

Name: **Claudia V. Sealey-Potts PhD, RD, LD.**  
Title: Assistant Professor & DI Director  
Department: Family and Consumer Science  
College: Humanities and Social Sciences

### Degrees Earned

- Ph.D., Nutrition and Food Science (2003); Auburn University, Auburn, Alabama.
- Master of Science, Nutrition and Food Science (1998), Auburn University, Alabama
- Bachelors of Science, Nutrition and Food Science (1993), Auburn University.
- Post Baccalaureate, Certificate & Verification Statement, Dietetic Internship Program, (1995) University of Michigan, Ann Arbor, Michigan.

### Professional Licensure and Certifications

Registered Dietitian (RD) with the American Dietetic Association's Commission on Dietetic Registration (CDR)

Licensed Dietitian (LD) by Texas State Board of Examiners of Dietitians

### Peer-Review Publications and Artistic Performances/Exhibitions

#### Articles

- **Sealey-Potts C**, Alfaro V, Horine S, Kallus K. Supersizing: Portion Confusion among College Students. *Journal of Family and Consumer Science (JFCS)*. 2009; 101(2):18-22.
- **Sealey-Potts C**. Actual and Perceived Risks for Developing Type 2 diabetes among College Adults. *J Am Diet Assoc.*2009;109(9):A98.
- **Sealey-Potts C**, Hougen K, Ferriola C, Linehan D. Nutrition Knowledge, Body satisfaction and Dietary Intake of College Students. *J Am Diet Assoc.*2009;109(9):A24.
- **Sealey-Potts C**. Prevalence of Micronutrient Malnutrition among Preschool Children in Tobago. *J Am Diet Assoc.*2009;108(9):A24.
- **Sealey-Potts, C**, Canales M, Matejcek A, Kroiss K. Nutrition Facts Label Use, Restaurant Choices, and Fat Intake among Adults. *TAFCS Research Journal*. 2008;1(1):32-33.
- **Sealey-Potts, C**, Tripp P, Bockhorn-Marvin B, Mahoney K, Parker C. Consumer's Knowledge and Perceived Understanding of MyPyramid 2005: A Challenge for Nutrition Educators in Texas. *TAFCS Research Journal*. 2008;1(1):34-36.
- **Sealey-Potts, C**, Kooi, K. College students' Knowledge of Diet and Nutrition to Oral Health. *J Am Diet Assoc.*2008;108(9):A111
- **Sealey-Potts, CV**, Bockhorn, B, Mahoney, K, Parker, C. Consumers' Knowledge and Perceived understanding of MyPyramid 2005. *J Am Diet Assoc.* 2007;107(8):A 101.
- **Sealey-Potts, CV**, Bottego JT, Lopez GL. Weight and nutrition-related behavior changes experienced by first time college students living away from home. *J Am Diet Assoc.* 2006;106(8):A20.

#### Books

- **Sealey-Potts, Claudia Victoria**. *Feeding practices, growth status and nutrition-related factors of preschool children living in Tobago. Dissertation, Auburn University, AL., USA. (November 2003)*
- **Sealey-Potts, Claudia Victoria**. *Nutrition-related knowledge, behaviors and readiness to change among limited-resource adults in Alabama MS Thesis, Auburn University, AL., U.S.A. (June 1998)*

- Struempfer B. and **Sealey-Potts C.** *Let's Eat: Nutrition Education Series for Adults*, 1995 (revised edition 1996).
- Struempfer B. and **Sealey-Potts C.** *Good Food Good Health: Nutrition Education Series for the Elderly*, 1995(revised edition 1996)
- Struempfer B. and **Sealey-Potts C.** *Food Demonstration Packet*, 1995.
- Streumpfer B., **Sealey-Potts C.**, and Derrig J. A 2-volume *Nutrition Activities Source Book for Ages K through Adults* . Vol. 1 and Vol. 2. 1995.

## Chapters

### Peer-Review Proceedings

- **Sealey-Potts C.** Actual and Perceived Risks for Developing Type 2 diabetes among College Adults. Presented at the ADA's Annual Conference Proceedings, FNCE, Colorado October 2009.
- **Sealey-Potts CV**, Pegus, JA, Adeleye, B. *African-Americans' Dietary lifestyle: Health Implications, Community Intervention and Outcomes*. An Educational Session published in *Annual Conference proceedings*, FNCE, Chicago, Illinois. October 27, 2008
- **Sealey-Potts C**, Fellers R. Prevalence and socio-demographic Associations of Malnutrition among Preschool Children in Tobago. ICD 2008;September 8-11: Yokohama Japan. Published in conference Proceedings (Community Nutrition) Page 132.
- **Sealey-Potts CV**, Kirmani Z. *Modern Food Technology: How Has It Affected Human Health And Food And Nutrition?* An Educational Session to be presented at AAFCS 99<sup>th</sup> Annual Conference and Expo "Evolving Technology: Impacts on Individuals, Families, and Communities" held in Milwaukee, WI, June 19, 2008. Published in Annual Conference Proceedings & online at [www.aafcs.org/meetings/08/june\\_2008\\_Presenter](http://www.aafcs.org/meetings/08/june_2008_Presenter)
- **Sealey-Potts CV**, Tripp P. Consumers' Knowledge and Perceived Understanding of MyPyramid 2005: A Challenge for Nutrition Educators in Texas. *Published in Annual Conference proceedings*, TAFCS, February, 2008.
- **Sealey-Potts, CV**, Bockhorn, B, Mahoney, K, Parker, C. Consumers' Knowledge and Perceived understanding of MyPyramid 2005. Presented on October, 2, FNCE 2007, Philadelphia. *Published in Annual Conference proceedings*.
- **Sealey-Potts, CV**, *Weight changes and nutrition-related behavior changes experienced by College students at SHSU*. Food and Nutrition conference and Exhibition (FNCE), Hawaii, September 2006; *published in Annual Conference proceedings*.
- **Sealey-Potts C** , **Fellers R**. *Relationship of socioeconomic measures and specific child-feeding practices of parents with preschool children living in a Caribbean community*. ICD, May 2004, Chicago. *Published in Conference proceedings*.

### Funded External Grants

- **Sealey-Potts, CV**, Burleson, LK, Kirmani, Z, Tripp, PJ, & White, JH (12/07-12/08). *Consumer Awareness of Low-cost/No-cost Energy Management*. Received \$8,000 from Entergy, Inc.

### Peer-Review Presentations/Posters

- Hougén K, **Sealey-Potts C**, Ferriola C, Linehan D. Nutrition Knowledge, Body satisfaction and Dietary Intake of College Students. Presented at the ADA's Annual Conference Proceedings, FNCE, Colorado October 2009.
- **Sealey-Potts C**. Prevalence of Micronutrient Malnutrition among Preschool Children in Tobago Presented at the ADA's Annual Conference Proceedings, FNCE, Colorado October 2009.

- **Sealey-Potts CV**, Tripp P. Consumers' Knowledge and Perceived Understanding of MyPyramid 2005: A Challenge for Nutrition Educators in Texas. To be presented in Addison, Dallas, TX. at TAFCS, February 28, 2008.
- **Sealey-Potts CV**, Kirmani Z. *Modern Food Technology: How Has It Affected Human Health And Food And Nutrition?* An Educational Session to be presented at AAFCS 99<sup>th</sup> Annual Conference and Expo "Evolving Technology: Impacts on Individuals, Families, and Communities" held in Milwaukee, WI, June 19, 2008.
- **Sealey-Potts CV**, Pegus, JA, *African-Americans' Dietary lifestyle: Health Implications, Community Intervention and Outcomes* to be presented at ADA's annual, FNCE, Chicago, October 27, 2008
- **Sealey-Potts C - Healthy meals, less energy use for low income individuals**; presented two lectures at the Entergy Summit: Huntsville, TX. Session entitled "Consumer Awareness of Low Cost, No Cost Energy Management" September 13, 2007.
- **Poster Presentation: Sealey-Potts, CV**, Bockhorn, B, Mahoney, K, Parker, C. Consumers' Knowledge and Perceived understanding of MyPyramid 2005. Presented on October, 2, FNCE 2007, Philadelphia.
- **Poster Presentation: Sealey-Potts, CV**, *Weight changes and nutrition-related behavior changes experienced by College students at SHSU*. Food and Nutrition conference and Exhibition (FNCE), Hawaii, September 2006.
- **Poster Presentation: Sealey-Potts, C and Fellers R**. *Relationship of socioeconomic measures and specific child-feeding practices of parents with preschool children living in a Caribbean community. ICD, May 2004, Chicago.*

#### Work or Professional Experiences

- **Assistant Professor and Director of Dietetic Internship Program**: Sam Houston State University, Huntsville, TX. 2005 to present.
- **Graduate Advisor** for Graduate students in the Department of Family and Consumer Sciences. 2005 - present
- **Lecturer and Director of Dietetic Internship Program**: Sam Houston State University Huntsville, Texas. January – December 2004
- **Graduate Teaching Assistant**: Auburn University, Auburn AL., 2001-2003.
- **Lecturer and Coordinator**: University of the West Indies (UWI), St. Augustine, Trinidad, 1999-2000. Directed and coordinated the first dietetic internship program implemented by UWI - the Diploma in Institutional Dietetics and Internship Program
- **Part-time lecturer**: University of the West Indies, St. Augustine, Trinidad (1998-1999).
- **Nutritionist**: Tobago North District, Tobago Regional Health Authority (TRHA), Armstrong Building, Scarborough Tobago (December, 1998 to 1999)
- **Senior Dietitian**: Port-of- Spain General Hospital, North West Regional Health Authority, Port-of-Spain, Trinidad. Republic of Trinidad and Tobago (August, 1998 to November, 1998)
- **Dietitian**: Caura Chest Hospital, Caura, and Port-of-Spain General Hospital, Trinidad. Republic of Trinidad and Tobago (July, 1998 to August, 1998)
- **Graduate Research Assistant**: (September 1995 - June 1998)

- **Dietetic Intern:** University of Michigan Hospitals, Ann Arbor, Michigan, U.S.A. (September 1994 to July, 1995). Successfully completed over 1700 hours of general practice in the Dietetic Internship Program.
- **Dietitian:** Mount Hope Women's Hospital, Mount Hope Trinidad. Republic of Trinidad and Tobago (January 1994-August 1994 and August 1995)

### **Honors and Awards**

- Outstanding Performance in Teaching: Teaching Achievements in Family and Consumer Sciences Award - College of Humanities and Social Sciences, Sam Houston State University, **2006-2007 and 2005-2006** academic years
- WHO's WHO among teachers in America for academic year **2004-2005**
- WHO's WHO among students in Colleges for the **1991** academic year
- Initiated on December 12, 1993 into the ALPHA NU Chapter of KAPPA OMICRON NU, the National Honor Society Human Sciences
- PAHO/WHO Nutrition Fellowship: Ministry of Health T&T (1994)
- Auburn University Graduate Research Fellowship, 2000-2003.

### **Other Competencies**

- Program and Book reviewer, CAPE Food and Nutrition Syllabus, Caribbean Food and Nutrition Examinations. 2009-present.
- Co-Chair AAFCS, CUR research 2009-2011.
- ADA Evidence Analyst: (Research Analyst ) American Dietetic Association. January, 2008-present.
- Co-Chairman of the Education and Research Committee, NOBIDAN, 2007 to present.
- President, Tall Pines Dietetic Association: 2008-2009
- Membership Committee Board, Texas Dietetic Association(TDA) 2008-present.
- Textbook reviewer, Food Fundamentals, 8<sup>th</sup> Ed. Mc Williams, M. Pearson/Prentice Hall, , publishers, June, 2007.
- President-Elect Tall Pines Dietetic Association: 2007 – 2008
- Advisory Board and Planning Committee for Diabetes Coalition, Walker County (2004-present)
- Advisory Board Member for Greater East Texas Community Action Program (GETCAP) 2005-present) Involved in community planning for all Headstart Programs in Greater East Texas.