



[Home](#)

[Calendar](#)

[Staff](#)

[Contact Us](#)

[About](#)

- [Advisors](#)
- [Advising Locations](#)
- [Support Programs](#)
- [Student Tools](#)
- [Recognition](#)
- [SHSU](#)

SUPPORT PROGRAMS

The Student Advising and Mentoring Center offers a number of academic programs to support students' achievement. To find out more about any of the specific programs click on the specific link. You are also welcome to call 294-4444 or 294-4455 or visit the SAM Center at AB4 room 210.



SAM Center - AB4 210

[Timeline](#)

[Study Skills Series](#)

[Bearkat Learning Community](#)

[GRE/GMAT Prep](#)

[Graduate School Program](#)

[Help Choosing a Major](#)

[Learning Express: free access to samples of many standardized tests](#)

[Grassroots](#)

[First Alert](#)

[The McNair Program](#)



HOURS

Monday	7:30 - 6:30
Tuesday	7:30 - 4:30
Wednesday	7:30 - 6:30
Thursday	7:30 - 4:30
Friday	7:30 - 4:30
Saturday	Closed
Sunday	Closed

[Directions to the SAM Center](#)

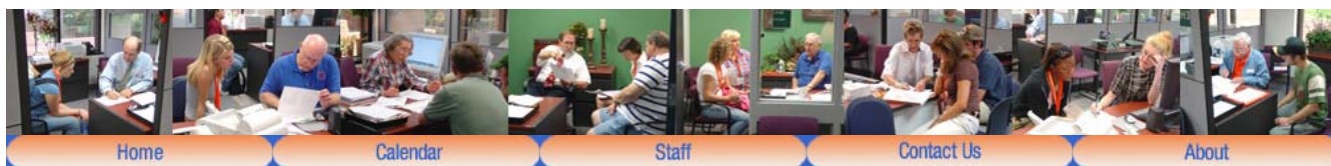
Notary Available

Sigi 3: ww2.shsu.edu

Note: once you log into samweb, select "Student Records" from the drop down menu, then choose "Sigi Career Planning." You will then be redirected to the Sigi 3 web site.

Let Us Help You Succeed!!!

* A Member of the Texas State University System *



- Advisors
- Advising Locations
- Support Programs
- Student Tools
- Recognition
- FAQs
- SHSU

TIME LINE

FRESHMAN YEAR - DEVELOP A PLAN

- * Advisement at the SAM Center (http://www.shsu.edu/~sam_www)
- * Begin Core Curriculum (<http://www.shsu.edu/catalog/corecurriculum.html>)
- * Take Study Skills (http://www.shsu.edu/~sam_www/studyskillseries.html)
- * Join a campus organization (<http://www.shsu.edu/students/organizations>)
- * Develop a C0-Curriculum Transcript (http://www.shsu.edu/~slo_www/programs/cocurriculum.html)
- * Develop a good GPA (http://www.shsu.edu/~sam_www/targetgpacalc.html)
- * Start thinking about your major (http://www.shsu.edu/~sam_www/chooseamajor.html)
- * Use tutoring resources/writing center ([tutoring resources](#))



SAM Center - AB4 210

HOURS

Monday	7:30 - 4:30
Tuesday	7:30 - 4:30
Wednesday	7:30 - 4:30
Thursday	7:30 - 4:30
Friday	7:30 - 4:30
Saturday	Closed
Sunday	Closed

Notary Available



SOPHOMORE YEAR - MAINTAINING A FOUNDATION

- * Early advisement & registration (http://www.shsu.edu/~sam_www)
- * Decide on your major
- * Declare your major
- * Maintain a good GPA (http://www.shsu.edu/~sam_www/targetgpacalc.html)
- * Visit Career Services (http://www.shsu.edu/~ccp_www)
- * Look over your Degree Plan with an Advisor (<http://ww2.shsu.edu/reg9wp>)
- * Maintain balance between academics and social life

Directions to the SAM Center

JUNIOR YEAR - EVALUATE YOUR PROGRESS

- * Early advisement & registration (http://www.shsu.edu/~sam_www)
- * Keep that GPA up (http://www.shsu.edu/~sam_www/targetgpacalc.html)
- * Go to Career Services and Job Fairs on campus (http://www.shsu.edu/~ccp_www)
- * Review your degree plan to be sure you are on target (<http://ww2.shsu.edu/reg9wp>)
- * Check on internships within your major department
- * File for graduation (http://www.shsu.edu/~reg_www/graduation/prepare.html)
- * Thinking about graduate school? (http://www.shsu.edu/~sam_www/gradschool.html)

SENIOR YEAR - MOVING FORWARD

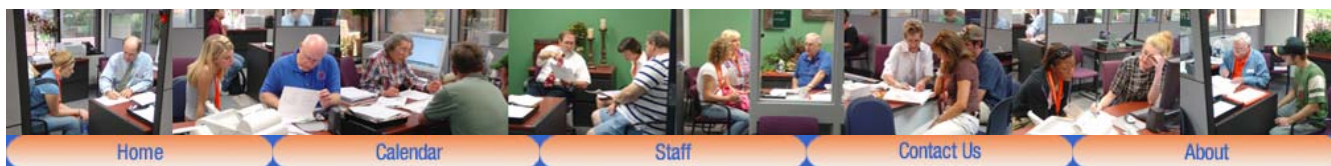
- * Check on your degree plan (<http://ww2.shsu.edu/reg9wp>)
- * Make sure you have filed for graduation (http://www.shsu.edu/~reg_www/graduation/prepare.html)
- * Finalize your resume and job interviewing skills with Career Services (http://www.shsu.edu/~ccp_www)
- * Leave no stone unturned, you are responsible to make sure that everything is complete and ready for you to graduate, double check with Registrar's Office (http://www.shsu.edu/~reg_www)

Let Us Help You Succeed!!!

* A Member of the Texas State University System *

[Home](#) | [Calendar](#) | [Contact](#) | [About Us](#) | [Class Schedule](#) | [Catalogues](#)

Questions, Suggestions, or Comments? Email samcenter@shsu.edu



Home

Calendar

Staff

Contact Us

About

- Advisors
- Advising Locations
- Support Programs
- Student Tools
- Recognition
- FAQs
- SHSU

STUDY SKILLS

Our Study Skills program is six one-hour sessions designed to address core skills essential for academic success. Our trained facilitators are advanced students who understand the demands of college and how to balance recreation with academics. The sessions address procrastination, time management, taking class notes, test-taking strategies etc. We offer over 15 - 20 classes a week so that we can promise students a class that will fit into their schedules. To make certain that our program is effective we have collected data on the performance of those students who have participated. We can say without any hesitation that students who attended our Study Skills program dramatically improved their study habits as well as improving their GPA.



SAM Center - AB4 210



Summer 2008

Series I

Monday	10am, 2pm, 4pm	June 2, 9, 16, & 23
Tuesday	10am, 2pm, 4pm	June 3, 10, 17 & 24
Wednesday	10am, 2pm, 4pm	June 4, 11, 18 & 25
Friday	10am, 2pm	June 6, 13, 20 & 27

Series II

Monday	10am, 2pm, 4pm	July 14, 21 & 28 & Aug. 4
Tuesday	10am, 2pm, 4pm	July 8, 15, 22 & 29
Wednesday	10am, 2pm, 4pm	July 9, 16, 23 & 30

HOURS

Monday	7:30 - 4:30
Tuesday	7:30 - 4:30
Wednesday	7:30 - 4:30
Thursday	7:30 - 4:30
Friday	7:30 - 4:30
Saturday	Closed
Sunday	Closed

Notary Available

Directions to the SAM Center

Fall 2008

Series I

Monday	8am, 10am, 1pm, 2pm, 3pm, 5pm	Sept. 8, 15, 22, 29, Oct. 6, & 13
Tuesday	8am, 9am, 1:30pm, 2:30pm, 3:30pm	Sept. 9, 16, 23, 30, Oct. 7, & 14
Wednesday	8am, 11am, 2pm	Sept. 10, 17, 24, Oct. 1, 8, & 15
Thursday	8am, 10am, 1:30pm, 2:30pm, 3:30pm	Sept. 11, 18, 25, Oct. 2, 9, & 16
Friday	9am, 2pm	Sept. 12, 19, 26, Oct. 3, 10, & 17

~ late start ~

Wednesday	5pm	Sept. 24, Oct. 1, 8, 15, 22, & 29
-----------	-----	-----------------------------------

Series II

Monday	8am, 10am, 1pm, 2pm, 3pm, 5pm	Oct. 20, 27, Nov. 3, 10, 17, Dec. 1
Tuesday	8am, 9am, 1:30pm, 2:30pm, 3:30pm	Oct. 21, 28, Nov. 4, 11, 18, Dec. 2
Wednesday	8am, 11am, 2pm	Oct. 22, 29, Nov. 5, 12, 19, Dec. 3
Thursday	8am, 10am, 1:30pm, 2:30pm, 3:30pm	Oct. 23, 30, Nov. 6, 13, 20, Dec. 4
Friday	9am, 2pm	Oct. 24, 31, Nov. 7, 14, 21, Dec. 5

~ late start ~

Wednesday	5pm	Nov. 5, 12, 19, Dec. 3 & 10
-----------	-----	-----------------------------

To sign up for a class call 936-294-4444 or come by the SAM Center in AB4 room 210.

[Downloadable "Daily Time Schedule" Sheets \(Excel\)](#)

[Downloadable "Weekly Time Schedule" Sheets \(Excel\)](#)

Let Us Help You Succeed!!!

* A Member of the Texas State University System *

[Home](#) | [Calendar](#) | [Contact](#) | [About Us](#) | [Class Schedule](#) | [Catalogues](#)

Questions, Suggestions, or Comments? Email samcenter@shsu.edu



[Home](#)

[Calendar](#)

[Staff](#)

[Contact Us](#)

[About](#)

- [Advisors](#)
- [Advising Locations](#)
- [Support Programs](#)
- [Student Tools](#)
- [Recognition](#)
- [FAQs](#)
- [SHSU](#)

BEARKAT LEARNING COMMUNITY

Implemented in 2001-02, this is a program which provides incoming freshmen students the opportunity to take classes with other students who live in the same residence hall. This group of students also has a planned program of activities designed to enhance academics as well as provide a positive social atmosphere. BLC was implemented as a joint effort of the Department of Residence Life, the Division of Academic Affairs, and the Division of Student Services.



SAM Center - AB4 210

[BLC Website](#)

[BLC Community Service](#)

[BLC End of the Year Slideshow 06](#)

HOURS

Monday	7:30 - 4:30
Tuesday	7:30 - 4:30
Wednesday	7:30 - 4:30
Thursday	7:30 - 4:30
Friday	7:30 - 4:30
Saturday	Closed
Sunday	Closed



Let Us Help You Succeed!!!

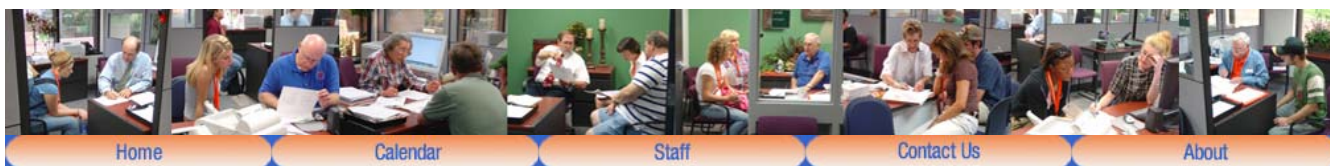
* A Member of the Texas State University System *

Notary Available

Directions to the SAM Center

[Home](#) | [Calendar](#) | [Contact](#) | [About Us](#) | [Class Schedule](#) | [Catalogues](#)

Questions, Suggestions, or Comments? Email samcenter@shsu.edu



- Advisors
- Advising Locations
- Support Programs
- Student Tools
- Recognition
- FAQs
- SHSU



Directions to the SAM Center

GRE / GMAT PREP PROGRAM

Interested in applying to graduate school? The Academic Support Programs of the SAM Center offer GRE/GMAT Test Taking Technique Prep Sessions.

We suggest that you buy one of the study manuals (with accompanying CD) for the GRE or GMAT exam - most bookstores have the latest editions.

3 SIMPLE STEPS

- 1. 50 HOURS** (testing companies recommend that students spend at least this much preparation before taking the GRE or GMAT exam)
- 2. REVIEW** (Students need to understand that our program is **NOT** a subject review or a substitute for extensive individual study)
- 3. TAKE EXAM** (Taking the exam shortly after the completion of the prep technique program and the 50 hours of study should help you achieve the best results)

The GRE/GMAT Prep Program is **FREE**, your only cost is the purchase of the study manual. This prep program is offered several times each semester. Class size is limited to 20 students and a participation contract must be signed to be registered.



SAM Center - AB4 210

HOURS

Monday	7:30 - 4:30
Tuesday	7:30 - 4:30
Wednesday	7:30 - 4:30
Thursday	7:30 - 4:30
Friday	7:30 - 4:30
Saturday	Closed
Sunday	Closed

-----**Fall - 2008**-----
SHSU Campus

-7 Night Program-

Monday	Oct. 13	5-7 pm
Tuesday	Oct. 14	5-7 pm
Wednesday	Oct. 15	5-7 pm
Thursday	Oct. 16	5-7 pm
Monday	Oct. 20	5-7 pm
Tuesday	Oct. 21	5-7 pm
Wednesday	Oct. 22	5-7 pm

University Center Campus

-2 Day Program-

Friday	Nov. 7	6:30 - 8:30pm
Saturday	Nov. 8	8:30am - 5:30pm

Contact: Bernice Strauss
936-294-4455
sam_bss@shsu.edu

FOR FREE ONLINE PRACTICE TESTS, go to:

- <http://www.testpreview.com>
- <http://ets.org>
- <http://gre.org>
- <http://princetonreview.com>

Notary Available

Let Us Help You Succeed!!!

* A Member of the Texas State University System *

[Home](#) | [Calendar](#) | [Contact](#) | [About Us](#) | [Class Schedule](#) | [Catalogues](#)

Questions, Suggestions, or Comments? Email samcenter@shsu.edu



- Advisors
- Advising Locations
- Support Programs
- Student Tools
- Recognition
- FAQs
- SHSU



Directions to the SAM Center

GRADAUTE SCHOOL PROGRAM

The Graduate School Program is offered twice a semester at the Sam Center. These is offered so that students can ask questions pertaining to graduate school such as financial aid, graduate school timeline and academic requirements. Below are some helpful links.



SAM Center - AB4 210

Upcoming Graduate School Information Meeting

Wednesday	July 16th	5:00 - 6:00 pm	Room: TBA
-----------	-----------	----------------	-----------

For more information contact:
Amanda at aamacker@shsu.edu
 or call 936-294-4444

[Graduate School Application Timeline](#)
 Compiled by [Angela Torres, B.A.](#)
 & [Edwina Reece, B.S.](#)

[Graduate School Application Checklist](#)

[Graduate School Information Sheet](#)
 Compiled by [Angela Torres, B.A.](#)
 & [Edwina Reece, B.S.](#)

HOURS

Monday	7:30 - 4:30
Tuesday	7:30 - 4:30
Wednesday	7:30 - 4:30
Thursday	7:30 - 4:30
Friday	7:30 - 4:30
Saturday	Closed
Sunday	Closed

Notary Available

Let Us Help You Succeed!!!

* A Member of the Texas State University System *

[Home](#) | [Calendar](#) | [Contact](#) | [About Us](#) | [Class Schedule](#) | [Catalogues](#)

Questions, Suggestions, or Comments? Email samcenter@shsu.edu



[Home](#)

[Calendar](#)

[Staff](#)

[Contact Us](#)

[About](#)

- [Advisors](#)
- [Advising Locations](#)
- [Support Programs](#)
- [Student Tools](#)
- [Recognition](#)
- [FAQs](#)
- [SHSU](#)

HOW TO CHOOSE A MAJOR

Choosing a major seems to get harder and harder every year for students. This problem, however, is not limited only to incoming freshmen and underclassmen. Many students, regardless of standing, have trouble deciding on a major. Listed below are some tools and tips to help you make an informed decision or guide you in a direction that may interest you.



SAM Center - AB4 210

[Common Myths about Majors and Careers](#)

[Self-Assessment](#)

[Career Awareness](#)

[Decision Making](#)

[Planning and Implementation](#)

[Career Resources](#)



Choosing A Major Survey

HOURS

Monday	7:30 - 4:30
Tuesday	7:30 - 4:30
Wednesday	7:30 - 4:30
Thursday	7:30 - 4:30
Friday	7:30 - 4:30
Saturday	Closed
Sunday	Closed



Contact Information:

Notary Available

[Directions to the SAM Center](#)

Margaret Ferguson
 E-mail: mx001@shsu.edu
 Work phone: (936) 294-4628
 Office Location: Student Advising and Mentoring Center
 AB4 Room 210

Office Hours:
 Monday & Tuesday 8:00am - 5:00pm
 Wednesdays 8:00am - 12:00pm

You are always welcome to drop in, but I may be busy with another student. If you want to avoid the wait, please call or email me for an appointment.

Let Us Help You Succeed!!!

* A Member of the Texas State University System *

[Home](#) | [Calendar](#) | [Contact](#) | [About Us](#) | [Class Schedule](#) | [Catalogues](#)

Questions, Suggestions, or Comments? Email samcenter@shsu.edu



Welcome to LearningExpress Library!



Prepare for a
brighter future.

LearningExpress Library is a comprehensive, interactive online learning platform of practice tests and tutorial course series designed to help patrons—students and adult learners—succeed on the academic or licensing tests they must pass. You'll get immediate scoring, complete answer explanations, and an individualized analysis of your results. Sign in and start on your path to success right now.

What's New at LearningExpress Library?

- New U.S. Citizenship Test Practice: History & Civics Questions
- Praxis II: Content Knowledge Practice Tests Now Available
- Virginia Real-Estate License Exam Added to the Growing Roster

[click here for details](#)

LIBRARIANS

If your library does not subscribe to LearningExpress Library, and you'd like to receive a complimentary evaluation code, contact us now at: librarysales@learningexpresslibrary.com or call 1-800-295-9556, ext. 2.

TESTIMONIALS

"Highly recommended for all libraries with test-preparation collections." —*Library Journal*

[Click here to find out what everyone is saying about LearningExpress Library.](#)

DEMO

[Click here to view our demo to learn how LearningExpress Library can help all of you succeed!](#)

Please Sign In

[New User](#)

[Returning User](#)

FEATURED RESOURCES

ACT
 Advanced Placement
 Border Patrol
 Business Writing Success Skills
 CBEST
 Civil Service
 College Entrance Exams
 Computer Skills
 Corrections Officer
 Cosmetology
 E-Books
 Elementary School Skills Improvement
 EMS
 Firefighter
 GED
 GMAT
 Graduate School Entrance Exams
 GRE
 Health Careers Entrance Practice
 High School Skills Improvement
 Job Search and Success Skills
 Law Enforcement
 LSAT
 Math Skills Improvement
 MCAT
 Middle School Skills Improvement
 Military
 Nursing
 Nursing School Entrance Practice
 Paramedic
 Police Officer
 PRAXIS
 Reading Skills Improvement
 Real Estate
 Resume And Interviewing Success Skills
 SAT
 Skills Improvement Courses
 Skills Improvement with Spanish Instructions
 State Trooper
 Technical and Career College Skills
 TOEFL
 U.S. Citizenship
 Writing Improvement Program
 Writing Skills Improvement
 AND MORE!

Copyright © 2008 LearningExpress, LLC.

www.learningexpresslibrary.com is a trademark of LearningExpress, LLC.

The LearningExpress test engine, patent # US 6,544,042, is a testing system proprietary to LearningExpress, LLC



Home

Calendar

Staff

Contact Us

About

- Advisors
- Advising Locations
- Support Programs
- Student Tools
- Recognition
- FAQs
- SHSU



Directions to the SAM Center

GRASSROOTS

Conversations On Leadership In A Diverse Community

This program brings to campus members of our local and state community who are significant role models who have made meaningful contributions in the area of diversity. This program is an informal conversation or dialogue between the presenter and the audience. Our guest speakers share aspects of their own childhood and how events promoted their commitment and understanding of Leadership in a Diverse Community.

This program is informal and informative! Please watch the calendar to see when our next speaker is scheduled. Presentations are at 5 p.m. in the Olson Auditorium and they are followed at 6 p.m. with a reception in the SAM Center so that students can visit with the presenter.

Students have responded very favorably to the presentations. The following are a few comments from the evaluations. "It is very motivating to hear people talk about where they came from and then see how far they have come, and to see their accomplishments."

"I loved the speakers and the informality of the presentation."

For more information or to recommend a presenter contact Dr. Bernice Strauss at sam_bss@shsu.edu

Spring 2008 Speakers:

February 20
Doris Rodrigues
Partner
Attorneys Andrew Kurth LLP
[view the speech](#)

March 26
Dr. Rogelio Saenz
Professor, Department of Sociology
Texas A&M University
[view the speech](#) | [view pictures](#)

5pm - Olson Auditorium, Academic Building 4 (AB4)



SAM Center - AB 210

HOURS

Monday	7:30 - 4:30
Tuesday	7:30 - 4:30
Wednesday	7:30 - 4:30
Thursday	7:30 - 4:30
Friday	7:30 - 4:30
Saturday	Closed
Sunday	Closed

Notary Available

Let Us Help You Succeed!!!

* A Member of the Texas State University System *

[Home](#) | [Calendar](#) | [Contact](#) | [About Us](#) | [Class Schedule](#) | [Catalogues](#)

Questions, Suggestions, or Comments? Email samcenter@shsu.edu



[Home](#)

[Calendar](#)

[Staff](#)

[Contact Us](#)

[About](#)

- [Advisors](#)
- [Advising Locations](#)
- [Support Programs](#)
- [Student Tools](#)
- [Recognition](#)
- [FAQs](#)
- [SHSU](#)

WELCOME TO FIRST ALERT ONLINE

This Program enables faculty to refer students who are doing poorly in class or who have frequent or unexcused absences. To refer for other reasons, please explain in the box on the form.

The process is simple; just fill out the form below and submit it. We will acknowledge receiving it and begin the process of contacting the student to offer assistance. You will be notified as to the outcome of our efforts.

It is most helpful if you make referrals early in the semester, especially before the last date to drop classes. That way, our intervention can be more effective.

If you have a long list of referrals, you may choose to photocopy your class list, highlight the names of those being referred, and let us know if these are for absences or low grades. This can be sent to us by campus mail. You may also refer students to us by phone or by using a paper First Alert form which can be sent through campus mail or dropped off. Please let us know if you wish to have pads of these forms.

Thanks you for using First Alert. If you have any questions about this program, please call or email one of us as follows:

Janet Fair
294-4456
janetfair@shsu.edu

Marsha Phillips
294-4950
marshaphillips@shsu.edu

SAM Center, Box 2074



SAM Center - AB 210

HOURS

Monday	7:30 - 4:30
Tuesday	7:30 - 4:30
Wednesday	7:30 - 4:30
Thursday	7:30 - 4:30
Friday	7:30 - 4:30
Saturday	Closed
Sunday	Closed

Notary Available



[Directions to the SAM Center](#)

Please click the link below to fill out the online First Alert Referral form

[First Alert Referral Form](#)

Please click the link below to fill out the online First Alert Evaluation form

[First Alert Evaluation Form](#)

FAQs for First Alert Users:



Let Us Help You Succeed!!!

* A Member of the Texas State University System *

[Home](#) | [Calendar](#) | [Contact](#) | [About Us](#) | [Class Schedule](#) | [Catalogues](#)

Questions, Suggestions, or Comments? Email samcenter@shsu.edu



Ronald E. McNair Postbaccalaureate Achievement Program



McNair Homepage

Program Description

Apply!

Calendar and Events

McNair Newsletter

Meet the McNair
Scholars

Photos

Assignments

Forms

Mentors

McNair Conference

SHSU Homepage

Program Description

The Ronald E. McNair Postbaccalaureate Achievement Program is designed to provide talented low-income/first-generation and ethnic minority undergraduate students with effective preparation for doctoral study. The McNair program at Sam Houston State University encourages graduate studies by providing opportunities for undergraduates to define their goals, engage in research, and develop the skills and faculty mentor relationships that are critical to success at the doctoral level.

Educational and Financial Benefits

- **\$ 1,600 Summer research stipend:** Each scholar will be awarded a \$1600 research scholarship. It will be disbursed in three stipends during the academic year.
- **Tuition waiver for 3-hour Spring research class:** The research class will be held during the Spring semester. The class will cover numerous aspects important to the process of conducting scholarly research. Information on qualitative and quantitative research is provided. Tuition is paid for the class; however, neither the university nor the McNair program is able to pay for fees. Therefore, fees will have to be paid by the student. The credit hours for the class serve as three elective credit hours.
- **Paid travel to research conferences:** Each scholar is allocated a budget for travel to conferences. Scholars can attend a McNair research conference or a professional conference in their discipline. Some accommodations can be paid in advance (e.g., airfare, registration), but students will be reimbursed for other expenses incurred during their trip (e.g., gas, lodging, meals).
- **Paid travel to graduate programs:** Scholars who are interested in visiting a prospective graduate program should submit the request in writing. Information on estimated costs of the trip should be detailed including: transportation, lodging, and food. As stated above, some accommodations can be paid in advance but students will be reimbursed for other expenses that may be incurred during the trip.
- **Personal mentoring:** Scholars who are interested in visiting a prospective graduate program should submit the request in writing. Information on estimated costs of the trip should be detailed including: transportation, lodging, and food. As stated above, some accommodations can be paid in advance but students will be reimbursed for other expenses that may be incurred during the trip.
- **Tutoring:** The program will attempt to provide or locate tutoring services for students, if needed.
- **Workshops:** During the Fall semester, workshops will be held for McNair scholars only. Subjects will include statistics tutorials, computer training, study skills, stress management, financial aid, library resources, and numerous aspects of the graduate school application process.
- **Use of laptops for juniors:** Laptops will be loaned to all McNair scholars. Scholars will have use of these computers for one year. Laptops will include wireless internet only on Sam Houston State University's campus.
- **Graduate application fee waivers and other incentives:** McNair Scholars may qualify to receive application fee waivers to many graduate programs across the country. There are typically additional incentives for McNair scholars, including tuition waivers and scholarship packages. Please visit the following link for more information (the current list is available from the University of Rochester at <http://www.rochester.edu/College/McNair-Program/applicationIncentives.html>).
- **Help with preparation for graduate entrance exams:** Preparatory workshops are offered to McNair Scholars for the GRE/GMAT exams. Contact the Financial Aid Department to inquire about a GRE fee waiver.
- **Lending Library:** The McNair program has several helpful books on writing, graduate school, exam preparation, and other books that may be checked out.

To give comments about this page please e-mail: mcnair@shsu.edu