



All Guides are in ".PDF," Acrobat format and can be opened with the [Acrobat Reader](#).

All Movies are in ".SWF," Flash Movie format and can be viewed with [Macromedia's Flash Player](#).

Resources

Training

[Training Courses](#)
[Training by Appointment](#)
[Training Calendar](#)
[Software Guides](#) (Self-paced)

Technology News

Catch up on the latest technology news! Read this month's [Information Resources Update](#).

Web Help

Looking for web page creation tips? Visit webdev.shsu.edu, your web creation resource.

HELPDESK AT SAM HOUSTON STATE

Academic Building 1 (AB1) Room 208
 E-mail helpdesk@shsu.edu
 Telephone

- 936.294.1950
- From 8-5 M-F, dial toll-free: 866-bearkat, ask for the Helpdesk
- From Houston local calling zone, dial toll-free: 281-657-6416 press 1 for the extension and 41950.

Getting Started

How-to's on computer account activation, registration, credit card payment and much more.

[Accessibility \(Web\) Keeping Your Web Site Accessible](#)

[Adding Printers](#)
[Adding RSS Feeds in Outlook 2007](#)
[Adobe Acrobat](#)
[Adobe Indesign](#)
[Adobe Photoshop](#)
[Alumni E-Mail](#)
[Blackboard](#)
[Cisco IP Phones](#)
[CD Burning](#)
[Class Rosters - Moving them to Excel](#)
[Computer Resource Guide](#)
[Connecting Network Shares](#)
[Corel WordPerfect](#)
[Dreamweaver \(setup for your personal space\)](#)
[Document Imaging/Management](#)
[E-Mail Setup](#)
[File Maker Pro](#)
[Forwarding SHSU E-Mail to Another Address](#)
[FTP General Guide and Programs](#)
[Higher Ed 101](#)
[Image Resizing and Optimization](#)
[Instant Messaging](#)
[Internet Explorer \(Web Browser\)](#)
[ITV Room Guides](#)
[Laptop Computer Orientation](#)
[LISTSERV Guide](#)
[Macintosh VPN Connection](#)
[Macromedia Captivate](#)
[Macromedia Contribute 2 \(Manage your web content\)](#)
[Macromedia Dreamweaver \(Web Design\)](#)
[Mapping Network Drives](#)
[Mail Merge](#)
[Microsoft Access](#)
[Microsoft Excel](#)
[Microsoft Outlook](#)
[Microsoft Outlook Express](#)
[Microsoft PowerPoint](#)
[Microsoft Word](#)

Computing Orientation

The A-Z of your computer account, residence hall, our wireless network and much more.

Guide Navigation

Need a how-to on the how-tos? Read the SHSU Software Guides Guide to help you get started.

Protect Your PC

Keep your computer safe from worms and virus attacks. Visit the PC Patching & Cleaning page.

Profile Weight Loss Plan

Taking a while to get into your computer account? Try reducing the size of your Roaming Profile.

Microsoft Office 2007

Resources and tips for the new Microsoft Office programs.

- [Mozilla Firefox](#)
- [Mozilla Thunderbird](#)
- [Paint Shop Pro](#)
- [Permissions for public_html Folder](#)
- [Phone System Guide](#)
- [Residence Hall Setup](#)
- [Remote.shsu.edu](#)
- [Respondus](#)
- [SamMail](#)
- [SamMenu](#)
- [SamWeb \(PDF Printing\)](#)
- [Scanner Software](#)
- [Spam Filtering \(Clean out your inbox!\)](#)
- [SPSS Standalone Installation Instructions](#)
- [Virus Scanning](#)
- [Wireless Setup Information](#)
- [Work Order System](#)
- [Zipping/Compressing Files & Folders](#)