

CNE 737 Advanced Counseling Practicum and Techniques
CNE 737 is a required course for Ph.D. Degree and Counselor Education Specialization Area
College of Education
Department of Educational Leadership and Counseling

Summer 2008

Instructor: Dr. Richard C. Henriksen Jr., PhD, LPC, LPC-S, NCC, ACS
Office: Room 120 CEC
Phone: 936-294-1209
Email: rch008@shsu.edu

The curricula for this course includes: (1) knowledge of the literature of the discipline and (2) ongoing student engagement in research and/or appropriate professional practice and training experiences.

Office Hours – by Appointment

Class Time:

Thursdays: 5:00pm-9:30pm, in the Dr. Jacks Staggs Clinic.

Text/Readings:

Required:

Sue, D. W., Arredondo, P., & McDavis, R. J. (1992). Multicultural competencies/standards: A call to the profession. *Journal of Counseling and Development*, 70(4), 477-486.

Recommended:

Publication Manual of the American Psychological Association (5th Ed.)

Catalogue Course Description:

CNE 737 Advanced Counseling Practicum and Techniques: Supervised experience in counseling. Students meet for individual supervision and in a seminar group to assess their effectiveness in their helping relationships, to obtain

feedback on tapes and observation, and to integrate these learnings into their counseling behavior.

Doctoral students will be expected to demonstrate advanced skills in observation, client case conceptualization, and treatment planning. Special attention will be given to students' ability to diagnosis and treat the most commonly encountered psychological disorders in mental health clients while demonstrating competencies in ethical decision making, clinical practice, and multicultural competence.

IDEA Objectives:

Essential

- Developing specific skills, competencies, and points of view needed by professionals in the field most closely related to this course.
- Learning to analyze and critically evaluate ideas, arguments, and points of view.

Important

- Learning how to find and use resources for answering questions or solving problems.

Standards Matrix:

Objectives/Learning Outcomes	Activities (* indicates field-based activity)	Performance Assessment	Standards: <ul style="list-style-type: none"> • <u>State Standards</u> • <i>Specialty Organization Standards</i>
1. To understand one's effectiveness in the helping relationships.	Analysis of clinical work by critiquing clinical sessions.	Complete clinical session forms.	<i>CE&S II-C9 III-A</i>
2. Identify proficiency level of counseling skills when working with clients.	Students will submit two taped sessions for evaluation.	Assessment using Counseling Interview Rating form.	<i>CE&S II-D1 III-A</i>
3. Demonstrate appropriate case conceptualization, assessment, and intervention procedures.	Presentation of cases in class and treatment plans.	Grading of participation and treatment plans. Students will complete a reading log directed at their theory of choice.	<i>CE&S II-C1; C7; C9; D1</i>

4. Develop advanced skills in treatment planning.	Prepare a diagnosis and treatment plan for two clients.	Evaluation of diagnosis and treatment plans.	<i>CE&S II-C9; D1 III-A</i>
5. Understand case conceptualization by synthesizing and analyzing details for diagnostic impression and treatment of DSM-IV psychological disorders presented by clients.	Students will select a single theory for use during the semester and will conceptualize cases based on this theory and submit the conceptualization with a diagnosis and treatment plan for two clients.	Evaluation of case conceptualization, diagnosis, and treatment plans.	<i>CE&S II-C9; D1 III-A</i>
6. Demonstrate competencies in ethical decision making and clinical practice.	Adhere to 2005 American Counseling Association Ethical Standards	Assessment using Counseling Interview Rating form. Evaluation of case conceptualization, diagnosis, and treatment plans.	<i>C&S II-C8 III-A</i>
7. Expand self-awareness by reflecting on professional development as a counselor educator.	Prepare a clinical portfolio with reflections on clinical and supervisory sessions.	Presentation of portfolio for analysis.	<i>C&S 11-D1; D2</i>
8. Demonstrate sensitivity to and awareness of differences in others.	Demonstrate multicultural competence based on the Multicultural Counseling Competencies.	Assessment using Counseling Interview Rating form. Evaluation of case conceptualization, diagnosis, and treatment plans.	<i>C&S II-C9</i>
9. Participate in individual and	Attend all individual and group supervision sessions as	Professional preparedness for	<i>CE&S 111-C</i>

group supervision.	scheduled.	individual and group supervision.	
--------------------	------------	-----------------------------------	--

Web address for specialty organization standards: **CACREP:**

<http://www.counseling.org/cacrep/2001standards700.htm>

Course Objectives:

1. Students will demonstrate the ability to use basic and advanced counseling skills in sessions with clients including the five levels of Carkuff reflecting.
2. Students will demonstrate the ability to conceptualize client needs from a single theoretical perspective
3. Students will demonstrate the ability to apply an eclectic approach to the use of counseling techniques that meet the needs of clients.
4. Students will demonstrate the ability to use the multicultural counseling competencies with diverse clients.
5. Students will demonstrate the ability to provide counseling services in accordance with the 2005 American Counseling Association Code of Ethics.

Course Format:

This is a clinic based course. Student will provide counseling in the Jack Staggs clinic and possibly at an off campus counseling facility (this must be a counseling facility that adhere to the ACA Code of Ethics. Group supervision will involve the discussion of cases and demonstration and discussion of counseling skills.

Student Syllabus Guidelines: You may find online a more detailed description of the following policies. These guidelines will also provide you with a link to the specific university policy or procedure: <http://www.shsu.edu/syllabus/>

Academic Dishonesty: Students are expected to maintain honesty and integrity in the academic experiences both in and out of the classroom. *See Student Syllabus Guidelines.*

Classroom Rules of Conduct: Students are expected to assist in maintaining a classroom environment that is conducive to learning. Students are to treat faculty and students with respect. Students are to turn off all cell phones while in the classroom. Under no circumstances are cell phones or any electronic devices to be used or seen during times of examination. Students may tape record lectures, only

with Dr. Henriksen's permission, provided they do not disturb other students in the process.

Student Absences on Religious Holy Days: Students are allowed to miss class and other required activities, including examinations, for the observance of a religious holy day, including travel for that purpose. Students remain responsible for all work. *See Student Syllabus Guidelines.*

Students with Disabilities Policy: It is the policy of Sam Houston State University that individuals otherwise qualified shall not be excluded, solely by reason of their disability, from participation in any academic program of the university. Further, they shall not be denied the benefits of these programs nor shall they be subjected to discrimination. Students with disabilities that might affect their academic performance should visit with the Office of Services for Students with Disabilities located in the Counseling Center. *See Student Syllabus Guidelines.*

Visitors in the Classroom: Only registered students may attend class. Exceptions can be made on a case-by-case basis by the professor. In all cases, visitors must not present a disruption to the class by their attendance. Students wishing to audit a class must apply to do so through the Registrar's Office.

Attendance Policy:

This is an experiential course and as such requires attendance at every class session. If a student must be absent the student is required to make up the missed group supervision and is responsible for making arrangements to have clients contacted to notify them that you will be absent.

- Students are permitted to miss one class (3 hours) with no penalty, but a call or email to the professor of the class is expected.
- With a second absence, a drop of one letter grade will occur unless the student receives special dispensation. Following a second absence, the student must write a letter to the COUNSELING FACULTY explaining the extenuating circumstances for both absences. The faculty will then discuss the situation and decide if the letter grade drop will occur or if the student will be excused from that action.
- A drop of a letter grade will occur for each subsequent absence.

CACREP Requirements

Doctoral students are required to participate in a supervised advanced practicum in counseling. If conducted at the student's work site, the

practicum experience must include new learning that is qualitatively different from the student's occupational responsibilities. The purpose of this practicum is to develop and/or refine advanced counseling skills which should conceptually link counseling practice to teaching and supervision.

Course Requirements and Grading :

1. Provide proof of Counselor Liability Insurance (student insurance can be obtained from www.hpsso.com)
2. Log 30 direct and 70 indirect individual, group, or couples/family counseling hours. (25 points)
 - a. Students may accumulate up to 15 hours direct and 35 indirect hours off campus in a Counseling Facility. The student must be able to be supervised one hour per week, in individual supervision, by a doctoral level mental health licensed clinician or doctoral level certified school counselor. The focus of the work completed must be counseling and all indirect hours must be related to client services. The facility must abide by the 2005 American Counseling Association Code of Ethics and must allow for the provision of confidential counseling services.
3. Complete two tape analyses that will be submitted for evaluation. Students must demonstrate the ability to use a single counseling theory to conceptualize a client's or clients presenting issues and demonstrate its use in counseling sessions. Students can be technically eclectic when using counseling techniques or interventions. (400 Points-200 Points each)
4. Diagnosis and Case Conceptualization (150 Points-50 Points Each)

Students will complete a diagnosis and treatment plan following prescribed guidelines which will be posted on Blackboard.
5. Complete a reading log for each week of the semester. Reading must be related to the student's theory of choice or current client clinical issues. (25 Points)
6. Attend and participate in weekly individual and group supervision. (50 Points)
7. Students must demonstrate the ability to use Carkuff reflecting skills. (25 Points)

8. Students must demonstrate all of the skills found on the Counseling Interview Rating Form. (100 Points)
9. Write a 5-7 page integrative paper on your course learning's using APA format. Details of this paper will be provided. (100 Points)

Your final grade will be based on the following rubric:

Activities Log:	25 Points
Tape Analyses (2):	400 Points (200 each)
Diagnoses (3)	150 Points (50 each)
Reading Log:	25 Points
Supervision:	50 Points
Carkuff Skills:	25 Points
Basic Counseling Skills:	100 Points
Integrative Paper:	100 Points

Total Points: 875

A= 788-875
B= 700-787
F= Below 700

CNE 737 Advanced counseling Practicum
Summer I 2008
Class Schedule

Additional Due Dates will be added to this schedule.

June 5	Clinic 4:45pm-9:30pm	
June 12	Clinic 4:45pm-9:30pm	Tape 1 Analysis Due ½ Class
June 19	Clinic 4:45pm-9:30pm	Diagnosis Due
June 26	Clinic 4:45pm-9:30pm	
July 3	Clinic 4:45pm-9:30pm	Diagnosis Due
July 10	Clinic 4:45pm-9:30pm	
July 17	Clinic 4:45pm-9:30pm	Diagnosis Due
July 24	Clinic 4:45pm-9:30pm	Tape 2 Analysis Due.
July 31	Clinic 4:45pm-9:30pm	
Aug 7	Clinic 4:45pm-9:30pm	Integrative Paper Due. Activities Log Due Reading Log Due