

Zaheer Ali Kirmani

Assistant Professor of Nutrition and Dietetics
Department of Family and Consumer Sciences
Humanities and Social Sciences

Degrees Earned

Ph.D. in Nutrition with minor in Food Science, Texas Woman's University. May, 1991.
M.S. in Food Science from Tuskegee University, Alabama (1976).
M.Sc. in Zoology from University of Punjab, Lahore, Pakistan (1964).
B.Sc. (Hons.) in Zoology, University of The Punjab, Lahore, Pakistan (1963)
B.Sc. in Zoology, Botany and Chemistry from University of the Punjab, Lahore, Pakistan (1962).

Professional Certifications and Licensure:

Registered Dietitian (#553760)
Licensed Dietitian (#dt03383)

Peer-Reviewed Publications and Artistic Performances/Exhibitions/Articles

Kirmani ZA, Baxter CR, Gorman MA, Ashby J, Ireton –Jones C, Liepa GU. Effects of supplemented omega-3 and omega-6 fatty acid rich oils on the cardiovascular system of thermally injured rabbits: Changes in plasma and platelet fatty acids. *Journal of Burn Care and Rehabilitation*. 1995;16:173-179.

Kirmani ZA, Baxter CR, Gorman MA, Ashby J, Ireton –Jones C, Liepa GU. Effects of supplemented omega-3 and omega-6 fatty acid rich oils on the cardiovascular system of thermally injured rabbits: Changes in plasma triglyceride, plasma cholesterol, lipoprotein fractions, blood viscosity, platelet count, and bleeding time. *Journal of Burn Care and Rehabilitation*. 1995; 16(3):306-315.

Glover EE, **Kirmani ZA**, Stigger FE. Food consumption of elderly Arkansans living alone. *Arkansas Farm Research*. 1982; 31 (2):15.

Greenhouse P, **Kirmani ZA**, Stigger FE. Sensory panel rates domestic rabbit meat. *Arkansas Farm Research*. 1984.

Liebman M, Thye FW, Carter E , Clark AJ, Disney GW, Hegsted M, Kenney MA, **Kirmani ZA**, Koonce KL, McCoy JH, Moak SW, Stallings SF, Wakefield T. Plasma lipid and blood pressure levels of black and white female adolescents from eight states. *Nutr Rep Int*. 1984; 30(4):797.

Lu JY, Cook DL, Javia JB, **Kirmani ZA**, Liu CC, Makadia DN, Makadam TA, Omasayie OB, Patel DP, Reddy VJ, Walker BW, Williams CS, Chung RA. Intakes of vitamins and minerals by pregnant women with selected clinical symptoms. *J Am Diet Assoc*. 1981; 78:477.

Books

Chapters

Proceedings

Funded External Grants

Tripp, Paula J.; White, Janis H.; Burleson, Laura K.; Sealey-Potts, Claudia V.; & Kirmani, Zaheer A. Grant from Entergy Corp. (\$8,000) for working with low-income energy consumers, November 2007.

Work or Professional Experiences

2004- Present, Assistant Prof., Director DPD, Sam Houston State University
1991-2004, Assistant Professor, Director: DPD & DI, Sam Houston State Univ
1991, Tenure Granted
1985-88, Graduate Res. Asst. Texas Woman's University
1985, Graduate Teach. Asst., Texas Woman's University
1985, Food Service Supervisor, Presbyterian Medical Center. Dallas, Texas
1978-84, Instructor/Research, Univ. of Arkansas, Pine Bluff, Arkansas
1975-78, Project Supervisor/Consultant, Program Resources, Inc., National Center For Toxicological Research, Jefferson, Arkansas
1965-71, Experimental Officer, Ministry of Defense, Govt. of Pakistan, Chaklala.

Honors and Awards

1985-90, Doris McCarter Brownell, Mary Gibbs Jones, John Guinn Graduate, L. H. Hubbard Graduate Scholarship, TWU Graduate Scholarship, Texas Education Grant.
1987, Honoree, Texas Woman's University, Honors Convention .

Other Competencies

Books Reviewed:

2006-2002. Boyle MA, Anderson SL. *Personal Nutrition*. 3rd, 4th, 5th, & 6th ed., Belmont, CA, Wadsworth/Thomason Learning,
2006, Grosvenor. *Nutrition--Everyday Choices*. John Wiley & Sons, New York, NY.
2000, Insel P et al. *Discovering Nutrition*. John and Bartlett Publishers, Boston.
2003, *Discovering Nutrition*. 2nd ed. John and Bartlett Publishers, Boston.
2002, *Perspectives in Nutrition*. 3rd ed. McGraw-Hill, New York, NY.

Presentations

2008, Sealey-Potts, **Kirmani ZA**. Modern Food Technology: How has it affected human health, food, and nutrition? An Educational Session to be presented at AAFCS 99th Annual Conference and Expo "Evolving Technology: Impacts on Individuals, Families, and Communities" to be held in Milwaukee, WI, June 19.

2008, **Kirmani ZA**. Islamic influence on food and culture. SHSU Diversity Leadership Conference, February 22.

2007, Sealey-Potts, **Kirmani ZA**. "Healthy meals, less energy for low income individuals", presented at Entergy Summit: Session entitled, "Low cost, No cost Energy management" .

2000, Chiang YJ, **Kirmani ZA**. Effect of soy milk and flour on sensory qualities of pancakes. Poster presentation; Annual Meeting, Texas Dietetic Association, San Antonio, Texas.

1994, Yang CC, **Kirmani ZA**, Weatherall BS. Sensory evaluation of waffles with varied ingredients: implications for nutrition and health. Poster presentation; Annual Meeting, Texas Dietetic Association, Arlington, Texas.

1984, **Kirmani ZA**. "Buying Trends Related to Domestic Rabbit Meat". Paper presented at Research Seminar Sponsored by Arkansas Home Economics Association, Little Rock.

1982, Glover EE, **Kirmani ZA**, Stigger FE. "Food Intake and Waste of Elderly Arkansans Living at Home and In Nursing Homes". Paper presented at Fourth Biennial Research Symposium Sponsored by the Association of Research Directors, Historically Black Land Grant Colleges and State Universities. Orlando, FL. Oct. 27-30.

1982, Glover EE, **Kirmani ZA**, Stigger FE. Dietary Practices of Rural and Urban Elderly Arkansans". Paper presented at "Fourth Biennial Research Symposium". Sponsored by the Association of Research Directors, Historically Black Land Grant Colleges and State Universities. Orlando, FL. Oct. 27-30.

1980, Glover EE, Stigger FE, **Kirmani ZA**, Adeyemo AO. Factors Affecting Food Intakes of Low Income Older Adults: Paper presented at Third Biennial Research Symposium, Association of Research Directors, Historically Black Land Grant Colleges and State Universities, Atlanta, GA., Nov. 12-15.