

Yvonne Garza

Associate Professor/Play Therapy Coordinator
Department of Educational Leadership and Counseling
College of Education

Degrees Earned

<u>Year</u>	<u>Degree</u>	<u>Major</u>	<u>Institution</u>
2004	Ph.D.	Counselor Education	University of North Texas
Dissertation: Effects of Culturally Responsive Child-Centered Play Therapy Compared to Curriculum-Based Small Group Counseling with Elementary-Age Hispanic Children Experiencing Externalizing & Internalizing Behavioral Problems: A Preliminary Study (A grant supported research study: \$1,200, \$1,500, \$278,527)			
1999	MSW	Social Work	Our Lady of the Lake
1995	BSW	Social Work	UT Pan American

Professional Licensure and Certifications

2002-Present	Licensed Prof. Counselor- Supervisor #60365	Texas State Board of Examiners
2002-Present	Registered Play Therapist #T764	Association for Play Therapy
2000-Present	LMSW #28749	TX State Board of Social Work Examiners

Publications

Refereed Article:

2011

Bornsheurer, J., **Garza**, Y., & Nichter, M. (2011). Biblically-based parenting and child-parent relationship training: Common ground for helping religious clients. *Journal of Mental Health Religion and Culture*, (iFirst), 1-12. doi: 10.1080/13674676.2011.552487

Monakes, S., **Garza**, Y., Wiesner, V., & Watts, R. (2011). Implementing Adlerian Sand Tray Therapy with Adult Male Substance Abuse Offenders: A Phenomenological Inquiry. *The Journal of Offender and Addictions Counseling*, 31(2).

Sepulveda, C., **Garza**, Y., & Morrison, M. (2011). Child-teacher Relationship training: A phenomenological study. *International Journal of Play Therapy* 20(1), 12-25. doi: 10.1037/a0021938

Stark, Frels, & **Garza**. (2011). The use of sandtray in solution-focused supervision. *The Clinical Supervisor*, 30(2).

Utey, A. & **Garza**, Y. (2011). The therapeutic use of journaling with adolescents. *Journal of Creativity in Mental Health* 6(1), 29-41. Doi: 10.1080/15401383.2011.557312

2010

Garza, Y., & Watts, R. (winter, 2010). Filial therapy and Hispanic values: Common ground for culturally sensitive helping. *Journal of Counseling and Development*, 88, 107-111.

Kinsworthy, S., & **Garza**, Y. (2010). Filial Therapy with Victims of Family

Violence: A Phenomenological Study. *Journal of Family Violence*, 25(4), 423-429.
doi: 10.1007/s10896-010-9303-y

2009

Garza, Y., Falls, L., & Bruhn, R. (in press). Measuring Deeper Meaning Responses: A Discrimination Scale for Play Therapists in Training. *International Journal of Play Therapy*. No. 2008-0089.

Garza, Y. & Watts, R. (in press). Filial therapy and Hispanic values: Common ground for culturally sensitive helping. *Journal of Counseling and Development*. Manuscript submitted for publication, No. 6-05-072).

2008

McDonald K. & **Garza**, Y. (2008). Children's Perceptions of Pets in the Student-Counselor Relationship. *Wisconsin Counseling Journal*, 22, 27-38.

Watts, R. & **Garza**, Y. (2008). Using children's Drawings to Facilitate the Acting "As If" procedure. *Journal of Individual Psychology* 64(1), 113-118.

2007

Garza, Y. Watts, R. & Kinsworthy, S. (2007). Filial Therapy: A process for developing strong parent-child relationships. *The Family Journal*, 15(3), 277-281.

Kinsworthy, S., & **Garza**, Y. (2007). Perceptions of Registered Play Therapist Supervisors (RPT-S) regarding key skill components for counselors-in-training specializing in play therapy. Manuscript in preparation.

2005

Garza, Y., & Bratton, S. C. (2005). School-based child-centered play therapy with Hispanic children: Outcomes and cultural considerations. *International Journal of Play Therapy*, 14(1), 51-79.

Book Chapter:

Garza, Y. & Bruhn, R. (2011). Empathy in Play Therapy: A Case Analysis through Two Theoretical Perspectives. In Scapaletti, D. J. (Ed.), *Psychology of Empathy* (pp. 167-184). New York, NY: Nova Publishers. (by special invitation)

Garza, Y. (2010). School-based child-centered play therapy with Hispanic Children. In J. Baggerly, D. Ray, and S. Bratton (Eds.), *Effective Play Therapy: Evidence-Based Filial and Child-Centered Research Studies*. San Francisco, CA: Wiley and Sons.

Garza, Y. & Kinsworthy, S. (in press). Extreme parenting makeover: Three steps toward a healthier family. *The Five R's of Relationships: 131 Tools for Couples*. Chandler, AZ: Five Star.

Watts, R., & **Garza**, Y. (2008). Using child-centered play therapy skills in a constructive therapy context. In J. Raskin & S. Bridges (Eds.), *Studies in meaning:*

Vol. 3. New York: Pace University Press.

Non-Refereed Works:

2008

Garza, Y. (2008, winter). A parenting make-over: Three tips toward a healthier family. *Texas Association for Play Therapy Playbill Newsletter*, p.11.

2007

Kinsworthy, S., & Garza, Y. (2007). [Registered Play Therapist perceptions of supervision: Qualitative responses]. Unpublished raw data.

2006

Garza, Y., & Kinsworthy, S. (October, 2006). Effects of Child Parent Relationship (CPR) training, with Hispanic parents of pre-school aged children. (*Human Subjects Application* No. PH-2006-10-0930:34) Sam Houston State University, Institutional Review Board.

Garza, Y., Nelson, J., & Serres, S. (2006). Tenure and Promotion Tips: Guidelines and Templates (CD). College of Education. Huntsville, TX: Sam Houston State University.

Kinsworthy, S., & Garza, Y. (September, 2006). Perceptions of Registered Play Therapist Supervisors (RPT-S) regarding key skill components for counselors-in-training specializing in play therapy (*Human Subjects Application* No. PHS-I20060929K) Sam Houston State University, Institutional Review Board.

2005

Garza, Y. (October, 2005). Effects of culturally responsive child-centered play therapy compared to curriculum-based small group counseling with elementary-age Hispanic children experiencing externalizing and internalizing behavior problems: A preliminary study (*Faculty Research Grant, Internal Progress Report* #34744) University of North Texas, Institutional Review Board.

Garza, Y. (February, 2005). Effects of culturally responsive child-centered play therapy compared to curriculum-based small group counseling with elementary-age Hispanic children experiencing externalizing and internalizing behavior problems: A preliminary study (*Final Report* No. 03-276) University of North Texas, Institutional Review Board.

Garza, Y., & Bratton, S.C. (2005). Investigating the effectiveness of culturally-responsive play therapy and related play-based preventative services (*Final Report* No.04-084) University of North Texas, Institutional Review Board.

Garza, Y., & Bratton, S.C. (2005). Investigating the effectiveness of culturally-responsive play therapy and related play-based preventative services (*Renewal Form for Multi-Year Research Report* No.04-084) University of North Texas, Institutional Review Board.

2004

Garza, Y., & Bratton, S.C. (July, 2004). Investigating the effectiveness of culturally-responsive play therapy and related play-based preventative services (*Six-Month Interim Report*, No.04-084) Minority Health Research and Education Grant Program (MHGP).

2003

Garza, Y. (October, 2003). Effects of culturally responsive child-centered play therapy compared to curriculum-based small group counseling with elementary-age Hispanic children experiencing externalizing and internalizing behavior problems: A preliminary study (*Human Subjects Application* No. 03-276) University of North Texas, Institutional Review Board.

Grants and Contracts

External

2003-2004 The Effectiveness of Culturally Responsive Child-Centered Play Therapy with Hispanic Children. Association for Play Therapy-Student Research Award, Fresno, CA., \$1,200. (PI)

State

2003-2005 The Effectiveness of Culturally Responsive Child-Centered Play Therapy with Hispanic Children. Minority Health Grant, Texas Higher Education Coordinating Board, Austin, TX. \$278,527. (Co-PI with Sue Bratton)

University

2007 Child-Teacher Relationship Training: Servicing Disadvantaged Head Start Children. Faculty Enhancement Grant. SHSU, \$15,455. (Co-PI with Mary Morrison).

2003-2004 The Effectiveness of Culturally Responsive Child-Centered Play Therapy with Hispanic Children. Faculty Research Grant. UNT, \$2,500 + \$500 matching funds from COE Academy.(Co-PI with Sue Bratton).

College/Department

2007 Effects of Child Parent Relationship (CPR) training, with Hispanic parents of pre-school aged children. Departmental Mini-Research Award. SHSU, \$1333. (Co-PI with Sarah Kinsworthy).

Local

Fall 2006 Jack Staggs Counseling Clinic Funds for Supplies and Materials. Wal-Mart Good Works Grant, Huntsville TX. \$1750.

Fall 2006 Playroom Resources. Community Involvement Program, Wal-mart Foundation, \$1125 (Costume donations for the play therapy program).

International

Garza, Y., & Duffy, C. (2006, October). Just Cut it Out: Activity Therapy with a Self Mutilating Teenage Boy. 23rd Annual Association for Play Therapy International

Conference, Toronto, Canada.

National

Kinsworthy, S., & **Garza**, Y. (2007, October). The Play Therapist Who Could Not Play: Innovative Techniques in Counselor Supervision. *National Association for Counselor Education and Supervision Conference*. Columbus, Ohio.

Watts, R.; Zamarripa, M.; **Garza**, Y.; Ybanez, K. & Yznaga, S. (2007, October). Using Constructivist Counseling Principles and Procedures with Latina/o Clients. *National Association for Counselor Education and Supervision Conference*. Columbus, Ohio.

Garza, Y., Bratton, S., & Orozco, B. (2005, June). Examining Effects of Culturally Responsive School-Based Counseling and Guidance Services with Hispanic Children. *American School Counselors Association*. Orlando, Florida.

Garza, Y., & Bullock, M. (2004, March). Investigating Diversity: Fitting Square Pegs into Round Holes. *American College Counseling Association Conference*. Biloxi, Mississippi.

State **2010**

Garza, Y. (2010, November). Group Play Therapy: Reflecting Skills Utilizing the Crucial C's. *Texas Counseling Professional Growth Conference – All day Post-conference*. Austin, Texas.

Stark, M., **Garza**, Y., & Frels, R. (2010, November). Sandtray in Solution-Focused Supervision. *Texas Counseling Professional Growth Conference*. Austin, Texas.

Garza, Y. (2010). The playful dance of Merengue: A self-care exercise for play therapists. *17th Annual Texas Association for Play Therapy Conference*. Houston, Texas.

2009

Garza, Y. (2009, November). Sandtray: Whispers from the soul, crafted in the sand. *Texas Counseling Professional Growth Conference – All day Pre-conference*. Dallas, Texas.

Garza, Y. (2009, April). Master of Ceremonies. *16th Annual Texas Association for Play Therapy Conference*. San Antonio, Texas.

2008

Garza, Y., & Watts, R. (2008, November). Child-Parent Relationship Therapy: A Training Model for Strengthening Child-Parent Relationships. *Texas Counseling Association Professional Growth Pre-Conference*.

Watts, R., & **Garza**, Y. (2008, November). Using Filial Therapy with Adlerian Parent Education Training. *Texas Counseling Association Professional Growth Conference*.

2007

Watts, R., Zamarripa, M., **Garza**, Y., Ybanez, K., & Reyes, M. (2007, November). Counseling Latina/o Clients: Constructivist and Social Constructionist Perspectives. *Texas Counseling Association Professional Growth Conference.*

Garza, Y., & Watts, R. (2007, November). Reflecting on the Past, Envisioning the Future: A Look at Play Therapy Basics and the Nuances of a Growing Hispanic Culture. Post Conference Workshop at the *Texas Counseling Association Professional Growth Conference.*

McDonald, K., & **Garza**, Y. (2007, November). Dog Days and Bunny Tails: Children's Perception of Pets on the Counseling Relationship. *Texas Counseling Association Professional Growth Conference.*

2006

Garza, Y., & Watts, R. (2006, November). Counseling with Toys: Principles, Procedures, And Cultural Considerations. *Texas Counseling Association Professional Growth Conference.*

Garza, Y., & Watts, R., Zamarripa, M., Ybanez, K., Reyes, M. (2006, November). Constructive Procedures with Latino/Clients. *Texas Counseling Association Professional Growth Conference.* San Antonio, Texas.

Garza, Y. & Duffy, C.M. (2006, March). Filial Therapy with Hispanic Parents. *13th Annual Texas Association for Play Therapy Conference.* Austin, Texas.

2005

Garza, Y., Bratton, S., & Orozco, B. (2005, April). Examining Effects of Culturally Responsive School-Based Counseling Services with Hispanic Children. *Texas Association for Play Therapy.* Houston, Texas.

2002

Garza, Y., & Massoudian, F. (2002, November). Treating Anxiety in Children Through Play. *Texas Counseling Association 46th Annual Professional Growth Conference.* Austin, TX.

By Special Invitation

2011

Garza, Y. (2011, March). Enlarging the Meaning: Deeper Reflections in Play Therapy. *Sam Houston Association for Play Therapy.* Houston, Texas.

2010

Garza, Y. (2010, November). Group Play Therapy: Reflecting Skills Utilizing the Crucial C's. *Rio Grande Valley Chapter for Play Therapy.* Weslaco, Texas.

Garza, Y. (2010, November). Creative and Expressive Techniques for the Playful Therapist. *Rio Grande Valley Chapter for Play Therapy*. Weslaco, Texas.

Garza, Y. (2010, October). Sandtray with Adult Clients. *Tropical Texas Center for Mental Health and Mental Retardation*. South Padre Island, Texas.

Garza, Y. (2010, September). Play Therapy Beyond the Basics. *Montgomery County Youth Services*. Conroe, Texas.

Garza, Y. (2010, August). Play Therapy Basics. *Weslaco Independent School District-Counselor In-service*. Weslaco, Texas.

Garza, Y. (2010, January). A Look at Play Therapy Basics and the Nuances of a Growing Hispanic Culture. *Rio Grande Valley Chapter for Play Therapy*. Weslaco, Texas.

Garza, Y. (2010, January). Soulcraft: Whispers from the Soul Crafted in the Sand. *Rio Grande Valley Chapter for Play Therapy*. Weslaco, Texas.

2009

Garza, Y. (2009, August). Group Play Therapy Skills: An Adlerian Perspective. *North Texas Chapter of the Association for Play Therapy*. Coppell, Texas.

Garza, Y. (2009, April). Gestalt Sandtray. *Brazos Valley Counseling Association*. Huntsville, Texas.

Garza, Y. (2009, March). Adlerian Group Play Therapy. *Sam Houston Chapter of the Association for Play Therapy*. Cy-Fair, Texas.

2008

Garza, Y. (2008, November). Therapeutic play: A view through the looking glass. *Rio Grande Valley Chapter for Play Therapy*. McAllen Texas.

Garza, Y., & Kinsworthy, S. (2008, August). Kinder Therapy. Teacher In-service Training, *Aldine ISD*.

Garza, Y. (2008, May). Therapeutic Play: Basics of Child-Centered Play Therapy. *Hope Family Health Center*. McAllen, Texas.

Garza, Y. (2008, June). Examining the Effectiveness of Culturally Responsive Play Therapy Services with Hispanic Children and their Parents. *Children's Assessment Center*. Houston, Texas.

2007

Garza, Y. (2007, April). Using Play Therapy in the Assessment and Treatment of Children. *Montgomery College Human services Professional Institute*. Conroe, Texas.

2006

Garza, Y., & Watts, R. (2006, September). Ethical Issues in Counseling Hispanic Clients. *Montgomery College Human Services Professional Institute*. Conroe, Texas.

Garza, Y. (2006, January). Experiencing Play Therapy with the Hispanic Child. Sam Houston Chapter of the Association for Play Therapy, Winter Conference (All day event). Houston, Texas.

Watts, R., & **Garza, Y.** (2006, January). Ethical Practices for the Play Therapist. Sam Houston Chapter of the Association for Play Therapy, Winter Conference (All day event). Houston, Texas.

2005

Garza, Y., & Bratton, S. (2005, October). Effects of Culturally Responsive Play Therapy & Play-Based Preventative Services with At-Risk Primary School-Age Hispanic Children and Their Families: A Preliminary Study. *Annual Association for Play Therapy International Conference*. Nashville, Tennessee.

University

2009

Irby, B., **Garza, Y.**, (2009, September). Tips to successful grant writing- session 2. *Department of Educational Leadership and Counseling, SHSU*. Huntsville, TX.

Irby, B., Johnson, S., Bustamante, R., **Garza, Y.**, & Robles-Pina, R. (2009, September). Tips to successful grant writing- session 1. *Department of Educational Leadership and Counseling, SHSU*. Huntsville, TX.

Garza, Y. (2009, June). Soulcraft: Revelations in the Sand. A workshop sponsored by *Beta Kappa Tau Chi Sigma Iota*. *Department of Educational Leadership and Counseling, SHSU*. Huntsville, TX.

2007

Garza, Y. (2007, October). Therapeutic Play. A Workshop Sponsored by *Beta Kappa Tau Chi Sigma Iota*. *Department of Educational Leadership and Counseling, SHSU*. Huntsville, TX.

2006

Garza, Y., Nelson, J., & Serres, S. (2006, August). Development of the Portfolio for Tenure And Clinical Positions: Guidelines and Templates (CD). *College of Education Professional Development Series, SHSU*. Huntsville, Texas.

Watts, R. E., & **Garza, Y.** (2006, February). Basics of Non-Directive Play Therapy and Application for Practice. *Baylor University*. Waco, Texas.

Garza, Y., & Duffy, C.M. (2006, March). Play Therapy Basics. *Department of Educational Psychology*. College Station, Texas.

2005

Garza, Y. (2005, May). Effects of Culturally Responsive Play Therapy. *Department of Educational Leadership & Counseling Research Series Brown Bag*. Sam Houston State University, Huntsville.

Local

2007

Garza, Y., & Kinsworthy, S. (2007, April). Interactive Group Activities to Strengthen and Nurture Children. *Sam Houston Council for Exceptional Children 4th Annual Spring Conference*. Huntsville, Texas.

2006

Garza, Y., & Kinsworthy, S. (2006, November). Play Therapy: Theory and Principles. *Fort Bend ISD Counselor In-service*. Sugarland, Texas.

Garza, Y., & Kinsworthy, S. (2006, November). Play Therapy: Experiential Exercises for Classroom Counseling. *Fort Bend ISD Counselor In-service*. Sugarland, Texas.

Kinsworthy, S., & **Garza, Y.** (2006, November). Play Therapy: A Case Study of a Bipolar Client. *Fort Bend ISD Counselor In-service*. Sugarland, Texas.

Kinsworthy, S. & **Garza, Y.** (2006, November). Play Therapy: A School-based Counseling Approach. *Fort Bend ISD Counselor In-service*. Sugarland, Texas.

Professional Experience

Teaching

2005- current Assistant Professor/Play Therapy Coordinator – Sam Houston State University

2001-2005 Diversity Scholar Teaching- College of Education - UNT

Clinical/Counseling Experiences

2007 Keeble EC/PK Headstart, Aldine School District, Houston, TX.

2003-2005 Cancer Care Services, Ft. Worth, TX.

2003-2004 Eugenia Porter Razor Elementary, Denton, TX.

2003-2004 Lee Elementary, Denton, TX.

2002-2004 Hodge Elementary, Denton TX.

2002-2003 Child and Family Resource Clinic, Denton, TX.

2002 Counseling and Human Development Center, Denton TX.

2000-2001 Counselor-UHS McAllen Medical Behavioral Health

1997-2000 Counselor III-Tropical Texas Center for Mental Health and Mental Retardation

1996-1997 Counselor-Centro de Buen Salud

1996-1996 Independent Contractor/Counselor-Edinburg School District

1995 Tropical Texas Center for Mental Health and Mental Retardation-Early Intervention Program/Mental Health Unit

1995 Counselor/Early Intervention Specialist
Charter Palms Hospital - Intern
1992-1995 Detention Officer-Hidalgo County Juvenile Detention
1989-1992 Asst. Supervisor-Nueva Vista Development
Center (Residential Treatment Facility)

Professional Experience – Administrative

2005-2009 SHSU-Counseling Program- *Play Therapy Coordinator*
2004-2005 Texas Higher Education Coordinating Board Minority Healthcare Grant-
Project Manager-University of North Texas
Summer 2004 Center for Play Therapy- *Account Manager, Garry Landreth Honorarium*
2001-2004 COE/Enrollment Management - *Ambassador Program Coordinator*

Honors and Awards

Local

Arcadio Guerra Scholarship
Linn-San Manuel Community Improvement Scholarship

Honor Society

Chi Sigma Iota, National Counseling Honor Society
Phi Alpha National Social Work Honor Society

National

Nominated for Association for Play Therapy Research Award, January 2005

State

2009 Presidential Service Award Recipient, TAPT

University

SHSU-Educational Leadership and Counseling Featured Faculty, Newsletter 2007
UNT-Counseling Program Featured Alum, 2007
UNT-College of Education Honorable Mention Dissertation Award, December 2004
Diversity Scholar-University of North Texas
UNT Academic Achievement Scholarship
William Randolph Hearst Center for Play Therapy Scholarship
Who's Who Among American Colleges and Universities 2002