

Name Katherine Castillo  
Title Teaching Assistant  
Department Psychology  
College Social Sciences

### Degrees Earned

BA, Psychology, Texas Lutheran University, 2005

### Peer-Review Presentations/Posters

**Castillo, K. D.** (November, 2007). *The Relationship of Caregiving Style, Coping, Benefit Finding, and Grandchild Symptoms to Custodial Grandparent Psychological Adjustment*. Poster presented at the Texas Psychological Association Convention, San Antonio, TX.

Gurley, J., Henderson, C. E., Sanders, L., & **Castillo, K.** (August, 2007). *A time-limited intervention for families of divorce*. Poster presented at the Annual Meeting of the American Psychological Association, San Francisco, CA.

Miller, R. S., Bone, K. L., Bye, K. S., **Castillo, K. D.**, Janke, C. N., & Urban, S. L. (May, 2007). *A new measure of attention to relationship alternatives*. Paper presented at the meeting of the Association for Psychological Science, Washington, DC.

**Castillo, K. D.** (April, 2005) *How Personality Affects Receptiveness to Ropes as a Therapeutic Technique*. Poster presented at the Southwestern Psychological Association Convention, Memphis, Tennessee.

### Work or Professional Experiences

- The Center for Health Care Services Student Inter.....Summer, 2004  
Assisted a ropes course facilitator lead team-building workshops and small group therapy sessions for at-risk children and adolescents.
- Burgess Alternative School Mentoring Program..... Fall, 2004  
Mentored a middle school student for two hours a week, focusing on self-esteem building and anger management.
- Motivational Interviewing (MI) 2-Day Training Workshop.....Fall, 2006  
Attended workshop funded by A Star of Hope/Baylor College of Medicine to provide an overview of MI background and techniques.
- Family Transitions Coordinator.....Spring-Summer, 2007  
Helped coordinate six-week support group for families going through divorce.

- Student Clinician for Family Transitions Divorce Group.....Fall, 2007  
Co-facilitated a six-week support group for children whose parents are divorcing.
- Practicum Intern Clinician,
- Montgomery County Adult Probation in Willis, TX.....Fall, 2007  
Responsible for individual therapy sessions  
Co-facilitator of a therapeutic group

### **Honors and Awards**

- Deans' List.....Fall 2002, Fall 2003,  
Spring 2004, Fall 2005
- Provost's List.....Fall 2004, Spring 2005
- Aid Association for Lutherans Scholarship recipient .....Fall 2002, Fall 2003,  
Fall 2004, Fall 2005
- Hispanic Scholarship recipient .....Spring 2002, Spring 2003,  
Spring 2004
- Pace-Setter Scholarship recipient.....Fall 2002
- Clinical Psychology Department Research Award.....Summer, 2007