

**Sam Houston State University**  
**Department of Health and Kinesiology**  
**KIN 213: Softball/Volleyball Activity**  
**Monday & Wednesday, 8:00 - 9:30 a.m.**  
**Spring 2008 – HKC 146 (Gym)**

Instructor: Joe Lind

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Office: Johnson Coliseum #234

Phone: 294-3596

Office Hours: 9:30 – 10:30 a.m. M/W or hours arranged

**Description and Objective:**

This course is designed to allow for the average person to gain a greater understanding and respect towards the great game of volleyball. Basic knowledge and history of the sport will be covered, as well as rules and fundamental skills that are necessary to play the game. Advanced skills and techniques to play at a higher level will also be covered. By the end of the course, the student should be able to incorporate the new skills learned in class and apply them in a game situation. *There will be NO Textbook required; each student is responsible for all information presented in class, as it will be covered on the quizzes.*

**Clothing:**

Appropriate clothing to participate in an activity class is required. Shorts/sweatpants along with a t-shirt are more than acceptable. NO JEANS or SLACKS! Gym shoes are also a must. NO marking soles or other inappropriate shoes that don't allow for free movement in a gym will be allowed. *On rainy days, please wipe off your shoes before stepping on the volleyball court, or bring your gym shoes separately.* Knee pads aren't required, yet might come in handy!

**Grading:**

Attendance/Participation:	90 points (6 points/day)
Quizzes:	30 points (10 points each)
Reflection Paper:	15 points
Final Mini Tournament:	15 points

**TOTAL POINTS: 150 points – half of class – Softball Portion**

**NOTE:** Attendance is mandatory, and participation in skill development and playing/game experiences is required to earn all your points for that day. Excused absences will be allowed in extreme cases. Please show up on time! If you are late for class, you will lose half your attendance points for the day. Wearing inappropriate clothing not fit to participate in will automatically result in loss of points for that day. Any student who misses class because of a university activity, religious holiday, family emergency, military obligation prior to the projected missed date. *More than (3) unexcused absences will affect the students' grade accordingly:*

- 4 absences – reduction of one (1) letter grade
- 5 absences – reduction of two (2) letter grades
- 6 absences – reduction of three (3) letter grades
- 7 absences – automatic failure of class

**Tentative Schedule:** (Dates & topics subject to change)

<u>Date</u>	<u>Monday Activity</u>	<u>Date</u>	<u>Wednesday Activity</u>
		1/16	Syllabus/Skill Eval
1/21	<b>NO CLASS (MLK Day)</b>	1/23	History/Rules
1/28	Passing/ <b>QUIZ #1 (Rules)</b>	1/30	Serving
2/4	Serve Receive	2/6	Hitting Progression
2/11	Setting	2/13	Blocking
2/18	Indiv./Team Defense	2/20	<b>QUIZ #2 (Basic Skills)</b>
2/25	Offensive Systems/Plays	2/27	Referee Signals
3/3	<b>QUIZ #3 (Referee Signals)</b>	3/5	<b>Paper Due/Tournament</b>
3/17	Softball Portion of Class starts		

**Disability Statement:**

Students with a disability that affects their academic performance are expected to arrange for a conference with the instructor in order that appropriate strategies can be considered to ensure that participation and achievement opportunities are not impaired may contact the Director of the Counseling Center as chair of the Committee for Continuing Assistance for Disabled students by telephone (ext. 1720).

***STUDENT ABSENCES ON RELIGIOUS HOLIDAYS POLICY***

Section 51.911(b) of the Texas Education Code requires that an institution of higher education excuse a student from attending classes or other required activities, including examinations, for the observance of a religious holy day, including travel for that purpose. A student whose absence is excused under this subsection may not be penalized for that absence and shall be allowed to take an examination or complete an assignment from which the student is excused within a reasonable time after the absence.

University policy 861001 provides the procedures to be followed by the student and instructor. A student desiring to absent himself/herself from a scheduled class in order to observe (a) religious holy day(s) shall present to each instructor involved a written statement concerning the religious holy days(s). This request must be made in the first fifteen days of the semester or the first seven days of a summer session in which the absence(s) will occur. The instructor will complete a form notifying the student of a reasonable timeframe in which the missed assignments and/or examinations are to be completed.