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Office hours: Mondays and Wednesdays 11 a.m. -12:30 p.m.

COURSE DESCRIPTION AND OBJECTIVES:

This course explores the determinants of health, the nature and history of health education, and the roles of the health educator as a professional in the school, work, clinical and community settings. After completion of this course, students will be able to:

- Identify the determinants of health
- Identify the origins and intentions of Healthy People 2010
- Identify the role of the Health Educator
- Identify skills required of the Health Educator
- Recognize the difference between medical and health care
- Understand the ethical and professional standards for health educators

COURSE GUIDELINES:

- Students must come to class on-time. As the professor, I have the ability to refuse any student's entry into the classroom after the scheduled class time has begun.
- Students are required to take notes. Notes will NOT be provided via Blackboard. Students should also come prepared to take detailed, extensive notes.
- All assignments must be typed (double-spaced).
- All materials submitted for this course must be original works of the student (see plagiarism). Papers/projects are to be used for this class only.
- Assignments are due at the beginning of class on the assigned date. Late papers will be penalized 5 points per day.
- Do NOT submit assignments electronically (unless given approval)
- Turn off (or place in vibration mode) your cellular phones/pagers during class
- If absent, it is your responsibility to obtain the notes (see attendance policy).

CLASS STRUCTURE AND PHILOSOPHY

Class will be a combination of lecture, class discussion, and guest speakers. Students must be prepared each class meeting to participate, and to actively engage with the course materials. It is also important that the classroom be a "safe space" in which students feel comfortable sharing their experiences and questions.

ASSIGNMENTS AND EXAMINATIONS

1. **Attendance and Participation:** All students are responsible for attending class. Students are permitted one “free” absence (without penalty). Students are not permitted to miss more than three days (including the “free” absence). Students missing more than three days will earn an “F” in the course.

NOTE: Section 51.911(b) of the Texas Education Code requires that an institution of higher education excuse a student from attending classes or other required activities, including examinations, for the observance of a religious holy day, including travel for that purpose. A student whose absence is excused under this subsection may not be penalized for that absence and shall be allowed to take an examination or complete an assignment from which the student is excused within a reasonable time after the absence.

2. **Resume and Cover Letter:** Each student will develop a professional resume and cover letter for an entry level position in their chosen profession. Proper resume development will be discussed in class. Students must submit the following items:
 - Entry-level position description (job printout is acceptable)
 - Professional resume
 - Cover letter (specific to the position applying)

Career Services will provide a detailed description of appropriate resume and cover letter etiquette. **DUE Feb 13th**

3. **Interview:** Students must select a health professional to interview. Upon generating an interview guide (discussed in class), students will conduct an interview with their chosen professional and write a paper summarizing the interview content (approximate length – 3-5 pages). The health professional may be employed in any health education arena (i.e., nutritionist, physical educator, wellness director, school counselor, social worker, minister, physical therapist).
Interview Guide DUE Feb 27th
Final Paper DUE March 26th

4. **Professional Philosophy:** A professional philosophy forces an individual to think logically and analytically and to explain the worth and value of health education. Each student will develop a “working” philosophy. Specifics will be discussed in class. **DUE April 16th**
5. **Professional Portfolio:** Each student will develop a professional portfolio which will include a number of required items (i.e., resume, professional philosophy, transcripts, letters of recommendation, honors/awards, community service, etc...). Specific guidelines and requirements will be discussed in class – students will also receive a detailed handout outlining the items to be included. **DUE April 30th**
6. **Examinations:** There will be two cumulative examinations in this course (mid-term and final). Each exam will include multiple choice, matching, and short answer essay questions. Students are responsible for all information presented

in class, as well as any handouts/articles disseminated. A review will be given in class 1-week prior to each examination.

Mid-term: March 5th

Final Examination: During finals week (see scheduled time)

Attendance/participation	100 points
Resume and cover letter	100 points
Interview	100 points (Interview Guide = 10 points)
Professional philosophy	100 points
Professional portfolio	150 points
<u>Examinations</u>	<u>100 points</u> (50 points each – mid-term and final)
TOTAL	650 points

Academic Honesty: Plagiarism includes, but is not limited to, the use, by paraphrase or direct quotation, of the published or unpublished work of another person without full or clear acknowledgment. It also includes the unacknowledged use of materials prepared by another person or agency engaged in the selling of term papers or other academic materials. Please refer to the University's Code of Student Conduct for actions that may result from student academic misconduct. The consequences for any infraction will include no credit for the assignment and being reported to academic affairs. If you have any questions about what constitutes plagiarism, please see me.

Americans with Disabilities Act (ADA): At the beginning of the semester, any student with a disability should inform the course instructor of instructional accommodations or academic adjustments that will be needed. For more information about the ADA and academic accommodations or adjustments, contact the Office of Disability Resources and Services at - <http://www.shsu.edu/~counsel/sswd.html> or (936) 294-1720.

