Family Journal*, 15(3), 271-276.
- Li, C., Trusty, J., Nichter, M., Serres, S., & Lin, Y. (2007). Non-academic behavioral indicators of student impairment: A survey of CACREP accredited master's level counseling programs. *Journal of Education and Human Development*, 1(2). Retrieved January 26, 2007, from <http://www.scientificjournals.org/journals2007/articles/1121.pdf>
- Ritter, C. & Serres, S. (2006). Counselors' perceptions of their leadership roles in schools. *Professional Issues in Counseling*. Retrieved January 26, 2007 from <http://www.shsu.edu/~piic/fall2006/serres.html>

## Books

## Chapters

- Serres, S. A., & Nelson, J. A. (2011). Professional school counselor. In C. Simpson and J. P. Bakken (Eds.). *Collaboration: A multidisciplinary approach to educating students with disabilities* (pp. 237–252). Waco, TX: Prufrock Press, Inc.

## Newsletters

- Serres, S. & Skidmore, S. T. (2011). Collaborative teaching in assessment: Two heads are better than one. *News Notes*, Association for Assessment in Counseling and Education Newsletter, 51(2), 10-11.
- Serres, S. (2011). Demystifying assessment tools. *News Notes*, Association for Assessment in Counseling and Education Newsletter, 51(1), 4-5.
- Serres, S. (2009). The broad world of assessment. *Texas Association of Assessment in Counseling Newsletter*, October, 2009.

Serres, S. A. (2009). Vital issues call-in program: A public service. *Broadcaster, KHCB Christian Radio Network Newsletter*, November, 2009, 1 & 4.

Serres, S. (2008). Honor the elderly: It's good for the young. *The TAADA Communicator, Texas Association for Adult Development and Aging Newsletter*, September, 2008.

Serres, S. (2007). Mentoring memories. *Juncture, Texas Association of Counselor Educators and Supervisors Newsletter*, Fall, 2007.

Serres, S. (2007). Climate setters and go getters. *Spring Creek Counseling Association Newsletter*, February, 2007.

Serres, S. (2007). Mentor and friend: Dr. Susan Adams. *Juncture, Texas Association of Counselor Educators and Supervisors Newsletter*, Summer, 2007.

Finegan, J. & Serres, S. (2007). Encouraging self-awareness. *Juncture, Texas Association of Counselor Educators and Supervisors Newsletter*, Spring, 2007.

Serres, S. Dollar store supervision. (2006). *Juncture, Texas Association of Counselor Educators and Supervisors Newsletter*. Fall, 2006.

## **Proceedings**

## **Artistic Performances**

## **Artistic Exhibitions**

## **Research Monographs and Technical Reports**

## **Funded External Grants**

## **Peer-Review Presentations/Posters**

Healey, A. & Serres, S. (2011, September). *Professional identity development: Mentoring and assessment*. Presented at the Annual Conference of the Association for Assessment in Counseling and Education. Ft. Worth, TX.

Serres, S. (2011, April). Counseling in the media: *Opening the hearts of evangelical Christians*. Poster presented at the Annual Conference of the Christian Association for Psychological Studies. Indianapolis, IN.

- Serres, S. (2010, August). *Commitment in marriage: Rooted in religion*. Presented at the Annual Conference of the Association for Spiritual, Ethical and Religious Values in Counseling, Myrtle Beach, SC.
- Serres, S. (2010, August). *Giving away our message: Helpful or harmful?* Presented at the Conference of the Association for Spiritual, Ethical and Religious Values in Counseling, Myrtle Beach, SC.
- Serres, S. & Li, C. (2010). Demystifying assessment tools. *Texas Counseling Association Conference*, Austin, TX, November 2010.
- Serres, S., & Li, C. (2009). Psychological first aid: Helping individuals in crisis. *Texas Counseling Association Conference*, Dallas, TX, November, 2009.
- Serres, S. (2009). Eating disorders: A scary psychological illness. *Chi Sigma Iota Workshop*. Huntsville, TX, October, 2009.
- Parker, C., Serres, S., Nichter, M., & Watts, R. (2009). Administrators and counselors: Dynamic leadership for exemplary schools. *National Council of Professors of Educational Administration Conference*, San Antonio, TX, August, 2009.
- Serres, S. & Nichter, M. (February, 2009). *Ethical practices for multicultural counseling: Picturing yourself with others*. Presented at the Texas Association for Multicultural Counseling and Development Conference, The Woodlands, Texas.
- Serres, S., Nelson, J., Ane, P., & Eckstein, D., (November, 2008). *'Til Death Do Us Part: Exploring the Meaning of Commitment in Marriage*. Presented at the Texas Counseling Association 52<sup>nd</sup> Annual Professional Growth Conference, Houston, Texas (refereed).
- Eckstein, D., Li, C., Serres, S., & Lin, Y. (November, 2008). *Colorful hats: A fun way to conduct group supervision*. Presented at the Texas Counseling Association 52<sup>nd</sup> Annual Professional Growth Conference, Houston, Texas. (refereed).
- Nichter, M. & Serres, S. (April, 2008). *Ethical practices for professional counselors*. Presented at the North Harris Montgomery Community College District Counselor In-service Training. The Woodlands, Texas.
- Serres, S. & Sinclair, V. (November, 2007). *Veteran's Day: Bridge between school and community and between generations*. Presented at the 51<sup>st</sup> Annual Professional Growth Conference of the Texas Counseling Association Conference, Corpus Christi, Texas. (refereed).
- Serres, S. & Sinclair, V. (November, 2007). *Silver boxes: A fun character development program*. Presented at the 51<sup>st</sup> Annual Professional Growth Conference of the Texas Counseling Association Conference, Corpus Christi, Texas. (refereed).
- Ritter, C. & Serres, S. (September, 2006). *Leadership: The new role for counselors*. Presented at the Research Conference on Teacher Education, San Antonio, Texas.

### **Work or Professional Experiences**

2008 – Present, Assistant Professor of Educational Leadership and Counseling, Sam Houston State University

2005 – 2008, Clinical Professor of Educational Leadership and Counseling, Sam Houston State University

### **Honors and Awards**

Finalist for College of Education Excellence in Teaching Award, 2008

### **Other Competencies**