

College of Education Vita

SHERYL A. SERRES

Office Address

Department of Counselor Education
Sam Houston State University
Huntsville, TX 77341-2119
(936) 294-4848

Education

Texas A & M–Commerce	Ph.D.	2004
Sam Houston State University	M.Ed.	1979
East Texas Baptist College	B.S.	1977

Honors

Nominee for 2007-2008 College of Education Outstanding Teaching Award

Academic Positions

Associate Professor, Sam Houston State University (Fall, 2012 to Present)
Assistant Professor, Sam Houston State University (Fall, 2008 to Summer, 2012)
Clinical Professor, Sam Houston State University (Fall, 2005 to Spring, 2008)
Adjunct Professor, Sam Houston State University (Summer, 2005)
Department of Educational Leadership and Counseling

Publications

Refereed

Serres, S. A., & Simpson, C. (2013). Serving educational pie: A multidisciplinary approach to collaborating with families. *Children and Schools, 35*(3), 189-191. doi:10.1093/cs/cdt012

Serres, S. A., Lampe, R. E., Henriksen, Jr., R. C. (2012). A radio call-in program: Opening the hearts of evangelical Christians. In G. R. Walz, J. C. Blevier, & R. K. Yep (Eds.), *Ideas and research you can use: VISTAS 2012*. Retrieved from <http://www.counseling.org/Resources/>

Polonyi, M. A., Henriksen, Jr., R. C., & Serres, S. A. (2011). *A matter of faith: A qualitative study with evangelical Christians*. Retrived from http://counselingoutfitters.com/vistas/vistas11/Article_102.pdf

Nelson, J. A., Kirk, A. M., Ane, P., & Serres, S. A. (2011). Religious and spiritual values and moral commitment in marriage: Untapped resources in couples' counseling? *Counseling and Values, 55*(2), 228-246.

- Polonyi, M. A., Serres, S. A., & Henriksen, Jr., R. C. (2010). The Christian experience: Evangelical perspectives. *Faith & Therapy, 4*(5). Retrieved from http://www.regent.edu/acad/schcou/faithandtherapy/archives/10_10.cfm
- Serres, S. A. (2010). Applying research to build healthy families: An interview with Les and Leslie Parrott. *The Family Journal, 18*(4), 443-447.
doi:10.1177/1066480710372918
- Nichter, M., Li, C., & Serres, S. (2008, June). A study of ASCA national standards in Texas schools. *International Journal of Educational Leadership Preparation, 3*(2). Retrieved from <http://cnx.org/content/m16613/latest>
- Li, C., Eckstein, D., Serres, S., & Lin, Y. (2008). Six thinking hats for group supervision with counselor interns. *Journal of Humanity and Social Science, 2*(2). Retrieved from <http://www.scientificjournals.org/journals2008/articles/1385.pdf>
- Kirk, A. M., Eckstein, D., Serres, S. A., & Helms, S. G. (2007). A dozen commitment considerations for couples. *The Family Journal, 15*(3), 271-276.
- Li, C., Trusty, J., Nichter, M., Serres, S., & Lin, Y. (2007). Non-academic behavioral indicators of student impairment: A survey of CACREP accredited master's level counseling programs. *Journal of Education and Human Development, 1*(2). Retrieved from <http://www.scientificjournals.org/journals2007/articles/1121.pdf>
- Ritter, C. & Serres, S. (2006). Counselors' perceptions of their leadership roles in schools. *Professional Issues in Counseling*. Retrieved from <http://www.shsu.edu/~piic/fall2006/serres.html>

Books

Book Chapters

- Kirk, A., Eckstein, D., Serres, S., & Helms, S. (2012). A dozen commitment considerations for couples: In D. Eckstein (Ed.), *The Couple's match book: Techniques for lighting, rekindling, or extinguishing the flame* (pp. 251 – 263). North America and International: Trafford Publishing. (This is reprinted from the Family Journal, 2007.)
- Serres, S. A. (2012). You are my sunshine: Honoring my parents, Sid and Martha Serres: in D. Eckstein (Ed.), *The Couple's match book: Techniques for lighting, rekindling or extinguishing the flame* (pp. 541 – 547). North America and International: Trafford Publishing.
- Serres, S. A., & Nelson, J. A. (2011). Professional school counselor. In C. Simpson and J. Bakken (Eds.), *Collaboration: A multidisciplinary approach to educating students with disabilities* (pp. 237–252). Waco, TX: Prufrock Press.

Non-refereed

- Serres, S. & Skidmore, S. T. (2011, August). Collaborative teaching in assessment: Two heads are better than one. *News Notes, Association for Assessment in Counseling and Education Newsletter*, 51(2), 10-11.
- Serres, S. (2011, April). Demystifying assessment tools. *News Notes, Association for Assessment in Counseling and Education Newsletter*, 51(1), 4-5.
- Serres, S. (2009, October). The broad world of assessment. *Texas Association of Assessment in Counseling Newsletter*.
- Serres, S. A. (2009, November). Vital issues call-in program: A public service. *Broadcaster, KHCB Christian Radio Network Newsletter*, 1 & 4.
- Serres, S. (2008, September). Honor the elderly: It's good for the young. *The TAADA Communicator, Texas Association for Adult Development and Aging Newsletter*.
- Serres, S. (2007, Fall). Mentoring memories. *Juncture, Texas Association of Counselor Educators and Supervisors Newsletter*.
- Serres, S. (2007, February). Climate setters and go getters. *Spring Creek Counseling Association Newsletter*.
- Serres, S. (2007, Summer). Mentor and friend: Dr. Susan Adams. *Juncture, Texas Association of Counselor Educators and Supervisors Newsletter*.
- Finegan, J. & Serres, S. (2007, Spring). Encouraging self-awareness. *Juncture, Texas Association of Counselor Educators and Supervisors Newsletter*.
- Serres, S. (2006, Fall). Dollar store supervision. *Juncture, Texas Association of Counselor Educators and Supervisors Newsletter*.
- Serres, S. A., (2004). Characteristics, motivations, and perceptions of listeners to a call-in program featuring mental health professionals on a Christian radio station. *Texas A&M-Commerce*.
- Serres, S. A., (2002). Tangible tools in supervision. *Juncture, Texas Association of Counselor Educators and Supervisors Newsletter*, 15(2).
- Serres, S. A., (2001). Book review: Crisis intervention and trauma response: Theory and practice. *Journal of the Texas Counseling Association*, 29, 169-170.
- Serres, S. A., (2000). *The perceived need for counseling services by college students and faculty of a small Southern private university*. Unpublished manuscript.
- Serres, S. A., (1984). *A comparison of learning disabled and regular students*. Unpublished manuscript.

Professional Presentations

National/International

Refereed

- Serres, S., Li, C., & Ellis, D. (2014, October). *How religious and spiritual values influence commitment in marriage*. Poster session presented at the National Christian Counseling Conference, Branson, MO.
- Story, C., Serres, S., & Li, C. (2014, October). *Spirituality in counseling: Counselor approach when addressing spiritual issues*. Poster session presented at the National Christian Counseling Conference, Branson, MO.
- Williams, S., & Serres, S. (2013, September). *Teaching assessment in counseling: From laborious learning to cheerful child's play*. Presented at the Annual Conference of the Association for Assessment in Research and Counseling, Houston, TX.
- Healey, A., & Serres, S. (2011, September). *Professional identity development: Mentoring and assessment*. Presented at the Annual Conference of the Association for Assessment in Counseling and Education, Ft. Worth, TX.
- Serres, S. (2011, April). *Counseling in the media: Opening the hearts of evangelical Christians*. Poster session presented at the International Conference of the Christian Association for Psychological Studies, Indianapolis, IN.
- Serres, S. (2010, August). *Commitment in marriage: Rooted in religion*. Presented at the Annual Conference of the Association for Spiritual, Ethical and Religious Values in Counseling, Myrtle Beach, SC.
- Serres, S. (2010, August). *Giving away our message: Helpful or harmful?* Presented at the Annual Conference of the Association for Spiritual, Ethical and Religious Values in Counseling, Myrtle Beach, SC.
- Parker, C., Serres, S., Nichter, M., & Watts, R. (2009, August). *Administrators and counselors: Dynamic leadership for exemplary schools*. Presented at the Annual Conference of the National Council of Professors of Educational Administration, San Antonio, TX.
- Erdman, S. P., & Serres, S. A. (2001, March). *ADHD: An integrative assessment and intervention model*. Presented at the Annual Conference of the American Counseling Association, San Antonio, TX.

State/LocalRefereed

- Story, C., Serres, S., Li, C., & Ellis, D. (2014, November). *Addressing spirituality in counseling*. Presented at the 58th Annual Professional Growth Conference of the Texas Counseling Association, Dallas, TX.
- Liang, Y., Serres, S., & LaGuardia, A. (2012, November). *Speechless parrots: Exploring voicelessness of Chinese international wives in the United States*. Presented at the 56th Annual Professional Growth Conference of the Texas Counseling Association, Galveston, TX.
- Serres, S., & Johnson, G. (2011, November). *Christian counseling: An update on a confusing yet often solicited specialty in counseling*. Presented at the 55th Annual Professional Growth Conference of the Texas Counseling Association, Ft. Worth, TX.
- Serres, S., & Li, C. (2010, November). *Demystifying assessment tools*. Presented at the 54th Annual Professional Growth Conference of the Texas Counseling Association, Austin, TX.
- Serres, S., & Li, C. (2009, November). *Psychological first aid: Helping individuals in crisis*. Presented at the 53rd Annual Professional Growth Conference of the Texas Counseling Association, Dallas, TX.
- Serres, S., Nelson, J., Ane, P., & Kirk, A. (2008, November). *Til death do us part: Exploring the meaning of commitment in marriage*. Presented at the 52nd Annual Professional Growth Conference of the Texas Counseling Association, Houston, TX.
- Eckstein, D., Li, C., Serres, S., & Lin, Y. (2008, November). *Colorful hats: A fun way to conduct group supervision*. Presented at the 52nd Annual Professional Growth Conference of the Texas Counseling Association, Houston, TX.
- Serres, S., & Sinclair, V. (2007, November). *Veteran's Day: Bridge between school and community and between generations*. Presented at the 51st Annual Professional Growth Conference of the Texas Counseling Association, Corpus Christi, TX.
- Serres, S., & Sinclair, V. (2007, November). *Silver boxes: A fun character development program*. Presented at the 51st Annual Professional Growth Conference of the Texas Counseling Association, Corpus Christi, TX.
- Ritter, C., & Serres, S. (2006, September). *Leadership: The new role for counselors*. Presented at the Research Conference on Teacher Education, San Antonio, TX.

Criswell, R. J., & Serres, S. A. (2002, November). *Counseling in play: What works with 4th and 5th grade children*. Presented at the 46th Annual Professional Growth Conference of the Texas Counseling Association, Austin, TX.

White, R. A., Serres, S. A., & Crews, C. R. (2000, November). *Who wants to be a million dollar lawsuit loser?* Presented at the 44th Annual Professional Growth Conference of the Texas Counseling Association, Houston, TX.

Invited Lectures and Non-Refereed

Serres, S. A., & Johnson, G. (2012, October) *Christian Counseling 101*. Presented at the SHSU Student Chapter of Christian Counselors workshop. The Woodlands Center, The Woodlands, TX.

Serres, S. A., & Watts, R. E. (2012, June). *Addressing spiritual and religious issues and values in counseling*. Presented at the Spring Creek Counseling Association Summer Workshop, Kingwood, TX.

Serres, S. (2009, October). *Eating disorders: A scary psychological illness*. Presented for the Chi Sigma Iota Workshop, Huntsville, TX.

Serres, S., & Nichter, M. (2009, February). *Ethical practices for multicultural counseling: Picturing yourself with others*. Presented for the Texas Association for Multicultural Counseling and Development Annual Workshop, The Woodlands, TX.

Nichter, M., and Serres, S. (2008, April). *Ethical practices for professional counselors*. Presented at the North Harris Montgomery College District Counselor In-service Training, The Woodlands, TX.

Serres, S. (2007, August). *Groups: A great idea*. Presented for the Aldine ISD Counselor In-service Training, Houston, TX.

Serres, S. A., & Casto, V. C. (2004). *Stress management*. Presented for the Staff Development Day, Texas A&M University-Commerce, Commerce, TX.

White, R. A., Serres, S. A., & Crews, C. R. (2001). *Ethics a la chocolate... Who will be the millionaire winner?* Presented for the Northeast Texas Counseling Association, Mt. Pleasant, TX.

Serres, S. A. (2000, February). *Children and attention deficit disorder*. Presented at the Annual Murphy Day Conference, Commerce, TX.

Serres, S. A., (1994, July). *Assessment in counseling*. Presented at the Greater Houston Area Christian Counselors of Texas Workshop, Houston, TX.

Professional Memberships (past and present)

American Association of Christian Counselors (AACC)

American Counseling Association (ACA)

Association for Spiritual, Ethical, and Religious Values in Counseling
(ASERVIC)

Christian Association for Psychological Studies (CAPS)

Christian Counselors of Texas (CCT)

Spring Creek Counseling Association (SCCA)

Texas Association for Assessment in Counseling and Education (TAACE)

Texas Association of Counselor Educators and Supervisors (TACES)

Texas Counseling Association (TCA)

Text and Academic Authors Association (TAA)