

Le'Ann L. Solmonson
Adjunct Professor
Educational Leadership and Counseling
College of Education

Degrees Earned

- **Ph.D. in Counselor Education**, Sam Houston State University, Huntsville, Texas, 2006
DISSERTATION: *Service-Learning: A Pedagogy for Developing Civic Character*
- **Principal certification coursework**, University of Houston, 2002
- **Master of Arts**, Professional Counseling, University of Texas of the Permian Basin, 1993.
THESIS: *Children with Exceptional Classroom Behavior and Parental Use of Reasoning*
- **Bachelor of Science**, Elementary Education, University of North Texas, 1982.

Professional Licensure and Certifications

- ÿ Licensed Professional Counselor, #13571, 1996
- ÿ Licensed Professional Counselor Board Approved Supervisor, 2004
- ÿ Professional Texas Education Certification
 - ÿ Classroom Teacher, K – 8, 1982
 - ÿ Counselor, 1992
 - ÿ Principal, 2003
- ÿ Developing Capable People, Certified Trainer, 1995
- ÿ Certified Online Instructor, 2007

Peer-Review Publications and Artistic Performances/Exhibitions

Articles

- Solmonson, L. L. (2009). Cultural Variations in Parenting and Implications for the Counseling Professional, *Michigan Journal of Counseling: Research, Theory, and Practice*, 35 (2) 12-19.
- Solmonson, L. L. (2009). Dorothea Dix. *International Encyclopedia of Revolution and Protest*, Immanuel Ness (Ed.). Indianapolis, IN: Wiley-Blackwell.
- Solmonson, L. L. (2004). *The Impact of Maternal ADHD Symptoms on Parenting Behavior*, University Graduate Research Exchange Yearbook 2004, Sam Houston State University Press

Books

- Solmonson, L.L., Mullener, W.R., & Eckstein, D.G. (2009). *A thematic perspective to lifespan development*. El Cajon, CA: National Social Science Press.

Peer-Review Presentations/Posters

- Solmonson, L. (2009). *Developing advocacy skills*. Association for Counselor Education and Supervision, San Diego, CA, October 18, 2009 (referred)
- Solmonson, L. (2009). *A heuristic model for ethical decision-making*. Texas Directors of Guidance Conference, Austin, TX, September 13, 2009. (referred)
- Solmonson, L. (2009) *Self care for mothers of preschoolers*. Nacogdoches Mothers of Preschoolers, September 24, 2009. (invited)
- Solmonson, L. (2009). *Culturally relevant ethical decision making*. Spring Creek Counseling Association, Kingwood, TX, June 23, 2009. (invited)
- Solmonson, L. (2008). *Legal and ethical issues related to school counseling supervision*, Texas Counseling Association Conference, Houston, Texas, November 8, 2008.

- (referred)
- Solmonson, L. Roaten, G., & Sawyer, C. (2008). *Emerging counselors regarding the hiring practices of school counselors*, Texas Counseling Association Conference, Houston, Texas, November 7, 2008. (referred)
 - Solmonson, L. (2008). *Accountability in school counseling*, Deep East Texas College Tech Prep Partnership School Counselor Workshop, Nacogdoches, Texas, October 31, 2008. (invited)
 - Solmonson, L. (2009). *United we stand*, Marriage Matters Program, Grace Fellowship, Katy, Texas (invited)
 - Solmonson, L. (2009). *Why your children need limits*, Mothers of Preschoolers, First United Methodist Church, Nacogdoches, TX, September 11, 2008 (invited)
 - Solmonson, L. (2008). *Accountability in school counseling*, Texas Directors of Guidance Conference, Austin, Texas, September 22, 2008. (referred)
 - Solmonson, L. (2008). *Accommodations or real world skills?* Texas Counseling Association Elementary School Counselors Conference, Galveston, Texas, April 14, 2008 (referred)
 - Solmonson, L. (2008). *Psychological disorders and their vocational implications*, Meeting the Challenges of Social Change, SFA/TRCA Conference, April 11, 2008 (invited)
 - Killam, W., Monk, P., & Solmonson, L. (2008). *Assisting adults in making positive life changes during mid-life transitions: A panel discussion*, American Counseling Association Annual Conference, Honolulu, Hawaii, March 28, 2008 (referred)
 - Solmonson, L. (2008). *Accommodations or real world skills?*, Texas Counseling Association Secondary School Counselors Conference, Corpus Christi, Texas, February 18, 2008 (referred)
 - Killam, W., & Solmonson, L. (2007) *High school and college counselors working together providing realistic expectations*, Texas Counseling Association Conference, Corpus Christi, Texas, November 9, 2007 (referred)
 - Solmonson, L. (2007). *Accommodations or real world skills?* Texas Counseling Association Conference, Corpus Christi, Texas, November 8, 2007 (referred)
 - Solmonson, L. (2007). *Professional ethics and the wellness model* Sigma Phi Alpha Chapter of Chi Sigma Iota Wellness Conference, Nacogdoches, Texas, October 27, 2007 (invited)
 - Solmonson, L. (2007) *What is wellness and why should I care?* Sigma Phi Alpha Chapter of Chi Sigma Iota Wellness Conference, Nacogdoches, Texas, October 27, 2007 (invited)
 - Solmonson, L. (2007). *Graduate school forum panelist*, Stephen F. Austin State University, October 2007 (invited)
 - Solmonson, L. (2007). *School counselor network workshop*, SFA School Counseling Program and Deep East Texas College Tech Prep Partnership Workshop, Nacogdoches, Texas, September 21, 2007 (invited)
 - Solmonson, L. (2007). *Adult ADHD: Why can't I get it all together?* SFA/TRCA/TRA 12th Annual LPC/CRC Workshop, Nacogdoches, Texas, April 20, 2007 (invited)
 - Solmonson, L. (2007). *Are you culturally relevant?* Texas Counseling Association Secondary School Counselors Conference, Austin, Texas, February 2007 (referred)
 - Solmonson, L. (2006). *Intervention strategies for children and adolescents*, Huntsville, Texas, November 2006 (invited)
 - Solmonson, L. (2006). *Graduate school forum panelist*, Stephen F. Austin State University, October 2006 (invited)
 - DeTrude, J., Nichter, M., Solmonson, L., Lomas, G., Monk, P., Baeza, S., & Causey, M. (2005). *Trailblazers: Stories from a new doctoral program*, Association for Counselor

- Education and Supervision, Pittsburgh, Pennsylvania, October 2005 (referred)
- Nichter, M., Solmonson, L., Lomas, G., Monk, P., Baeza, S., & Causey, M. (2005). *The impact of international study experiences on counselor education doctoral students*, Association for Counselor Education and Supervision, Pittsburgh, Pennsylvania, October 2005 (referred)
- Solmonson, L. (2005). *Identification and prevention of burnout in volunteers*, Red Cross Hurricane Relief Shelter, September 2005 (invited)
- Solmonson, L. (2005). *School counseling 101*, Professional Development Workshop, Humble, Texas, April 2005 (invited)
- *Creating a Laboratory for Democracy: An Overview of the First Amendment Schools Project*, Houston Chapter of the Texas Association for Supervision and Curriculum Development, April 2005
- Solmonson, L. (2004). *Teaching the culture of a nontraditional school*, Coalition of Essential Schools Fall Forum, San Francisco, California, November 2004 (referred)
- Solmonson, L. (2004). *Multicultural variations in parenting*, Sam Houston State University Graduate Program, July 2004. (referred)
- Solmonson, L. (2004). *The impact of maternal ADHD symptoms on parenting behavior*, Sam Houston State University Graduate Research Exchange, April 2004 (referred)
- Solmonson, L., Gaehring, K.C., & McCann, N. (2004). *Moving from victim to survivor: Increasing resiliency in children*, Texas Association of Marriage and Family Therapists Conference, Houston, Texas, February 2004. (referred)
- Solmonson, L. (2003). *Managed care and ethical considerations*, Sam Houston State University Graduate Program, June 2003. (invited)
- Solmonson, L. (2003). *The state of mental health*, Sam Houston State University Faculty Forum, March 2003. (invited)
- Kohn, L., Yeatman, B., Huseman, K., & Solmonson, (2001). *We are family*, Coalition of Essential Schools Fall Forum, Seattle, Washington, November 2001. (referred)

Work or Professional Experiences

- ÿ **Higher Education Administration**
 - **Interim Chair, Department of Human Services**, Stephen F. Austin State University, Nacogdoches, TX, October 1, 2008 – June 1, 2009.
- ÿ **COLLEGE INSTRUCTOR**
 - **Assistant Professor, Director of School Counseling**, Stephen F. Austin State University, Nacogdoches, Texas, August 2006 – present
 - **Adjunct Professor**, Sam Houston State University, Huntsville, Texas, January 2004 – present
- ÿ **GUEST LECTURER**
 - **Alternative Teacher Certification Program**, Kingwood College, Kingwood, Texas, January 2006 – present
- ÿ **SCHOOL COUNSELOR**
 - **School Counselor**, Quest High School, Humble Independent School District, Humble, Texas, 1999 – 2006
 - **School Counselor**, Bear Branch Elementary, Humble Independent School District
 - **School Counselor**, Parker Elementary School, Midland Independent School District, Midland, Texas, 1993-1997
- ÿ **PRIVATE PRACTICE**
 - **Private Practice Counselor**, 1996 – current.

ÿ **CLINICIAN**

- o **Core Team Clinician**, Tri-County MHMRA, Conroe, Texas, 2000-2001
- o **Needs Assessment and Referral Counselor**, Charter Behavioral Health System of Kingwood, Kingwood, Texas, 1998-2000

ÿ **HOSPITAL ADMINISTRATOR**

- o **Director of Adolescent Services**, West Texas Behavioral Health Systems, in affiliation with the Brown Schools (Became Desert Springs Medical Center 4/98), Midland, Texas, 1997 - 1998

ÿ **PUBLIC SCHOOL TEACHER**

Honors and Awards

- **2009 Advocacy Award**, Texas Counseling Association, July 2009
- **FACES of TACES Award**, Texas Association of Counselor Education and Supervision, October, 2008
- **ROAR Top Recruiter**, American Counseling Association, April 2008
- **Chi Sigma Iota Outstanding School Counselor Award**, 2006
- **Outstanding Counselor Educator**, Sam Houston State University, 2005
- **Continental Airlines Scholarship**, 2005
- **Sam Houston State University Graduate Scholarship**, 2004
- **Sam Houston State University Scholarship for International Study**, 2004
- **Continental Airlines Scholarship**, 2004
- **Continental Airlines Scholarship**, 2003
- **Sam Houston State University Counselor Education Department Scholarship**, 2003
- **Texas Lifetime PTA Honorary Membership**, 1996