



- Aquatic Facilities**
- Bernard G. Johnson Coliseum**
- Health & Kinesiology Center (HKC)**
- Intramural Fields**
- McAdams Tennis Courts**
- Outdoor Recreational Rental Building**
- Pritchett Field Complex**
- Sand Volleyball Courts**
- University Camp**
- Floor Plans**

Beach Bash / RavenFest
 Sunday, August 24
 HKC Pool from 8:00pm - 11:00pm

Vertical Happy Hour at the Climbing Center
 Climb for FREE every Thursday from 6-8 pm.

Fight the Freshman 15
 Learn how to "kick butt" nutritionally on foods you love to eat! Presenter Tom Ryan is a member of Reebok Alliance Team and is a veteran tri-athlete who has competed in the Hawaiian

recreational Sports at Sam Houston State University . Our mission is to provide a fun, educational experience and quality of life. To ensure that we have the best of the best, Recreational Sports consists of seven program areas - Aquatics, Recreation, Intramural Sports, Outdoor Recreation, Special Events, and 8 recreational facilities. There's always something going on at SHSU.

Events

for information. [Click here for more information.](#)

from 6:30pm - 9:30pm

Rec. Center Break Hours

Monday - Friday	11AM - 6PM
Saturday	CLOSED
Sunday	CLOSED

Pool Hours

Monday - Friday	12PM - 6PM
Saturday	12PM - 6PM
Sunday	1PM - 6PM

Climbing Wall Hours

Monday - Friday	3PM - 6PM
Saturday	CLOSED
Sunday	CLOSED

Departmental Focus

The Informal Recreation is a self-directed program designed to provide the SHSU community with a wide range of recreational pursuits. It is the ideal alternative for those looking for a non-structured program.



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