

**SAM HOUSTON STATE UNIVERSITY**  
**Department of Health and Kinesiology**  
**Spring 2008**

KIN 268.01 – Coaching Volleyball  
Office Hours:

Instructor: Mrs. Brenda Gray  
Office: UC 234  
Phone: 294-1736

**Textbook:** None

**Course Description:**

The techniques of coaching volleyball are studied through lecture, demonstration, and practice. These include individual fundamentals, offense and defense, strategy, scouting, practice preparation, etc. To prepare coaches on the administrative duties such as scheduling, rules of the U.I.L., equipment orders, etc.

**Course Content:**

- |   |                         |
|---|-------------------------|
| A. U.I.L. Rules and Regulations (for Volleyball)          | I. Team Defense         |
| B. Coaching Administration                                | J. Drills: Offense      |
| C. Motor Learning/Conditioning/Training/Injury Prevention | Defense                 |
| D. Coaching Categories                                    | K. Team Selection       |
| E. Conditioning Programs                                  | L. Practice Preparation |
| F. Individual Offense Skills                              | M. Statistics           |
| G. Individual Defense Skills                              | N. Scouting             |
| H. Team Offense   | O. Special Situations   |

**Course Evaluation:**

A. Class Participation Required	Exams	50%
B. Notebook	Notebook	10%
C. Periodic Quizzes	Assignments	
30%		
D. Assignments	Unit	<u>10%</u>
E. One Major Test and Final		100%

**Classroom Policy:** No "hats," food/beverages in classroom.

**Attendance:**

Since a large portion of this course is developed through participation, attendance is important.

- 1-2 absences - No penalty
- 3 absences - 1 letter grade deducted from final grade
- 4 absences - 2 letter grades deducted from final grade
- 5 absences - 3 letter grades deducted from final grade
- 6 absences - Fail the course

Unexcused absences on test days will result in a 3 point penalty attached to student's final grade in the course.

***STUDENT ABSENCES ON RELIGIOUS HOLY DAYS POLICY***

*Section 51.911(b) of the Texas Education Code requires that an institution of*

*higher education excuse a student from attending classes or other required activities, including examinations, for the observance of a religious holy day, including travel for that purpose. A student whose absence is excused under this subsection may not be penalized for that absence and shall be allowed to take an examination or complete an assignment from which the student is excused within a reasonable time after the absence.*

*University policy 861001 provides the procedures to be followed by the student and instructor. A student desiring to absent himself/herself from a scheduled class in order to observe (a) religious holy day(s) shall present to each instructor involved a written statement concerning the religious holy day(s). This request must be made in the first fifteen days of the semester or the first seven days of a summer session in which the absence(s) will occur. The instructor will complete a form notifying the student of a reasonable timeframe in which the missed assignments and/or examinations are to be completed.*

**“Students with a disability which affects their academic performance are expected to arrange for a conference with the instructor in order that appropriate strategies can be considered to ensure that participation and achievement opportunities are not impaired.”  
The physically impaired may contact the Director of the Counseling Center, ext. 1720.**