

COLLEGE OF HUMANITIES AND SOCIAL SCIENCES

Department of Psychology and Philosophy

PSY 691: Practicum I, 3 Credit Hours

Fall, 2007; Mondays, 9-12; AB4 204

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Office Hours: Mondays 12:00 – 1:00 PM; Tuesdays/Thursdays 8:30 – 9:30 AM; 12:00 – 1:00 PM; Fridays 7:30 – 10:00 AM; and by appointment

(Faculty/committee meetings/supervisions are sometimes scheduled during these times, so it is best to call and confirm appointment.)

Text: Baird, B. N. (2005). *The internship, practicum, and field placement handbook*. (4th or 5th edition) Upper Saddle River, NJ: Prentice Hall.



Ivey, A. E. (2006). *Intentional interviewing and counseling: Facilitating client development in a multicultural society* (6th edition). Pacific Grove, CA: Brooks/Cole.

Koocher, G. P., & Keith-Spiegel, P. (1996). *Ethics in Psychology: Professional Standards and Cases*, 2nd edition. NY: Oxford University Press.

COURSE OVERVIEW:

The course, **Practicum I**, is designed to provide the graduate student with an introduction to psychotherapy skills, an opportunity to integrate theory and practice, and a thorough overview of APA ethical standards as related to psychotherapy. The first practicum course begins with the assumption that the student has had little to no experience in this domain.

COURSE OBJECTIVES:

Goal	Assessment
To provide students with a systematic approach to the development of basic individual psychotherapy skills.	Video/Audiotapes, Transcriptions, Journals, Logs, Individual Supervision
To review ethical standards of practice regarding psychotherapy.	Mind Maps, Applied Progress Assessment
To examine the most common theories of psychotherapy and the basic psychotherapy skills associated with them as they relate to direct intervention.	In-Class Assignment
To introduce students to family systems approaches to counseling	In-Class Assignment
To observe, practice, and master basic individual psychotherapy skills.	Video/Audiotapes, In-Class Exercises, Transcriptions, Individual Supervision, Applied Progress Assessment
To provide 150 supervised clock hours.	Logs, Individual Supervision
To develop awareness of various issues in psychotherapy situations with special populations including people of diverse cultures and individual differences.	Video/Audiotapes, Individual Supervision, Cultural Brochures
To demonstrate ability to use technology in creating documents, preparing presentation materials for colleagues, students, families, administrators, and the community, and using e-mail effectively.	Communication with Instructor, Cultural Brochures, Video/Audio Taping
To review current research related to psychotherapy.	Research Article Summary and Presentation

ATTENDANCE POLICY:

Regular and punctual attendance is expected and will be documented. SHSU policy is that no student will be penalized for three or fewer hours of absences. However, a student may be penalized for more than three hours of absences. My policy: Three hours of absence are free and clear. Plan this time carefully. However, any time beyond the allowed three hours will result in failure of the course. No exam or assignment may be made up unless **PRIOR** arrangements have been made with the instructor. If emergencies occur during scheduled exam times, the student **MUST** contact the instructor within 24 hours in order to qualify for a make-up. No make-up tests will be administered during class time. **IT IS THE STUDENT'S RESPONSIBILITY TO CONTACT THE INSTRUCTOR REGARDING ANY MAKE-UP WORK.**

STUDENTS WITH DISABILITIES

It is the policy of Sam Houston State University that no individuals otherwise qualified shall, solely by reason of their disability, be excluded from the participation in, be denied the benefits of, or be subjected to discrimination under any academic program or activity. Students with a disability which affects their academic performance are expected to arrange a conference with the instructor as soon as possible. This is so that appropriate strategies can be considered to ensure participation and achievement opportunities are not impaired since there will be **no retroactive accommodation**. Furthermore, accommodations will be made **only to those people who have documented the disability with the Americans with Disabilities Act (ADA) Office** in the Counseling Center. The number there is 294-1720.

TIME REQUIREMENT

For each graduate hour attempted, at least three hours outside class is expected. This 3-credit-hour course will meet 3 hours each week. That leaves 9 hours outside of class in which to read, meet with volunteer clients, attend your volunteer site, attend supervision, and complete assignments. A practicum frequently requires more hours per week. It is expected that if you enrolled in this graduate course, you can meet the time requirements.

STUDENT ABSENCES ON RELIGIOUS HOLY DAYS POLICY

Section 51.911(b) of the Texas Education Code requires that an institution of higher education excuse a student from attending classes or other required activities, including examinations, for the observance of a religious holy day, including travel for that purpose. Section 51.911(a)(2) defines religious holy days as: "a holy day observed by a religion whose places of worship are exempt from property taxation under Section 11.20, Tax Code_."

A student whose absence is excused under this subsection may not be penalized for that absence and shall be allowed to take an examination or complete an assignment from which the student is excused within a reasonable time after the absence.

University policy 861001 provides the procedures to be followed by the student and instructor. A student desiring to absent himself/herself from a scheduled class in order to observe (a) religious holy day(s) shall present to each instructor involved a written statement concerning the religious holy day(s). The instructor will notify the student of a reasonable timeframe in which the missed assignments and/or examinations are to be completed.

PROFESSIONALISM

Attendance, punctuality, adherence to ethical standards, the quality of your interactions with colleagues and supervisors, and the quality of your timeliness in completing assignments all determine your professionalism, which in turn signals your readiness to advance to subsequent practica.

ACADEMIC HONESTY

The Graduate Faculty of Sam Houston State University expects students to conduct their academic work with integrity and honesty. Acts of academic dishonesty will not be tolerated and can result in the failure of a course and dismissal from the University. Academic dishonesty includes, but is not limited to, cheating on a test, plagiarism, collusion (the unauthorized collaboration with another person in preparing work offered for credit), the abuse of resource materials, and misrepresentation of credentials or accomplishments as a member of the college.

The University's policy on academic honesty and appeal procedures can be found in the manual entitled Student Guidelines, distributed by Division of Student Services. (Reference Section 5.3 of the SHSU Student Guidelines)

CLASSROOM VISITORS

Only registered students may attend class. Exceptions can be made on a case-by-case basis by the professor. In all cases, visitors must not present a disruption to the class by their attendance. Students wishing to audit a class must apply to do so through the Registrar's Office.

CLASSROOM RULES OF CONDUCT

Any disorderly classroom conduct that obstructs, interferes with, inhibits and/or disrupts teaching and/or related classroom activities is prohibited. Persons in the classroom engaging in such conduct will be asked to leave. Failure to leave the classroom will result in University Police being requested to come to the classroom to assist with the removal of the person.

COURSE REQUIREMENTS

Students will be required to practice the basic psychotherapy skills with 40 hours of face-to-face contact with volunteer clients. Fifty-five hours of volunteer work is also required. Clinical psychology students typically volunteer in a clinical agency. School psychology students typically volunteer in a school. Volunteer hours may also be achieved by being a volunteer client with a peer counselor or by attending your own personal therapy. The total of 150 hours will include the supervision and class hours. Presentations and additional projects will also be required of each student.

SUPERVISION

A portion of your evaluation consists of your ability to receive supervision and make necessary adjustments. Preparation for supervision sessions with tapes cued, transcripts completed correctly, and all other paper-work completed is imperative. The ability to accept and make adjustments through supervision is extremely important in training. Your readiness to advance in your program will be determined, in part, by your response to supervision. Refusal to follow supervisor's directives may result in course failure.

OUTSIDE RESEARCH

To receive an “A” in the course, you must review a research article published within the past five years related to use of counseling or therapy, write a critique of the article using not more than two pages, and present the article orally to the class.

CLASS PARTICIPATION

Class participation in role plays and class discussions is expected as an avenue to meet the course objectives.

TRANSCRIPTS

Until the Mastery form has been completed, students must transcribe a tape of their choice to demonstrate their skills. The tape should be cued to the beginning of the transcript when arriving for supervision.

PROGRESS ASSESSMENTS

Two progress assessments will be administered during the semester. One is essay or short answer; the other is multiple choice and essay.

PRESENTATIONS

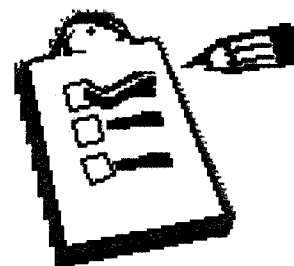
Two individual presentations will be required. One is the cultural/ethnic values brochure; the other is the research article presentation. Rubrics will be provided on Blackboard to guide preparation.

COURSE EVALUATION

Hours required:

- 40 face-to-face with volunteer clients
- 57 volunteer hours
- 13 supervision
- 45 class

155 hours total



Satisfactory performance will result in a grade of **B**. Outstanding performance will be recognized with a grade of **A**. It is possible that all students receive an **A**. (It is also possible that all students receive a **B**.) No **C**'s will be assigned. If a student is not able to perform at a satisfactory level, an **F** will be assigned.

School Psychology students will be going with the instructor to Madisonville ISD to counsel with a variety of individuals and groups.

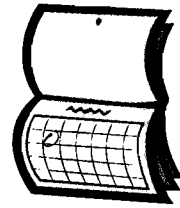
Practicum I is aligned with the Rules of the Texas State Board of Examiners of Psychologists and the Ethical Guidelines of the American Psychological Association and the National Association of School Psychologists.

To receive an “A”	To receive a “B”
<ul style="list-style-type: none"> • Keep up with scheduled readings • Meet counseling and supervision appointments on time • $\geq 85\%$ on all progress assessments and assignments • Be able to be supervised and incorporate feedback • Attend and participate in class • Accumulate approximately 10 hours each week of practica hours • Make an outstanding ethnic values presentation • Maintain high quality interactions with peers, clients, volunteer cite, and supervisor • Provide typed transcripts of 15 – 20 minutes with “shoulda saids.” • Maintain a journal of all practica hours • Integrate theory with practice • Progress in skill development and consistency during the course of the semester • Professional demeanor (attendance, punctuality, timeliness of assignments, etc.); • Demonstrate sensitivity to cultural and individual differences issues; and • Use technology effectively • Demonstrate compliance with ethical guidelines and seek supervision when unsure • Research article summary and presentation 	<ul style="list-style-type: none"> • Keep up with scheduled readings • Meet counseling and supervision appointments on time • $\geq 85\%$ on all progress assessments and assignments • Be able to be supervised and incorporate feedback • Attend and participate in class • Accumulate approximately 10 hours each week of practica hours • Make an outstanding ethnic values presentation • Maintain high quality interactions with peers, clients, volunteer cite, and supervisor • Provide typed transcripts of 15 – 20 minutes with “shoulda saids.” • Maintain a journal of all practica hours • Integrate theory with practice • Progress in skill development and consistency during the course of the semester • Professional demeanor (attendance, punctuality, timeliness of assignments, etc.); • Demonstrate sensitivity to cultural and individual differences issues; and • Use technology effectively • Demonstrate compliance with ethical guidelines and seek supervision when unsure



SCHEDULE

August	20	Overview of course Elements of Communication
	27	Baird 1-4 Ivey – Part I
September	3	Holiday – Labor Day
	10	Baird 6-8 Ivey – Chapters 4-6
	17	Baird 9-12 Ivey – Chapters 7-9
	24	Ivey – Chapters 10-12
October	1	Ivey – Chapters 13-15
	8	Progress Assessment - Ivey & Baird
<u>October 10th is last day to drop a class without grade of F or resign without WP or WF.</u>		
	15	Systemic Theory/Therapy Koocher – Chapters 1-3
	22	Theoretical Review (Bring your Psychotherapy I book) Koocher – Chapters 4-6
	29	Family Systems - working with couples & families (read the family chapter in your Psychotherapy I book) Koocher – Chapters 8, 9, & 12
November	5	Family Systems (continued) Koocher – Chapters 13, 14, & 15 (pp. 372-376 only)
	12	Media Event
	19	Progress Assessment - Ethics



	26	Diversity Presentations
December	3	Research Presentations Closure
	10	Final Examination (9 – 11 AM)

ENJOY WINTER BREAK

