

CNE 534 Effective Human Behavior
College of Education and Applied Science
Department of Educational Leadership and Counseling

Spring 2008

Instructor: Dr. James S. Flowers, Ph.D., LPC-S

Office: Counseling Education Center 120

(713) 205-1493

Fax: (713) 527-8558

Email: shsuflowers@gmail.com



The curricula for this course includes: (1) knowledge of the literature of the discipline and (2) ongoing student engagement in research and/or appropriate professional practice and training experiences.

Required Text/Readings:

American Psychiatric Association. (2000). *Diagnostic and statistical manual of mental disorders 4th edition-text revised*. Washington, D.C.: American Psychiatric Association.

Goethals, G. R., Worshel, D., & Heatherington, L. (1999). *Pathways to personal growth: Adjustment in today's world*. Boston, MA: Allyn & Bacon.

Johnson, S. L. (1997). *Therapist's guide to clinical intervention: The 1-2-3s of treatment planning*. San Diego, CA: Academic Press.

Other readings as assigned.

Recommended Text: Publication Manual of the American Psychological Association (5th Ed.)

Catalogue Course Description:

CNE 534 Effective Human Behavior. A study is made of the dynamics of human behavior with emphasis on understanding dysfunction as well as the basic nature of human beings who successfully cope with the problems that confront them in everyday life. Attention is given to development of emotional health in personal and social contexts such as home, school, work, and marriage. Prerequisite: CNE 597.

IDEA Objectives:

Essential

- Gaining factual knowledge (terminology, classifications, methods, trends).

- Learning to apply course material (to improve thinking, problem solving, and decisions).

Important

- Learning how to find and use resources for answering questions or solving problems.
- Learning to analyze and critically evaluate ideas, arguments, and points of view.

Course Objectives:

Objectives/ Learning Outcomes	Activities (* indicates field-based activity)	Performance Assessment	Standards: CACREP NCATE SBEC
1. Students will explore theories of adjustment and effective human behavior.	WIKI Project (Blackboard Group Project)	Classroom participation and discussion Exams Journal Article Review	<i>CACREP- K.3.a , K.3.d SBEC 001.A-D NCATE 1,4</i>
2. Students will examine the nature, causes, prevention, and treatment of mental disorders.	Case Study/Diagnosis WIKI Project	Classroom participation and discussion Exams Journal Article Review	<i>CACREP- K.3.c , K.7.h NCATE 1,4 SBEC 001A-D</i>
3. Students will develop the ability to identify and label human behavior including an understanding of addictive behavior, psychopathology, and situational and environmental factors that affect both normal and abnormal behavior.	WIKI Project	Classroom participation and discussion Exams Journal Article Review	<i>CACREP- K.3.c NCATE 1,4 SBEC 001-A-D</i>
4. Students will learn principles and models of biopsychosocial assessment, case conceptualization, theories of human development and concepts of normalcy and psychopathology leading to diagnoses and appropriate counseling plans.	Case Study Assessment	Classroom participation and discussion Exams Journal Article Review	<i>CACREP CC.C.4 NCATE 1,4 SBEC 001-A-D</i>
5. Students will gain	Case Study Assessment	Classroom participation	<i>CACREP CC.C.5</i>

knowledge of the principles of diagnosis and the use of current diagnostic tools, including the current edition of the <i>Diagnostic and Statistical Manual</i> .		and discussion Exams Journal Article Review	<i>NCATE 1,4</i> <i>SBEC 001-A-D</i>
---	--	---	---

Web addresses for standards:

CACREP: <http://www.counseling.org/cacrep/2001standards700.htm>

SBEC: Standards for the School Counselor Certificate:

[http://info.sos.state.tx.us/pub/plsql/readtac\\$ext.TacPage?sl=R&app=9&p_dir=&p_rloc=&p_tloc](http://info.sos.state.tx.us/pub/plsql/readtac$ext.TacPage?sl=R&app=9&p_dir=&p_rloc=&p_tloc)

NCATE: <http://www.ncate.org>

Course Format:

This course will be conducted as a graduate seminar on-line and is structured to cover a wide range of human behaviors. The seminar will revolve around student discussion of assigned reading material and their own life experiences, lecture materials and power points posted on-line, video presentations, and research materials.

Expectations:

1. Graduate students are governed by the Sam Houston State University student code of conduct. Any student with questions about grievances, ethical behavior, etc. should review the Graduate Catalogue and student code of conduct. Particular attention should be paid to the sections on plagiarism and theft of library materials. Academic honesty is expected.
2. Students should practice self-discipline in classes. Courtesy should be extended to all students. Thought should be given to the value of all conversations in class to all the students in the class. Classes will be more enjoyable and beneficial to all involved if graduate students conduct themselves as conscientious professionals.
3. **All work is due on the date specified. Late work will not be accepted or awarded credit.**
4. Acts of cheating and plagiarism are not tolerated in the Counseling program. These offenses could result in failure of a course and/or dismissal from the program. **Anyone caught cheating or plagiarizing will receive a zero (0) on the affected exam or assignment and will also receive an "F" for the course.**

Student Syllabus Guidelines: You may find online a more detailed description of the following policies. These guidelines will also provide you with a link to the specific university policy or procedure: <http://www.shsu.edu/syllabus/>

Academic Dishonesty: Students are expected to maintain honesty and integrity in the academic experiences both in and out of the classroom. *See Student Syllabus Guidelines.*

Classroom Rules of Conduct: Students are expected to assist in maintaining a classroom environment that is conducive to learning. Students are to treat faculty and students with respect. Students are to turn off all cell phones while in the classroom. Under no circumstances are cell phones or any electronic devices to be used or seen during times of examination. Students may tape record lectures, only with Dr. Henriksen's permission, provided they do not disturb other students in the process.

Student Absences on Religious Holy Days: Students are allowed to miss class and other required activities, including examinations, for the observance of a religious holy day, including travel for that purpose. Students remain responsible for all work. *See Student Syllabus Guidelines.*

Students with Disabilities Policy: It is the policy of Sam Houston State University that individuals otherwise qualified shall not be excluded, solely by reason of their disability, from participation in any academic program of the university. Further, they shall not be denied the benefits of these programs nor shall they be subjected to discrimination. Students with disabilities that might affect their academic performance should visit with the Office of Services for Students with Disabilities located in the Counseling Center. *See Student Syllabus Guidelines.*

Visitors in the Classroom: Only registered students may attend class. Exceptions can be made on a case-by-case basis by the professor. In all cases, visitors must not present a disruption to the class by their attendance. Students wishing to audit a class must apply to do so through the Registrar's Office.

COUNSELING PROGRAM ATTENDANCE POLICY

- Students are permitted to miss one class (3 hours) with no penalty, but a call or email to the professor of the class is expected. For purposes of this on-line course, attendance will be based on you completion of required on-line discussions. **Students are expected to participate in all weekly on-line discussions. This will constitute your attendance for each class. Students who do not complete their participation in the discussion will be counted absent for that week. Attendance requires that each student makes one original post and responds to at least two posts of their classmates.**
- With a second absence, a drop of one letter grade will occur unless the student receives special dispensation. Following a second absence, the student must write a letter to the COUNSELING FACULTY explaining the extenuating circumstances for the absence. The faculty will then discuss the situation and decide if the letter grade drop will occur or if the student will be excused from that action.
- A drop of a letter grade will occur for each subsequent absence.

INSTRUCTIONAL PROCEDURES

Everyone concerned must have an opportunity to furnish input, therefore, participation in the form of questions, discussion of related experiences, and involvement in individual work is solicited and will be expected.

INSTRUCTIONAL ACTIVITIES:

- 1. Three course exams (100 points each).**
 - a. Exams may consist of essay, short answer, and objective questions and will cover all material covered up to that point. Exams will be administered on-line.**

- 2. WIKI Presentation on Blackboard (100 points)**
 - a. Students will be placed in groups and will use the WIKI tool in blackboard to create a presentation on an area of the DSM-IV-TR. Details of the project will be provided in the assignments section of Blackboard.**

- 3. Case Study/Diagnosis (50 points)**
 - a. Students will be given a case study from which they will diagnosis all identifiable issues.**

- 4. Treatment Plans (2) (100 points each)**
 - a. Students will be given two different case scenarios from which they will develop a five Axis Diagnosis and a complete treatment plan.**

- 5. Journal Article Reviews (5-10 points each)**
 - a. Journal article reviews will cover the following topics:**
 - i. Issues of Adjustment and Effective Human behavior**
 - ii. Prevention and treatment of mental illness**
 - iii. Patterns of Maladaptive behavior**
 - iv. Models of biopsychosocial assessment**
 - v. Use of DSM-IV diagnoses**

- 6. Attendance and Participation (5 points per discussion) (14 discussions)**
 - Students are expected to participate in all weekly on-line discussions. This will constitute your attendance for each class. Students who do not complete their participation in the discussion will be counted absent for that week. Attendance requires that each student makes one original post and responds to at least two posts of their classmates.**

All papers must comply with APA format. No assignments will be accepted late.

Course Evaluation:

The final grade for the course will be based on a total of the scores obtained from all of the

instructional activities.

1. Opportunities to Excel (100 points each-3)	300 points
2. WIKI Presentation (Blackboard)	100 points
3. Case Study/Diagnosis	50 points
4. Treatment Plans (100 points each)	200 points
5. Journal article reviews (10 points each)	50 points
6. Attendance/Participation (5 points/discussion 14)	70 points

Total Points: 770

A = 693-770

B = 616-692

C = 539-615

F = Below 539

ASSUMPTIONS

I am operating on the “assumption” that you want to gain the most you can from the class and will therefore come to every class prepared to engage fully. I trust you will work to balance effectively your personal, academic, and professional commitment.

I assume the following:

- You will take responsibility for your own learning
- You will contribute to others’ learning
- You will ask for help when you need it

You can assume the following:

- I care deeply about your success---personally, academically, and professionally
- I want you to gain the most possible from this experience
- I am committed to my role in this venture
- I want to hear your experiences, ideas, and feedback
- I will hold you accountable to high (and reasonable) academic standards

Course Schedule
(Schedule is subject to change with notice)

DSM = Diagnostic and Statistical Manual of Mental Disorders
PPG = Pathways to Personal Growth

Week/Date	Topic	Assignment
Week 1 January 14	Introduction to DSM-IV-TR Adjusting to World	DSM pp. xxxviii-37 PPG pp. 1-21 Weekly Discussion
Week 2 1/21	Childhood Disorders Developing Personality	DSM pp. 39-134 PPG pp. 22-47 Weekly Discussion Journal Article 1 Due
Week 3 1/28	Cognitive Disorders Mental Disorders GMC Self Discovery	DSM pp. 135-180 DSM pp. 181-190 PPG pp. 48-77 Weekly Discussion
Week 4 2/4	Substance Related Disorders Gender	DSM pp. 191-295 PPG pp. 78-106 Weekly Discussion Journal Article 2 Due
Week 5 2/11	Psychotic Disorders Stress, Health & Coping	DSM pp. 297-344 PPG pp. 107-142 Weekly Discussion Treatment Plan 1 Due
Week 6 2/18	Exam 1 (On-Line)	Exam review
Week 7 2/25	Mood Disorders Anxiety Disorders Issues of Control	DSM pp. 345-428 DSM pp. 429-484 PPG pp. 143-168 Weekly Discussion
Week 8 3/3	Somatoform Disorders Factitious Disorders Psychological Disorders	DSM pp. 485-512 DSM pp. 513-518 PPG pp. 169-196 Weekly Discussion Journal Article 3 Due
Week 9 3/10	Dissociative Disorders Sexual Disorders Building Relationships	DSM pp. 519-534 DSM pp. 535-582 PPG pp. 227-253 Weekly Discussion

Week 10 3/17	Eating Disorders Sleep Disorders Intimacy	DSM pp. 583-596 DSM pp. 597-662 PPG pp. 253-280 Weekly Discussion Treatment Plan 2 Due
Week 11 3/24	Exam 2 (On-Line)	Exam review
Week 12 3/31	Impulse Control Disorders Human Sexuality	PPG pp. 663-678 PPG pp. 281-308 Weekly Discussion Journal Article 4 Due
Week 13 4/7	Adjustment Disorders Family Living	DSM pp. 679-684 PPG pp. 310-336 Weekly Discussion Journal Article 5 Due
Week 14 4/14	Personality Disorders Group Behavior	DSM pp. 685-730 PPG pp. 338-368 Weekly Discussion Case Study/Diagnosis Due
Week 15 4/21	Other Conditions Additional Codes Working	DSM 731-742 DSM p. 743 PPG pp. 370-399 Weekly Discussion WIKI Project Due
Week 16 4/28	Living in our environment	PPG pp. 400-435 Weekly Discussion
Final Exam 5/5	On-Line Final Exam	