

Judith A. Nelson  
Assistant Professor  
Educational Leadership and Counseling  
College of Education

### **Degrees Earned**

PH.D. in Human Services. Capella University, Minneapolis, Minnesota. 1997.

M.A. in Counseling and Guidance, The University of Texas at San Antonio. August, 1984.  
Professional specializations: school counseling.

B.S. in Education, The University of Texas at Austin. August, 1970.

### **Professional Licensure and Certifications**

Certified Teacher, Elementary and Secondary, Current Texas

Certified School Counselor, Current Texas

Licensed Professional Counselor, Current Texas

Licensed Marriage and Family Therapist, Current Texas

State Board Approved Supervisor, LPC, Current Texas

### **Peer-Review Publications and Artistic Performances/Exhibitions**

#### **Articles**

Henriksen, R. C. & Nelson, J. (in press). Specialty training in counselor education programs: An exploratory study. *Journal of Professional Counseling: Practice, Theory, and Research*.

Nelson, J., Kirk, A., Ane, P., & Serres, S. (in press). Religious and spiritual values and moral commitment in marriage: Untapped resources in couples' counseling? *Counseling and Values*.

Bustamante, R. M., Nelson, J. A., & Onwuegbuzie, A. J. (in press). Assessing school-wide cultural competence: A tool for school leaders. *Educational Administration Quarterly*.

Nelson, J. & Bustamante, R. (2009). Preparing professional school counselors as collaborators in culturally competent school administration. *International Journal of Educational Leadership Preparation*, 4, (1). Retrieved on March 3, 2009, from <http://ijelp.expressacademic.org>

Nelson, J., & Nichter, M. (in press). Providing counseling services in an off-campus clinic: A blueprint for creating a successful partnership. *Journal of Community Engagement and Higher Education*.

- Eckstein, D., Nelson, J., Zalbaum, A., & Wines, L. (2008). Ten recommendations for providing psychological support for children and young people with special needs. *The Adlerian Yearbook, UK*
- Li, C., Lin, Y., Nelson, J., Eckstein, D. (2008). Hats off to couple counseling. *The Family Journal: Counseling and Therapy for Couples and Families, 16*(3), 254-257.
- Nelson, J., Bustamante, R., Wilson, E., & Ongwuegbuzie, A., (2008). The School- Wide Cultural Competence Observation Checklist for school counselors: An exploratory study. *Journal of Professional School Counseling, 11*(4), 207-217.
- Nelson, J., & Eckstein, D., (2008). A service-learning model for at-risk adolescents. *Education and Treatment of Children, 31*(2), 223-237.
- Nelson, J., Li, C., Eckstein, D., Ane, P., & Mullener, W. (2008). Antidotes for infidelity and prescriptions for long lasting relationships. *The Family Journal: Counseling and Therapy for Couples and Families, 16*(4), 375-378.
- Nelson, J., Robles-Pina, R., & Nichter, M. (2008). An analysis of the activities of high school counselors in Texas. *Journal of Professional Counseling: Practice, Theory, and Research, 36*(1), 30-46.
- Nichter, M., Robles-Pina, R., and Nelson, J. (2008). Actual and preferred counseling activities as perceived by secondary school counselors and principals. *National Forum of Educational Administration and Supervision Journal, 26*(1), 70-96.
- Nelson, J. (2007). The top ten things educators should know about service-learning. *NCPEA Connexions* [On-line]. Retrieved October 1, 2007, from <http://cnx.org/content/m14298/latest/>
- Ford, A., & Nelson, J. (2007). Secondary school counselors as educational leaders: Shifting perceptions of leadership. *Journal of School Counseling* [On-line], 5(16). Retrieved October 1 2007, from <http://www.jsc.montana.edu/articles/v5n16.pdf>
- Wines, L., Nelson, J., & Eckstein, D. (2007). Reframing class scheduling: Seven school counselor benefits, challenges, considerations and recommendations. *Journal of School Counseling* [On-line], 5(16). Retrieved October 1 2007, from <http://www.jsc.montana.edu/articles/v5n16.pdf>
- Mouton, S., Nelson, J. & Wiesner, V. (2007). Perceptions of high school students relocated to suburban Houston as a result of Hurricane Katrina. *Journal of Graduate Student Research* [On-line], 1(1). Retrieved on November 20, 2007, from [http://www.shsu.edu/~edu\\_elc/journal/index.html](http://www.shsu.edu/~edu_elc/journal/index.html)
- Nelson, J., & Nichter, M. (2006). Administrators: The transformers (Part I). *The Texas Study, 16*(1), 6-8.
- Nelson, J., & Nichter, M. (2006). Administrators: The transformers (Part II). *The Texas Study, 16*(1), 9-11.
- Nelson, J. (2006, Fall). Closing the achievement gap: Service-learning as a strategic counselor intervention. *Issues in Professional Counseling* [On-line]. Retrieved on December 20, 2006, at <http://www.shsu.edu/~piic/fall2006/nelson.html>

Nelson, J. (2006). For parents only: A strategic family therapy approach to school counseling. *The Family Journal: Counseling and Therapy for Couples and Families*, 14, 180-183.

Nelson, J. (1997). S.O.S.: Educators and families making a difference. *Texas Counseling Association Journal*, 25, 1-9.

### **Chapters**

Nelson, J., & Bustamante, R. (2008). The School-Wide Cultural Competence Observation Checklist for professional school counselors: An assessment tool for leading culturally and linguistically diverse schools. In G. R. Walz & J. Bleuer (Eds.). *Compelling Counseling Images: The Best of VISTAS 2008*. Alexandria, VA: American Counseling Association.

Nelson, J., & Serres, S. (2009). Key figures in the cultural and social foundations of counseling. *The American Counseling Association Encyclopedia*. Alexandria, VA: American Counseling Association.

Eckstein, D., & Nelson, J. (2009). Key events in the cultural and social foundations of counseling. *The American Counseling Association Encyclopedia*. Alexandria, VA: American counseling Association.

Watts, R. E., Nelson, J. Bruhn, R. & Nichter, M. (in press). Couple and family counseling. In S. G. Niles (Ed.), *Introduction to counseling*. Boston: Houghton Mifflin/Lahaska Press.

### **Funded External Grants**

Henriksen, R., & Nelson, J. (2008). *Specialties in Counseling: An Exploratory Study*. The Texas Counseling Association Endowment Fund. Total amount requested: \$500. Total amount funded: \$500.

Nelson, J. (2008). *The School-Wide Cultural Competence Observation Checklist for professional school counselors: An assessment tool for leading culturally and linguistically diverse schools*. SHSU College of Education Enrichment Fund. Total Amount requested: \$800. Total amount funded: \$800.

Nelson, J. (2005 – 2008). *The Cypress-Fairbanks Independent School District Random Student Drug Testing Project: External Evaluation*. U.S. Department of Education. Total amount requested: \$25,000. Total amount funded: \$25,000.

Nelson, J. (2004-2005). *Title IV Community Service Grant*. The Texas Center for Service-Learning of Region 14 Education Service Center (\$80,000 awarded).

Nelson, J. (2003-2004). *Title IV Community Service Grant*. The Texas Center for Service-Learning of Region 14 Education Service Center (\$100,000 awarded).

Nelson, J. (2003). *Title IV Community Service Grant*. The Texas Center for Service-Learning of Region 14 Education Service Center (\$80,000 awarded).

### Peer-Review Presentations/Posters

- Nelson, J., Bustamante, R., & Onwuegbuzie, A. (April, 2009). *Mixed Research as a Tool for Developing Quantitative Instruments*. Presented at AERA, San Diego, California (refereed).
- Bustamante, R., Nelson, J., & Onwuegbuzie, A. (April, 2009). *A Leadership Tool for Assessing School-wide Cultural Competence*. Presented at AERA, San Diego, California (refereed).
- Bustamante, R., & Nelson, J. (April, 2009). *Journal Talks: Graduate Research Journal*. Presented at AERA, San Diego, California (refereed).
- Serres, S., Nelson, J., Ane, P., & Eckstein, D., (November, 2008). *'Til Death Do Us Part: Exploring the Meaning of Commitment in Marriage*. Presented at the TCA 52<sup>nd</sup> Annual Professional Growth Conference, Houston, Texas (refereed).
- Henriksen, R., & Nelson, J. (November, 2008). *Achieving Balance in Counselor Training: Generalists vs Specialists*. Presented at the TCA 52<sup>nd</sup> Annual Professional Growth Conference, Houston, Texas (refereed).
- Nelson, J. & Parker, C. (September, 2008). *Creating a College Going Environment: Part I*. Presented to Houston ISD secondary school counselors as a part of the College for All Texans Gates Foundation Grant, Houston, Texas.
- Nelson, J. & Parker, C. (December, 2008). *Creating a College Going Environment: Part II*. Presented to Houston ISD secondary school counselors as a part of the College for All Texans Gates Foundation Grant, Houston, Texas (invited).
- Nelson, J. (June, 2008). *Becoming the Leader You Want to Be*. Presented at the Summer Leadership Conference, Huntsville, Texas (invited).
- Nelson, J. (March, 2008). *The School-Wide Cultural Competence Observation Checklist: An Exploratory Study*. Presented at the Annual Conference of the American Counseling Association, Honolulu, Hawaii (refereed).
- Nichter, M., & Nelson, J. (March, 2008). *Using Nonacademic Criteria to Identify Good Candidates for Counselor Education Programs*. Presented at the Annual Conference of the American Counseling Association, Honolulu, Hawaii (refereed).
- Nelson, J. (February, 2008). *Counselors as Leaders of Organizational Change in Culturally and Linguistically Diverse Schools*. Texas Secondary School Counselors' Conference. Galveston, Texas (refereed).
- Nichter, M. & Nelson, J. (2007). *Children of Domestic Violence*. Texas Counseling Association Annual Professional Growth Conference. Corpus Christi, Texas (refereed).
- Nelson, J. & Nichter, M. (2007). *High School Counselors: How to Sail into the Future rather than Drift at Sea..* Texas Counseling Association Annual Professional Growth

- Conference. Corpus Christi, Texas (refereed).
- Nichter, M. & Nelson, J. (October, 2007). *Avoiding Counselor Impairment through the Admissions Process*. Association for Counselor Education and Supervision Conference. Columbus, Ohio (refereed).
- Watts, R., Nelson, J., Henriksen, R., & Eckstein, D. (2007). *Publishing in Professional Journals: Key Issues in Manuscript Preparation and Submission*. Association for Counselor Education and Supervision Conference. Columbus, Ohio (refereed).
- Nelson, J. (June, 2007). *Prickly People and Thorny Problems*. Summer Leadership Conference. Sam Houston State University, Department of Educational Leadership and Counseling. Region VI, Huntsville, Texas.
- Nelson, J. (November, 2006). *Serving Your Profession*. Graduate Student Breakfast. Texas Counseling Association Conference. San Antonio, Texas (invited).
- Nelson, J., Aycocock, S., McLean, H., Merrell, C. & Pickett, S. (November, 2006). *Closing the Achievement Gap: Service-Learning as a Counselor Intervention*. Texas Counseling Association Conference. San Antonio, Texas (refereed).
- Watts, R., Eckstein, D., & Nelson, J. (November, 2006). *Keys to Getting Published*. Texas Counseling Association Conference. San Antonio, Texas (Refereed).
- Nelson, J. & Parker C. (November, 2006). *Closing the Achievement Gap: Principals and Counselors Working Together*. Region VI Fall Administrators' Conference. Huntsville, Texas.
- Nelson, J. & Nichter, M. (September, 2006). *How to Talk so Principals Will Listen*. Texas Counseling Association Directors of Guidance Conference. Austin, Texas.
- Garza, Y., Nelson, J., & Serres, S. (August, 2006). *The Professional Portfolio*. College of Education Workshop. Sam Houston State University. Huntsville, Texas.
- Nelson, J. & Nichter, M. (June, 2006). *Closing the Achievement Gap: Principals and Counselors Working Together*. Texas Association of Secondary School Principals Summer Conference. Austin, Texas (refereed).
- Nelson, J. (June, 2006). *Closing the Achievement Gap: Principals and Counselors Working Together*. Summer Leadership Conference. Sam Houston State University. Huntsville, Texas.
- Nelson, J. (January, 2006). *Counseling Gifted Students*. Presentation to Spring Independent School District Counselors. Spring, Texas.
- Watts, R., Nelson, J., Flowers, J., Walker, K. (November, 2005). *Keys to Getting Published*. Texas Counseling Association Conference. El Paso, Texas (refereed).

### **Work or Professional Experiences**

Assistant Professor	Sam Houston State University	2005 to present
Pool Lecturer	Sam Houston State University	1999 to 2005
Therapist	Assessment & Referral Associates	1998 to 2003
School Counselor	Cypress-Fairbanks ISD-Houston	1987 to 2005
School Counselor	Northside ISD – San Antonio	1984 to 1987
Teacher	Northside ISD – San Antonio	1977 to 1984
Teacher	Killeen ISD – Killeen	1976 to 1977
Teacher	El Campo ISD – El Campo	1973 to 1976
Teacher	Sacred Heart – Austin	1970 to 1972

### **Honors and Awards**

Recipient of the Texas School Counselors Association Counselor, 2009  
Educator of the Year Award

Nominee and finalist for the SHSU College of Education Civic Engagement Award, 2009

Recipient of the Texas Counseling Association Professional Writing Award, 2008

Recipient of a Certificate of Appreciation for High Impact Service (SHSU COE), 2008

Nominee for Texas Counseling Association Professional Writing Award, 2007

Recipient of a Certificate of Achievement from the Texas Center for Service Learning, 2003

Recipient of a Letter of Recognition from the Office of Student Life at Sam Houston State University,  
2003

Recipient of a Letter of Recognition from the Office of Student Life at Sam Houston State University,  
2002

Recipient of a Letter of Recognition for Service as Adjunct Professor at Sam Houston State  
University, 2000

Recipient of the Texas Association for Marriage and Family Therapy Scholarship, 1992

Recipient of a Letter of Recognition from Governor Ann Richards, 1991

**Other Competencies**

President of the Texas Counseling Association	2009-2010
President-Elect of the Texas Counseling Association	2008-2009
Secretary of the Texas Counseling Association	2006-2008
American Red Cross Mental Health Professional Responder	Current