

Name: Rick A. Bruhn, Ed. D.
Title: Professor of Counselor Education
Department: Educational Leadership and Counseling
College: Education

Degrees Earned

Degree, Major, (minor – optional), Institution, Year

Doctor of Education, Major: Counseling and Guidance, Minors: Marriage and Family Therapy, Psychology, East Texas State University, December 1982

Master of Science in Education, Major: School Psychology, University of Wisconsin-Stout, May 1975

Bachelor of Arts, Major: Psychology, Minor: Speech, University of Wisconsin-Stout, December 1973

Professional Licensure and Certifications

Licensed Marriage and Family Therapist, State of Texas, #401, 1992

Licensed Professional Counselor, State of Texas, #5061, 1982

Licensed for the Private Practice of School Psychology, State of Wisconsin, #5, 1974

Peer-Review Publications and Artistic Performances/Exhibitions

Articles

Bilhartz, T., Bruhn, R. & Olson, J. (2000). The effect of early music training on child cognitive development. *Journal of Applied Developmental Psychology, 20*(4), 615-636.

Bruhn, R. (1993). Family systems counseling. *Texas Counseling Association Journal, 21*(1), 69-83.

Bruhn, R., Irby, B., Luo, M., Thweatt, T., & Lara-Alecio, R. (2004). A model for training bilingual school counselors. *Review of Research and Practice (National Association for Bilingual Education), 3*, 145-161.

Bruhn, R., Lykke, D., & Duhl, B. (2006, July). Feeling the tug: Creative use of ropes and felt board to promote family change. *The Family Journal: Counseling and Therapy for Couples and Families, 14*(3), 286-289.

Garza, Y., Falls, L., & Bruhn, R. (2009). Measuring deeper meaning responses: A discrimination scale for play therapists in training. *International Journal of Play Therapy, 18*(3), 147-161. doi: 10.1037/a0015548

Johnson, L., Bruhn, R., Winik, J., Krepps, J., & Wiley, K. (1999, April). The use of child-centered play therapy and filial therapy with Head Start families: A brief report. *Journal of Marital and Family Therapy, 25*(2), 169-76.

Lutz, P., & Bruhn, R. (1984). Hypnosis: Myths realities and applications. *Texas Association for Counseling and Development Journal, 12*(1), 21-28.

Books

Chapters

Proceedings

Artistic Performances

Artistic Exhibitions

Research Monographs and Technical Reports

- Bruhn, R. (1991). Review of *The passion paradox: Patterns of love and power in intimate relationships*, by Delis, D. & Phillips, C., *Journal of Marital and Family Therapy*, 17(3), 207-8.
- Bruhn, R. (1991). *Communication skills for men: Listening and responding* (three videotape set). San Antonio, TX: St. Mary's University.
- Bruhn, R., & Oe, E. (1993--1st ed.; 1994--2nd ed.). *Counseling program student handbook*. Huntsville, TX: University Book Store.
- Bruhn, R. (1995). *Counseling program student handbook* (3rd ed.). Huntsville, TX: Copy Time.
- Bruhn, R. (1995). *Vocational career study of high school at risk students*. Columbus, OH: ERIC Clearinghouse on Adult, Career, and Vocational Education. (ERIC Document Reproduction Service No. ED 391 934)
- Bruhn, R. (1996). Experiential/humanistic family therapy: Featuring Carl Whitaker and Virginia Satir. In D. Ratliff & L. Yinling (Eds.). *TAMFT license exam preparation manual*. Austin, TX: Texas Association for Marriage and Family Therapy.
- Robles-Pina, R., Bruhn, R., & Irby, B. (2001). Training bilingual school counselors in action research. *Research and Evaluation Special Interest Group of the National Association for Bilingual Education*, (Winter Newsletter), pp. 4,5,11.
- Bruhn, R. (2003). *Master's degree counseling programs: Student handbook*. On website http://www.shsu.edu/~edu_elc/word/cnemahandbook.doc
- Bruhn, R. (2003). *The doctor of philosophy (Ph.D.) in Counselor Education*. On website http://www.shsu.edu/~edu_elc
- Bruhn, R. (2006). Experiential/humanistic family therapy: Featuring Carl Whitaker and Virginia Satir. *TAMFT license exam preparation manual* (2nd ed). Austin, TX: Texas Association for Marriage and Family Therapy.

Funded External Grants

- 1999: "The Nontraditional Grant Field-Based Inservice Preparation Program for Bilingual Counselors: ¡Preparando los Consejeros para los Niños." Grant to train 40 Bilingual Counselors at Sam Houston State University in conjunction with seven Houston area school districts. Director of the grant with a budget of \$181,850 for 1999-2000, \$189,109 for 2000-01, \$187,699 for 2001-02, \$192,207 for 2002-03 and \$169,533 for 2003-2004. Funded by the U.S. Department of Education for five years, total of \$920,398.
- 1996: Demonstration Grant for \$8,000.00 from the Research and Education Foundation, American Association for Marriage and Family Therapy to implement the collaborative training programs with two Head Start programs and marriage and family therapy interns at Sam Houston State University.

1995: Planning Grant for \$2,000 from the Research and Education Foundation, American Association for Marriage and Family Therapy to develop collaborative training programs with two Head Start programs and marriage and family therapy interns at Sam Houston State University.

1988: Research grant for \$5,000 from Aetna Life & Casualty, to develop a videotape for communication skills training for male batterers.

Peer-Review Presentations/Posters

National Presentations:

10/09: Association for Counselor Education and Supervision, San Diego, CA: "Paying for Supervision: Do Fees Make a Difference?" (poster session) with Marcella Stark.

3/08: American Counseling Association Annual Conference, Honolulu, HI: "Evaluating the Effectiveness of Premarital Education and Counseling for Remarried Couples: A Case Study" (poster session) with Susan Bajza.

3/03: American Counseling Association (ACA) 2003 Annual Conference, Anaheim, CA: "Clashing Values with Clients" with Judy DeTrude, Mary Nichter, Emily DeFrance and Rebecca Robles-Pina.

10/2002: 2002 Association for Counselor Education and Supervision (ACES) Conference, Park City, UT: "The Current Ethical Climate: What Does It Mean For Counselor Educators" with Judy DeTrude and Mary Nichter.

3/01: ACA 2001 Annual Conference, San Antonio, TX: "Infusing Bilingualism into the Counselor Education Curriculum" with R. Robles-Pina, M. Nichter, J. DeTrude & D Geyen.

2/01: National Association for Bilingual Education (NABE) 2001: 30th Annual International Bilingual/Multicultural Education Conference, Phoenix, AZ: "Action Research: Measuring Change in Achievement for Bilingual Learners" with R. Robles-Pina, Round Table presentation at the Research and Evaluation SIG Institute.

2/00: NABE 2000: 29th Annual International Bilingual/Multicultural Education Conference, San Antonio, TX: "Professional Development Through Action Research" with R. Robles-Pina, at the Office of Bilingual Education and Minority Affairs pre-conference institute.

2/00: NABE 2000: 29th Annual International Bilingual/Multicultural Education Conference, San Antonio, TX: "Through Action Research: A Correlational Study Investigating the Effects of Parental Involvement Factors on APRENDA Scores" and "Through Action Research: The Effects of Role-Playing on the Self-Esteem of Third Grade Bilingual Students". With R. Robles-Pina, V. Cavazos, and C. Morales.

2/00: NABE 2000: 29th Annual International Bilingual/Multicultural Education Conference, San Antonio, TX: NABE Round Table Session sponsored by the Research and Evaluation SIG, on the topic of "Professional Development through Action Research" with R. Robles-Pina, N. Vasquez, C. Morales, R. Hinojosa, Raul, D. Molina, J. Trevino, N. Lopez, Noemi and V. Cavazos.

- 10/99: 1999 ACES Conference, New Orleans, LA: "Research to Practice: Ethical Supervision Issues 2000 and Beyond" with Judy DeTrude and Dale Pehrsson.
- 4/99: 1999 Annual International Conference and Exhibition for the Association for Childhood Education International, San Antonio, TX: "The Effect of Early Music Training on Child Cognitive Development" with Terry Bilhartz, Judy Olson, and Patti Bilhartz.
- 9/97: American Association for Marriage and Family Therapy (AAMFT) Conference, Atlanta, GA: "Family Therapy and Head Start Children: A New Horizon" with L. Johnson & J. Winik.
- 11/91: AAMFT Conference, Dallas, TX: "Deconstructing Domestic Violence" with M. Ryan.
- 2/86: American Association for Counseling and Development (AACD) Conference on Families, San Antonio, TX: "Single-Parent Families."
- 3/84: AACD Conference in Houston, TX: "Introduction to Clinical Hypnosis for Counselors" with P. Lutz; and, "A Don't Diet Approach to Weight Loss Counseling."
- 3/83: American Personnel and Guidance Association Conference, Washington, D.C.: "Hypnosis: Myths, Realities and Applications" with Lutz; "Family Counseling: Issues for School, Mental Health and Private Practice Counselors" (videotaped panel discussion) with P. Lutz and E. Jacobs.
- Regional Presentations:
- 6/05: Early Childhood Music and Movement Association, South Central Regional Conference, Houston, TX: "Filial Therapy" (Invited presentation)

State Presentations:

- 11/09: Texas Counseling Association (TCA) Conference, Dallas, TX: "TACES presents: Getting started on your LPC Approved Supervisor training", with Mary Nichter; and "Spirituality and utilization of the 12 steps in the counseling process", with Sharolyn Stanley and Richard Henriksen.
- 2/09: Texas Association for Counselor Education and Supervision, Austin, TX: "Supervision for Marriage and Family Therapists"
- 11/2008: Texas Counseling Association (TCA) Conference, Houston, TX: "TACES Presents Becoming and Approved LPC Supervisor" with Mary Nichter.
- 10/2007: TCA Conference, Corpus Christi, TX: "Super Vision: What Doctoral Supervision Students See and Share with Master's Level Practicum Students" with M. Nichter, S. Kinsworthy, L. Falls, S. Brand, M. Maxwell, T. Bates, and J. Aucoin.
- 12/2006: TCA Conference, San Antonio, TX: "Understanding and treating emotional pursuer/emotional distancer relationships"; and, "Hypnosis is useful to counselors! Learn about your hypnotic capabilities and how to safely and ethically help others" (Post-conference workshop).
- 11/2004: TCA Conference, Ft. Worth, TX: "A Perfect Match: Expressive Arts and Clinical Success" with J. DeTrude, E. DeFrance, C. Li, L. Steen and M. Nichter; and "Greatest Hits:

Five Years Training Bilingual School Counselors” with M. Nichter, J. DeTrude, E. DeFrance, C Parker and C. Li.

- 1/04: Texas Association for Marriage and Family Therapy (TAMFT) Conference, Houston, TX: “The Hidden Messages: The Art Work of Children” with J. DeTrude and M. Nichter.
- 11/2003: TCA Conference, Galveston, TX: "A Tale of Two Districts (and One University): School District-Based Training for School Counselors” with B. Malone, T. Kutka, J. DeTrude and M. Nichter; and “Supervision: A Community Networking Tool” with, M. Nichter, J. DeTrude, E. DeFrance and R. Robles-Pina.
- 11/2001: TCA Conference, Dallas, TX: "Mentoring School Counselors: Soaring to New Heights" with R. Robles-Pina, M. Nichter, J. Trevino, M. Restivo, E. Beimgraben, & E. Shasteen.
- 11/2000: TCA Conference, Houston, TX: "'Mision-Bilingue': Blending Classroom Guidance and Bilingualism" with R. Robles-Pina, M. Nichter, E. Beimgraben, D. Molina, E. Gonzales & C. Martinez.
- 1/00: TAMFT Conference, Houston, TX: “Using the EIQ to Examine Parallel Issues” with Judy DeTrude and Susan Bajza; and “Therapeutic Utilization of Play Media and Concrete Symbols” with Judy DeTrude.
- 1/99: TAMFT Conference, San Antonio, TX: "Ethical Issues in Supervision" with J. DeTrude, D. Pehrsson, & S. Bajza.
- 11/98: TCA Conference, Amarillo, TX: "Ethical Issues in Supervision" with J. DeTrude, D. Pehrsson, & C. Greer.
- 1/97: TAMFT Conference, Dallas, TX: "Developing a Narrative Transformational Skills Acquisition Scale" (Poster presentation).
- 1/97: TAMFT Conference, Houston, TX: "Providing Family Therapy to Head Start Programs," with S. Yarbrough, J. Matthews, S. Bajza, S. Brock, & R. Marshall; and, Table Discussion Host on the topic: "Children and Adolescents" at the Networking Luncheon.
- 1/96: TAMFT Conference, Austin, TX: "A Scale to Measure Narrative Transformational Skills" (Poster presentation).
- 11/95: TCA Conference, Austin, TX: "Comparing Post-Modern Family Therapy to Rogerian Counseling."
- 1/95: TAMFT Conference, Dallas, TX: "Adult Learning Style Considerations for Supervisors"; and, Table Discussion Host on the topic: "Supervision" at the Networking Luncheon.
- 11/94: TCA Conference, Houston, TX: "The Art of ARD's: Sculpting the Possibilities.” with N. Hannaman.
- 11/93: TCA Conference, Galveston, TX: "Hypnosis for Counselors: Professional and Personal Applications"; and, "Comparing Narrative Family Therapy to Person-Centered Counseling: Mostly the Same?"

- 1/93: TAMFT Conference, San Antonio, TX: "Responding to Trainee Emotional Pursuer/Distancer Behavior in Supervision"; and, Table Discussion Host on the topic: "Supervision" at the Networking Luncheon.
- 11/92: TCA Conference, San Antonio, TX: "Hypnosis and Counseling: Connections and Applications"; and, "Feeling the Feelings: Counseling with Pursuer/Distancer Relationships, Alcohol and Violence Problems."
- 1/92: TAMFT Conference, San Antonio, TX: "From Diversion to Therapy: Reconstructing Domestic Violence Treatment" with Greg Kemp; and, Table Discussion Host on the topic: "Domestic Violence" at the Networking Luncheon.
- 11/91: Texas Association for Counseling and Development (TACD) Conference, Dallas, TX: "Counseling for Emotional Pursuer/Distancer Relationships."
- 1/91: TAMFT Conference, Dallas, TX: "Marital Therapy for Emotional Pursuer/Distancer Relationships" and, Table Discussion Host on the topic: "Domestic Violence" at the Networking Luncheon.
- 11/90: TACD Conference, Corpus Christi, TX: Pre-Conference (six hour) Workshop: "Counseling and Emotional Pursuer/Emotional Distancer Relationships: 'Feeling the Feelings'."
- 1/89: TAMFT Conference, Houston, TX: "Taming the 'Wild Isomorph': Treatment for Pursuer/Distancer Relationships" with V. Smyer and B. Smith.
- 10/88: TACD Conference, Austin, TX: Pre-Conference (six hour) Workshop: "Hypnosis and Counseling: Connections and Applications"; and, "Intervention Strategies with Under-Achievers: Helping Students and Parents" with M. Reeves.
- 1/88: TAMFT Conference, San Antonio, TX: "The Trainee's Own Approach: The Integrative Training Model at St. Mary's University" with J. Lundy & L. Atterstrom; and, "Therapeutic Applications of Hypnosis" with J. Cano.
- 10/87: TACD Conference, Odessa, TX: "Battering Men: Does Anger Management Help?" with D. Donnenwerth; and, Post-Conference (six hour) Workshop: "Hypnosis and Counseling: Connections and Applications."
- 1/87: TAMFT Conference, Dallas, TX: "Strategic Hypothesizing" with B. Utley; and, "Paradoxes and Reframes" with M. Lewis.
- 10/86: TACD Conference, Waco, TX: Pre-Conference (six hour) Workshop: "Hypnosis and Counseling"; and, "Utilization of Right Brained Activities" with A. Steege.
- 1/86: TAMFT Conference, Houston, TX: Pre-Conference (six hour) Workshop: "Introduction to Clinical Hypnosis" with J. Cano; and, "Paradoxes and Reframes" with M. Lewis.
- 10/85: TACD Conference in San Antonio, TX: Pre-Conference (six hour) Workshop: "Clinical Hypnosis for Counselors" with J. Maisey; and, "Effects of Divorce on Children: Considerations for Counselors" with I. Spears and K. Campbell.

- 1/85: TAMFT Conference, San Antonio, TX: "Training Marriage and Family Therapists using Milan Style Therapy Teams" with E. Flynn, T. Neugebauer, and N. Davis; and, "Domestic Violence Diversion Program: A Pilot Program for San Antonio" with M. Villareal, W. Barnard, and T. Neugebauer; and, "Divorce Mediation: Integrating the Roles of Mediator, Legal Advisor and Therapist" with V. Strye, T. Clifford, and W. Dunbar.
- 10/84: TACD Conference, Amarillo, TX: "Introduction to Clinical Hypnosis"; and, "A Don't Diet Approach to Weight Loss Counseling."
- 10/83: TACD Conference, Ft. Worth, TX: "An Introduction to Clinical Hypnosis for Counselors" with P. Lutz; and, "Hypnosis: Myths and Realities" with Lutz; and, "A Don't Diet Approach to Weight Loss Counseling."
- 1/83: TAMFT Conference, Austin, TX: "Marital Therapy for an Alcoholic Couple Using Milan-Style Techniques" with P. Lutz and S. Harvey.
- 10/82: Texas Personnel and Guidance Association Conference, Houston, TX: "Hypnosis: Myths, Realities and Applications" with P. Lutz and J. Cano.

Work or Professional Experiences

- 8/26/97 to Present: Professor of Counselor Education, Department of Educational Leadership and Counseling, Sam Houston State University (SHSU), Huntsville, TX.
- 8/02 to 4/04: Director, Center for Research and Counselor Education, Department of Educational Leadership and Counseling, SHSU.
- 7/93 to 8/02: Counseling Program Coordinator, Dept. of Ed. Leadership & Counseling, SHSU.
- 1/92 to Present: Private practice for individual, marriage, and family therapy, Huntsville, TX.
- 8/91 to 8/97: Associate Professor of Counselor Education, Department of Educational Leadership and Counseling, SHSU, Huntsville, TX.
- 6/89 to 8/91: Associate Professor of Marriage and Family Therapy, Department of Counseling and Human Services, St. Mary's University, San Antonio, TX.
- 5/87 to 5/91: Program Director for the Marriage and Family Therapy Program and Family Life Center at St. Mary's University, San Antonio, TX;
- 1/84 to 5/89: Assistant Professor of Marriage and Family Therapy, Department of Counseling and Human Services, St. Mary's University, San Antonio, TX.
- 1/84 to 5/87: Clinical Director for the Marriage and Family Therapy Program and Family Life Center at St. Mary's University, San Antonio, TX.
- 5/84 to 9/91: Private practice of individual, marital and family therapy, and clinical hypnosis, San Antonio, TX.
- 6/84 to 6/90: Visiting Instructor (Summer), Pastoral Institute, Incarnate Word College, San Antonio, TX.
- 7/82 to 1/84: Community Education Specialist, North Central Texas Mental Health/Mental Retardation Services, McKinney, TX.

9/79 to 5/82: Doctoral teaching/graduate assistant, Department of Counseling and Guidance/Dean of School of Education, East Texas State University, Commerce, TX.
8/75 to 6/79: School Psychologist, Kenosha Unified School District #1, Kenosha, WI.
8/73 to 4/75: Graduate Assistant, Department of Psychology, University of Wisconsin-Stout, Menomonie, WI.

Honors and Awards

2005: "The Impact of Spanish Speaking School Counselors on Achievement for Limited English Proficiency Elementary School Children." Research Enhancement Grant from Sam Houston State University, Faculty Research Council (\$17,950).
2004: "Awareness of Counselors Regarding the Requirements and the Options in High School Curriculum, Higher Education and Careers Pertaining to Agriculture." Dwayne Pavelock, Primary investigator, Doug Ullrich and Rick Bruhn, Co-investigators. Enhancement Grant for Professional Growth funded by Sam Houston State University (\$11,500).
1997: "The Effect of Early Music Training on Child Cognitive Development." Rick Bruhn, Primary investigator, Terry Bilhartz co-investigator. Faculty Research Development Grant funded by Sam Houston State University Faculty Research Council (\$5,000).
1995: "The Further Development of the Narrative Transformational Skills Assessment Scale." Rick Bruhn, Primary investigator. Faculty Research Development Grant funded by Sam Houston State University Faculty Research Council (\$5,000).
1986: Awarded Faculty Development Fellowship from St. Mary's University for research on domestic violence group treatment.
1982: Phi Delta Kappa Research Award, East Texas State University, for the dissertation proposal: "Effects of Hypnosis on Counselor Trainee Skill Acquisition and Self-Perceived Confidence."

Other Competencies

Liaison (Texas Counseling Association) to the Texas State Board of Examiners of Marriage and Family Therapists, 7/1/07-Present.
Past-President, Texas Association for Counselor Education and Supervision (TACES), 7/1/07-6/30/08.
President, Texas Association for Counselor Education and Supervision, 7/1/06-6/30/07
President-Elect, Texas Association for Counselor Education and Supervision, 7/1/05-6/30/06; Conference Coordinator for Texas Association for Counselor Education and Supervision Mid-Winter Conference, Austin, TX: February 25, 2005.
Reviewing Editor for the on-line journal, *Professional Issues in Counseling*, <http://www.shsu.edu/~piic/> (2000-Present).
Site visitor for the Commission on Accreditation for Marriage and Family Therapy to East Carolina University, May 18-21, 2003.
Mental Health Consultant for San Jacinto County Head Start Program, Coldspring, TX. (2/93 to 5/2004).

Consultant for the Educational Psychology department at the University of Texas-San Antonio. Reviewed and gave feedback recommendations on the proposal for a Ph.D. program in Counselor Education, prior to submission to the UTSA Graduate Council. (November 2002).

Evaluator for Americorps Grant, Huntsville High School, Huntsville, TX. (7/01 to 7/02).

Mental Health Consultant for Aldine ISD Head Start Program, Houston, TX. (8/2000 to 5/2001).

Associate Editor, *TCA Journal*. (1993-1996, 1998-2000).

Site Visitor for the Commission on Accreditation for Marriage and Family Therapy Education, visiting Loma Linda University, Loma Linda, California (11/87); Northwestern University, Evanston, IL (5/95); and East Carolina University, Greenville, NC (5/03).

Hearing Panel for the Commission on Accreditation for Marriage and Family Therapy Education, in Washington, D.C., for a program appealing the denial of accreditation renewal. (1988).

Coordinator of the Domestic Violence Diversion Program through the Family Life Center, St. Mary's University, San Antonio. (1984-1991).

Chaired the preparation of the Annual Reports to the Commission on Accreditation for Marriage and Family Therapy Education (St. Mary's). (1987-90).