

**Syllabus for Kinesiology CPR & First Aid Course**  
**Spring 2008**  
**Tina De Ases, M.E.**

January 17	Intro, Syllabus, etc.
January 24	Chapters 1 - 5
January 31	CPR& AED- Adult & Child (Chapters 6 – 7)
February 7	CPR – Infants (Chapters 6 – 7)
February 14	Emergency Situations & Scenarios
February 21	First Aid Skills
February 28	First Aid Skills
March 6	Practical Application Tests- CPR, AED, First Aid Situations
March 13	Spring Break Week
March 20	Midterm Exam online
March 27	First Aid – Video online at Blackboard, notes available online, everyone check in through chat
April 3	First Aid - Video online at Blackboard, notes available online, everyone check in through chat
April 10	First Aid – Video online at Blackboard, notes available online, everyone check in through chat
April 17	First Aid Situations – Group work & present to instructor
April 24	First Aid Quiz online at Blackboard
May 1	Class Demonstrations Due (meet as a group & e-mail videos)
May 8	Review- online
May 15	Finals Week

Sam Houston State University  
Spring 2008

Course: HED 230, Thursday 6 – 8:50 pm  
American Red Cross: CPR, First Aid, AED Training, and Responding to  
Emergencies

Instructor: Tina De Ases, Master of Education  
Office: HKC 162(Recreational Sports Office Suite)

Contact Information:

E-mail [tdeases@shsu.edu](mailto:tdeases@shsu.edu)

Phone 936-294-3658

Office Hours: M – F 8-4 pm (appointment preferred)

Course Equipment:

Text: First Aid, CPR, AED Program Participant Manual  
ARC First Aid: Responding to Emergencies, ARC 4<sup>th</sup> Edition  
Eqpt: Breathing Barrier

Objectives: Develop capabilities to act in emergency situations  
Improve personal judgements, involving quick decision-making  
Increase personal awareness & knowledge (safety specifically)  
Render aid in accordance with American Red Cross standards  
Perform practical skills in the areas of:  
CPR (adult, infant, child)  
Conscious Choking  
Unconscious Choking  
Rescue Breathing  
Apply & Remove latex gloves  
AED use  
Bandaging  
Splinting

Course Requirements:

Each student will complete 2 exams (mid-term & final)  
Pass 4 practical exams (Adult, infant, child & first aid)  
Perform group presentations  
Actively participate in class including quizzes, blackboard discussions, etc

ARC Certification Requirements

Must pass with an 80% on all ARC exams  
Must pass CPR/SFA practical exams  
Students cannot miss more than 2 days

## Course Evaluation

Exams 40%  
Practical Exams 25%  
Online assignments 15%  
Group Project 10%  
Quizzes 10%

## Attendance Policy:

In order to get certified, you can miss no more than 2 class days.  
Tardies will be counted if anyone is more than 5 minutes late to class.  
3 tardies= 1 absence  
Wear appropriate clothing. We'll be on the floor most days, and you need to be comfortable.  
No lipstick or lip-gloss before practicing on the mannequins  
No cell phones, no text messaging at all!  
Assist in set up, sanitizing, and re-stocking of mannequins

**Academic Dishonesty:** Students are expected to maintain honesty and integrity in the academic experiences both in and out of the classroom. See Study Syllabus Guidelines.

**Classroom Rules of Conduct:** Students are expected to treat faculty and students with respect.

**Student Absences on Religious Holy Days:** Students are allowed to miss class and other activities, including examinations, for the observance of a religious holy day, including travel for the purpose. Students remain responsible for all work.

**Students with Disabilities Policy:** It is the policy of the SHSU that individuals otherwise qualified shall not be excluded, solely by reason of their disability, from participation in any academic program of the University. Further, they shall not be denied the benefits of these programs nor shall they be subjected to discrimination. Students with disabilities that might affect their academic performance should visit with the Office of Services for Students with Disabilities located in the Counseling Center.

**Visitors:** Only registered students may attend class. Exceptions can be made on a case-by-case basis by the professor. In all cases, visitors must not present disruption to the class by their attendance. Students wishing to audit a class must apply to do so through the Registrar's office