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The Department of Recreational Sports at Sam Houston State University . Our mission is simple, to provide the SHSU community with safe recreational programs and facilities which enhance your total educational experience and quality of life. To ensure that we have something for everyone, Recreational Sports consists of seven program areas - Aquatics, Club Sports, Informal Recreation, Intramural Sports, Outdoor Recreation, Special Events and the Wellness program, and 8 recreational facilities. There's always something going on at Recreational Sports.

### News & Up-Coming Events

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*Vertical Happy Hour* at the Climbing Center  
Climb for FREE every Thursday from 6-8 pm.

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Winter Pool Hours Begin November 1st

M-F 12pm - 6pm  
Sa 12pm - 5pm  
Su 1pm - 6pm

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#### UPCOMING ADVENTURES

Spring Break Adventure      March 8-17, 2008

E-Rock-N-Yoga                      April 11-13, 2008

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### HKC Hours 2008

Monday - 6:30 AM - 12:00 AM  
Thursday  
Friday 6:30 AM - 10:00 PM  
Saturday 9:00 AM - 7 PM  
Sunday 1:00- 12:00 AM

### Winter Pool Hours 2008

Monday - 12 - 6 PM  
Friday  
Saturday 12 - 5 PM  
Sunday 1 - 6 PM

### Climbing Wall Hours 2008

Sunday - 2 - 8 PM  
Friday  
Saturday 12 - 5 PM

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*Institutional Member of NIRSA*

### Departmental Focus



Intramural Sports gives the SHSU community the opportunity to compete and have fun in various team and individual sports. Leagues and tournaments are organized into different skill levels so you can play in a competitive or a relaxed recreational atmosphere. Divisions are offered in Men's, Women's, and CO-recreational, an opportunity for men and women to compete together. Flag football, basketball, volleyball, soccer, softball, racquetball, golf, and tennis are just some of the sports offered in the Intramural Sports Program.

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