

I.      Mike Walton              Office Hours: MTWR – 7 to 8 AM,  
FB Field House 335  
Phone: 294-3530

II.      COURSE DESCRIPTION

This course provides an overview of the program of activities in elementary school physical education with emphasis on the understanding of movement, common problems and possible solutions.

III.     COURSE OBJECTIVES

Upon completion of this course, the student should be able to:

1. Identify the contribution of physical education to the well-being and general education of elementary school children
2. Demonstrate an understanding of psychomotor domain taxonomy and the qualities of human movement
3. Select and develop appropriate movement content for children of varying age levels, abilities, or special needs
4. Plan and teach developmentally appropriate elementary school physical education lessons
5. Demonstrate an emerging competent teaching style

IV.     INSTRUCTIONAL METHODS

Discussion, demonstration and activity, plus hands on teaching and evaluation experiences.

V.      COURSE REQUIREMENTS

1. Class attendance, appropriate activity attire, and active participation are expected and necessary for successful completion of this course.
2. Lesson plan notebook – 100 pts.
3. Mid Term/Final            -- 100 pts. each
4. Teaching assignments – 100 pts. each
5. Class participation        -- 100 pts.

VI.     TENTATIVE OUTLINE

1. Purpose/Role of Elementary School PE
2. Physical Education Philosophy
3. Value of PE to Development within 3 learning domains
4. Physical Fitness for Children: Cardio, Strength, Endurance, Flex, Body Comp
5. Teaching Styles
6. Legal Liability
7. Teaching Presentations

## VII. POLICIES

1. Emergency care and accidents
  - a. Report all injuries to the instructor
  - b. If a serious injury is suspected, **DO NOT MOVE THE VICTIM**, immediately report it to the instructor.
  - c. Report any unsafe situations to the instructor.
  - d. If a student has a history of poor health conditions or a serious injury, it must be reported to the instructor.
2. Students with any special condition, which require special consideration, should talk to the instructor at the beginning of the course so that arrangements can be made to accommodate their special requirements.
3. Make up assignments for Authorized Absences will be due 3 working days after the missed class.

## VIII. GRADING SCALE

90% or above =	A
80-89% =	B
70-79% =	C
60-69% =	D
59% or below	F