

PSY 289
PSYCHOLOGY OF ADJUSTMENT
3 CREDIT HOURS

CLASS LOCATION: LDB ROOM 209

CLASS MEETING TIME: M, T, W, TH, F, 2:00to 3:50 PM

CLASS INSTRUCTOR: Michael Boyle, Ph.D.

OFFICE: AB4 ROOM 405

CONTACT INFORMATION: phone (936) 294-3874

OFFICE HOURS: BY APPOINTMENT

COURSE DESCRIPTION: The course is a survey of the field of psychology covering adjustment in modern day life. Such subjects as career, development, intimate relationships, etc. will be considered and discussed.

COURSE OBJECTIVES: Understand the general concepts of psychological adjustment, and have a working understanding of the theories and concepts presented.

REQUIRED TEXT: *PSYCHOLOGY APPLIED TO MODERN LIFE, Eighth Edition, Authors – Wayne Weiten and Margaret A. Lloyd, Publisher: Thompson, Wadsworth*

ATTENDANCE POLICY: Attendance requirements will follow those of SHSU, and if other absences are required the matter is to be discussed with Dr. Boyle, either in advance, or as soon after the absence as possible.

EXAMS: 4 exams will be given and each will be an objective, multiple-choice format on a Scantron sheet provided by the student. The questions will be taken from the text as well as from class lectures. If a test is missed a grade of 0 will be given. If a test is missed for a legitimate emergency (illness, etc.) and the instructor is immediately notified arrangements can be made for a makeup exam. If schedule conflicts arise inform the instructor prior to the exam date. The test results will be posted on Blackboard.

GRADING PLAN: The final grade will be total of the 4 test scores and a number grade of 0 to 100 will be given for each test. The grade for each test as well as the final grade (a possible total of 400 points) will be determined by a 10% cut off:

90 to 100 = A
80 to 89 = B
70 to 79 = C
60 to 60 = D
59 and below = F.

INSTRUCTOR EVALUATION: Each student will be asked to complete a course/instructor evaluation form toward the end of the semester. The new IDEA evaluation will be used.

COURSE OUTLINE: This is a tentative outline. Changes may be made during the course. Always consult with the instructor if you have any questions.

Week 1 / 6-3 Introduction to the course and review of the syllabus, and Text chapters 1-3, and Test 1 chapters 1-3.

Week 2 / 6-9 Text chapters 4-7 and TEST 2, Chapters 4-7.

Week 3 / 6-16 Text chapters 8-11 and TEST 3, Chapters 8-11

Week 4 / 6-23 Text chapters 12-16

Week 5 / 6-30 Chapter review 15 and FINAL on 7-1 Chapters 12-16

ACADEMIC DISHONESTY: All students are expected to engage in all academic pursuits in a manner that is above reproach. Students are expected to maintain complete honesty and integrity in the academic experiences both in and out of the classroom. Any student found guilty of dishonesty in any phase of academic work will be subject to disciplinary action. The University and its official representatives may initiate disciplinary proceedings against a student accused of any form of academic dishonesty including, but not limited to, cheating, on an examination, or other academic work which is to be submitted, plagiarism, collusion and the abuse of resource materials. If a student is suspected of academic dishonesty he or she may be warned or talked to, but if the evidence of dishonesty is clear the student will be turned over to the university authorities for appropriate disciplinary actions.

CLASSROOM RULES OF CONDUCT: Students are expected to assist in maintaining a classroom environment that is conducive to learning. If a student, or students ignore the rights of other and engage in unruly or distracting behavior they will be dismissed from the class and possibly receive a failing grade.

AMERICANS WITH DISABILITIES ACT: It is the policy of Sam Houston State University that individuals otherwise qualified shall not be excluded, solely by reason of their disability, from participation in any academics program of the university. Further, they shall not be denied the benefits of these programs nor shall they be subjected to discrimination. Students with disabilities that might affect their academic performance are expected to visit with the Office of Services for Students with Disabilities located in the Counseling Center. They should then make arrangements with their individual instructors so that appropriate strategies can be considered, and helpful procedures can be developed to ensure that participation and achievement opportunities are not impaired.

SHSU adheres to all applicable federal, state and local laws, regulations and guidelines with respect to providing reasonable accommodations for students with disabilities. If a student has a disability that may affect adversely his/her work in the class, then the student is encouraged to register with the SHSU counseling Center and to talk to the instructor about how to best wit the situation. All disclosures of disabilities will be kept strictly confidential.

RELIGIOUS HOLIDAYS: Section 51.911(b) of the Texas Education Code requires that an institution of higher education excuses a student from attending classes or other required activities, including examinations, for the observance of a religious hold day, including travel for that purpose. Section 51.911(a) (2) defines religious holy days as: “a

day observed by a religion whose places of worship are exempt from property taxation under Section 11.20, Tax Code....” A student whose absence is excused under this subsection may not be penalized for that absence and shall be allowed to take an examination or complete an assignment from which the student is excused within a reasonable time after the absence. The instructor will complete a form notifying the student of a reasonable timeframe in which the missed assignments and/or examinations are to be completed.

VISITORS IN THE CLASSROOM: Unannounced visitors to class must present a current, official SHSU identification card to be permitted in the classroom. They must not present a disruption to the class by their attendance. If the visitor is not a registered student, it is at the instructor’s discretion whether or not the visitor will be allowed to remain in the classroom.