



A Member of The Texas State University System

Department of Health and Kinesiology

Course Syllabus: KIN 131 Foundations of Kinesiology
Summer I 2008

Professor: Brent C. Estes, Ph.D.

I. Professor Contact Information

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Office: HKC- 218

Office Hours: Summer: By Appointment

II. Course Description & Objectives

Course Description: This course serves as a base for all kinesiology courses. Units will include historical development, philosophical implications, physical fitness, scientific bases of movement, and educational values of kinesiology and career path options. Credit 3. (*SHSU 2006-08 Catalog*)

On completion of this course, the student will competently:

1. Identify and describe the primary organizations that provide leadership in the various areas of interest related to kinesiology and sport.
2. List, define and briefly discuss the sub-discipline areas related to kinesiology, exercise science, and sport.
3. Discuss the history of kinesiology (physical education), including the impact that various cultures have had on the development of this discipline.
4. Identify and briefly discuss various leaders, both past and present, who have had or are having an impact on the various sub-disciplines related to the areas of interest.
5. Discuss the impact that legislation has had on the profession, especially Title IX
6. Identify and briefly discuss various factors which have contributed to changes in the profession (e.g. political, social, economic, religious, etc.).
7. Identify and briefly describe the physiological and psychological impact that various forms of movement can have on an individual or group.
8. Discuss the role of movement on the total development of the individual, especially within the confines of an educational system, but including young adults, middle age and the elderly.
9. List and briefly discuss personal satisfactions and rewards to be gained from working in the profession.

III. Materials & Required Texts

Wuest, D. A. & Bucher, C. A. (2008). *Foundations of physical education, exercise science, and sport*, 16th ed. Boston, MA: McGraw-Hill. ISBN 0073523747

Additional Materials: You **must have a Sam Email Account** (not to be forwarded to other email). All communication outside of class will be done through SamMail.

IV. SHSU Policies see also: <http://www.shsu.edu/syllabus/>

1. Academic Honesty: Academic work submitted by you (such as papers, assignments, reports, tests) shall be your work alone and referenced in part or in whole to its correct source. Submission of commercially prepared (or group prepared) materials as your own work is unacceptable. Moreover, you shall encourage honesty in others by refraining from providing materials or information with knowledge that these materials or information will be used improperly. Violation of these academic standards may result in removal or failure. Please see the *SHSU Undergraduate Catalog* and the *Publication Manual of the American Psychological Association*. Students are expected to use conventions noted in the APA Publication Manual, 5th edition, for citing sources. Academic Policy Statement 810213

2. Attendance is taken for all class meetings. Please notify me in advance if you will be absent or tardy. According to the university policy, regular and punctual class attendance is expected of each student at SHSU. It is expected that each faculty member will keep a record of student attendance. Each faculty member will announce to his/her classes the policies for accepting late work. Students are expected to show appropriate cause for missing or delaying major assignments or examinations. A student shall not be penalized for three or fewer hours of absences [*one class period*] when examinations or other assigned class work have not been missed; however, a student may be penalized for more than three hours of absences at the discretion of the instructor. Academic Policy Statement 800401

3. Student Conduct: All students shall follow the tenets of common decency and acceptable behavior conducive to a positive learning environment.

4. Dropping the Class/Withdrawing from the University: If you need to adjust your schedule by dropping this course, please follow university procedures to officially drop the class. If you fail to officially drop the class, a failing grade shall be assigned at the end of the course.

Academic Policy Statement 990407. If a student resigns between the 1st class day and the 12th class day (4th class day in the summer) no record of the resignation will appear on the student's academic record. If a student resigns after the 12th class day (4th class day in summer) but before mid-semester, a record of the resignation will appear on the student's academic record. If a student resigns after eight weeks in the fall or spring or after the first two weeks of a summer session the mark of WP (withdrew passing) or WF (withdrew failing) will be recorded on the student's academic record for each course for which the student was enrolled. To resign (officially withdraw) from the university, a student must either report to the Registrar's Office to complete a Resignation Request or submit a letter stating his or her intent to resign.

5. Students with Disabilities Policy: It is the policy of Sam Houston State University that individuals otherwise qualified shall not be excluded, solely by reason of their disability, from participation in any academic program of the university. Further, they shall not be denied the benefits of these programs nor shall they be subjected to discrimination. Students with disabilities that might affect their academic performance should visit with the Office of Services for Students with Disabilities located in the Counseling Center at **936.294.1720**

6. Student Absences on Religious Holy Days: Students are allowed to miss class and other required activities, including examinations, for the observance of a religious holy day, including travel for that purpose. Students remain responsible for all work.

7. The Sam Houston Writing Center provides one-on-one help with your writing assignments. The Center is open from 8 a.m. to 7 p.m. Monday through Thursday, 8 a.m. to 3 p.m. Friday, and 2-7 p.m. on Sunday. They are located in Farrington Room 111. It is not necessary to schedule an appointment; however, you may call 936-294-3680, twenty-four hours in advance to schedule one. Their email address is wctr@shsu.edu

V. Assessment and Summative Evaluation of Learning Objectives

Total Possible Points: 325

Exam 1	100
Exam 2	100
Project	50
Assignment 1	25
Assignment 2	25
Interview	25

- NOTE:** 1. Papers are due on the date printed in the course outline unless otherwise notified.
2. Late work **WILL NOT** be accepted unless pre-approved by the instructor.
3. Make-up exams **WILL NOT** be given unless pre-approved by the instructor.
4. The syllabus is subject to change pending notification.

Written work should:

- be clear, well organized, and concise.
- be free from grammatical and spelling errors.
- be Typed (12 point) and double space with 1 inch margins on left and right, with name, date, course in upper right hand corner. Paginate with page number in upper right hand corner and a staple in upper left corner. No report covers please.
- demonstrate a thorough analysis.
- include supporting evidence from course readings and additional resources (citations must be provided).

Academic honesty is expected in all work. Violations will result in course failure. Please note that SHSU policy regarding academic honesty specifically addresses appropriate use of electronic files and media. The Department regularly monitors student work through a university purchased service entitled "Turn-it-in.com". In this program, student work is compared to previous published work and a comparison (by percentage) is made of students' work to that of the original authors'. Plagiarism (putting someone else's work down as your own with no citation) is a serious violation of this policy.

Attendance/Participation Policies:

Attending class, arriving for class on time, and remaining in class until the end of the class period is fundamental to academic success. Each student will be allowed **two** absences over the course of the semester. All subsequent absences after the second will result in one letter grade reduction per absence.

- 1-2 absences = no penalty
- 3 absences = reduction of 1 letter grade
- 4 absences = reduction of 2 letter grades
- 5 absences = reduction of 3 letter grades
- 6 or more absences will result in failure of the course

Tentative Schedule

	Date	Class Topics	Reading	Assignments Due
1	Tuesday June 3	Introductions		
2	Wednesday June 4	Meaning & Philosophy	Chapter 1	
3	Thursday June 5	Goals & Objectives	Chapter 2	
4	Friday June 6	Role in Society & Education	Chapter 3	
5	Monday June 9	NO CLASS		
6	Tuesday June 10	Motor Behavior	Chapter 5	
7	Wednesday June 11	Sociological Foundations	Chapter 8	
8	Thursday June 12	Sport & Exercise Psychology	Chapter 9	
9	Friday June 13	Exam Review		
10	Monday June 16	Exam One		
11	Tuesday June 17	Career & Professional Development	Chapter 10	
12	Wednesday June 18	Teaching & Coaching Careers	Chapter 11	
13	Thursday June 19	Interviewing		
14	Friday June 20	TBA		
15	Monday June 23	Sport Careers	Chapter 13	

16	Tuesday June 24	Presentations		
17	Wednesday June 25	Presentations		
18	Thursday June 26	Presentations		
19	Friday June 27	TBA		
20	Monday June 30	Exam Review		
21	Tuesday July 1	Exam Two		