

**CNE 510 Counseling Workshop Chronic Pain Management**  
**CNE 710 Doctoral Seminar Chronic Pain Management**  
*CNE 592 is a required course for the LPC program*  
**College of Education and Applied Science**  
**Department of Educational Leadership and Counseling**

**Fall 2007**

**Instructor: Dr. James S. Flowers, Ph.D., LPC-S**

Office: Counseling Education Center 120  
(713) 807-1500  
Fax: (713-527-8558)  
Email: [drflowers@healthtrust.cc](mailto:drflowers@healthtrust.cc)



**Text/Readings:**

Course handout packet.

**Recommended Text:** Publication Manual of the American Psychological Association  
(5<sup>th</sup> Ed.)

**Course Description:**

This course provides a basic understanding of chronic pain, and how to manage pain from a counseling prospective. Students will learn the process for screening for chronic pain disorders and will learn how to assess and treat those who suffer from chronic pain.

The curriculum for this course includes (1) knowledge of the literature of the discipline and (2) ongoing student engagement in research and/or appropriate professional practice and training experiences.

**CACREP Objectives:**

**K.3.c.** -human behavior including an understanding of chronic pain and situational and environmental factors that affect both normal and abnormal behavior due to a chronic pain condition;

**K.7.b** -basic concepts of standardized and nonstandardized testing and other assessment techniques including norm-referenced and criterion-referenced assessment, environmental assessment, performance assessment, individual and group test and inventory methods, behavioral observations, and computer-managed and computer-assisted methods;

**CC.C.4** -principles and models of biopsychosocial assessment, case conceptualization, theories of human development and concepts of normalcy and psychopathology leading to diagnoses and

appropriate counseling plans;

**CC.C.5-** knowledge of the principles of diagnosis and the use of current diagnostic tools, including the current edition of the *Diagnostic and Statistical Manual*.

<b>Objectives/ Learning Outcomes</b>	<b>Activities (* indicates field-based activity)</b>	<b>Performance Assessment</b>	<b>Standards:</b> <ul style="list-style-type: none"> <li>• <u>State Standards</u></li> <li>• <u>Specialty Organization Standards</u></li> </ul>
1. Students will demonstrate an increased knowledge of pain and pain behaviors	Discussion of course packet containing information pertinent to understanding chronic pain.	Classroom participation and discussion	CACREP- K.3.c , K.7.b, CC.C.4, CC.C.5
2. Students will demonstrate an increased understanding of the screening and assessment process for chronic pain behaviors	Discussion of course packet containing information pertinent to understanding Chronic pain clients.	Classroom participation and discussion	CACREP- K.3.c , K.7.b, CC.C.4, CC.C.5
3. Students will demonstrate an understanding of the biopsychosocial assessment process related to assessing chronic pain behaviors	Discussion of course packet containing information pertinent to understanding chronic pain behaviors.	Classroom participation and discussion	CACREP- K.3.c , K.7.b, CC.C.4, CC.C.5
4. Students will demonstrate knowledge of the DSM criteria for the diagnosis of chronic pain syndrome	Discussion of course packet containing information pertinent to understanding the chronic pain syndrome.	Classroom participation and discussion	CACREP- K.3.c , K.7.b, CC.C.4, CC.C.5
7. Students will demonstrate the ability to understand current literature related to chronic pain treatment from a multicultural perspective. (Doctoral Students)	Completion of research.	Research Application paper	CACREP- K2, K.3.c , K.7.b, CC.C.4, CC.C.5

## Course Format:

This is a lecture based course that will include student participation and discussion. Videos and power points will be used to assist with student learning.

## Expectations:

1. Graduate students are governed by the Sam Houston State University student code of conduct. Any student with questions about grievances, ethical behavior, etc. should review the Graduate Catalogue and student code of conduct. Particular attention should be paid to the sections on plagiarism and theft of library materials. Academic honesty is expected.
2. Students should practice self-discipline in classes. Courtesy should be extended to all students. Thought should be given to the value of all conversations in class to all the students in the class. Classes will be more enjoyable and beneficial to all involved if graduate students conduct themselves as conscientious professionals.
3. **All work is due on the date specified. Late work will not be accepted or awarded credit.**
4. Acts of cheating and plagiarism are not tolerated in the Counseling program. These offenses could result in failure of a course and/or dismissal from the program. **Anyone caught cheating or plagiarizing will receive a zero (0) on the affected exam or assignment and may also receive an "F" for the course.**

## COUNSELING PROGRAM ATTENDANCE POLICY

For purposes of this class, students must attend all classes for the entire time. Failure to adhere to the attendance policy will result in failing the course.

## INSTRUCTIONAL PROCEDURES

Everyone concerned must have an opportunity to furnish input, therefore, participation in the form of questions, discussion of related experiences, and involvement in individual work is solicited and will be expected.

## INSTRUCTIONAL ACTIVITIES:

### A. Application Paper (Doctoral Students Only) (100 points)

Screening and understanding the effects of chronic pain on minority clients is essential if counselors are going to provide effective counseling services. The counselor literature has provided some clues into the process of assisting cultural minorities who struggle with chronic pain syndrome. For this paper, you are to write a 5 page paper, following strict APA guidelines that discuss ways to assist cultural minority clients who have

presented with issues involving chronic pain. You can discuss one cultural group specifically or you can discuss several cultural groups. You must use at least one article from the Journal of Pain and four additional scholarly sources minimum.

**Grading**

- Following Instructions            10 points
- Following APA guidelines       20 points
- Grammar                                20 points
- Content                                    50 points

This paper is due by November 28<sup>th</sup> and should be submitted by email attachment to drflowers@healthtrust.cc

**B. Attendance and Participation (50 points per class X 2=100 points)**

**C. Course Reflection Paper (100 points) All Students-In Class**

**All papers must comply with APA format. No assignments will be accepted late.**

**Evaluation:**

**Master’s Students:**

**Doctoral Students:**

Attendance and Participation	100 points	Attendance and Participation	100 points
Reflection Paper	100 Points	Reflection Paper	100 Points
Total Points:    200		Application Paper	100 Points
		Total Points:    300	
170-200            A		260-300            A	
140-169            B		220-259            B	
110-139            C		180-119            C	
Below 110           F		Below 180           F	

**ASSUMPTIONS**

I am operating on the “assumption” that you want to gain the most you can from the class and will therefore come to every class prepared to engage fully. I trust you will work to balance effectively your personal, academic, and professional commitment.

I assume the following:

- You will take responsibility for your own learning
- You will contribute to others’ learning
- You will ask for help when you need it

You can assume the following:

- I care deeply about your success---personally, academically, and professionally
- I want you to gain the most possible from this experience
- I am committed to my role in this venture
- I want to hear your experiences, ideas, and feedback
- I will hold you accountable to high (and reasonable) academic standards

**Disability Statement:**

Students with a disability that affects their academic performance are expected to arrange for a conference with the instructor in order that appropriate strategies can be considered to ensure that participation and achievement opportunities are not impaired. The physically impaired may contact the Director of the Counseling Center as Chair of the Committee for Continuing Assistance for Disabled Students by telephone at (936) 294-1720.