

Capstone: Psychotherapy Case Study

Evaluators _____

Student Name: _____ Date: _____

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CATEGORY	Poor	Fair	Good	Excellent
Informed Consent	0 Not addressed or discussed with client	1 Consent forms signed without discussion	3 Briefly discussed	5 Thoroughly discussed
Presenting Problem	0 Presenting concern not identified	3 Discussed two of following: onset, course, duration, frequency, or intensity	4 Discussed three of following: onset, course, duration, frequency, or intensity	5 Thoroughly discussed all of following: onset, course, duration, frequency, or intensity
Assessment of Presenting Problem	0 No assessment provided	3 Discussed what makes problem better or worse	4 Discussed what makes better and what makes worse	5 Thoroughly discussed what makes better and what makes worse
Reasoning for Working Hypothesis	0 No working hypothesis	4 Determined a working hypothesis	7 Chose a working hypothesis with adequate reasoning	10 Articulates careful reasoning for choosing the working hypothesis as well as what diagnoses need to be ruled out
Related Research	0 No related research sources	5 Mentions research but not related to presenting problem	10 Discussed research related to presenting problem	15 Discussed evidence-based research related to presenting problem and its influence on treatment plan
Treatment Plan DSM-IV Diagnosis	0 No axes provided	4 One -two axes provided	7 Complete accurate Axes I, II, IV, & V provided	10 Discussed reasoning and justification for complete accurate Axes I, II, IV, & V.
Treatment Plan Client Strengths	0 No client strengths			3 Discussed client strengths that could impact successful treatment

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Treatment Plan Client Weaknesses	0 No client weaknesses	3 Discussed client weaknesses that could impact be detrimental to successful treatment	3 Discussed client weaknesses that could impact be detrimental to successful treatment	
Treatment Plan Measurable Goals in Collaboration with Client	0 No treatment goals	3 Discussed treatment goals with no assessment modalities identified for success and termination and no collaboration with client	7 Discussed treatment goals with assessment modalities identified for success and termination or collaboration with client but not both	10 Discussed treatment goals with assessment modalities identified for success and termination and collaboration with client
Treatment Plan Approximate Duration	0 No approximate duration stated	3 Approximate treatment duration stated	4 Discussed approximate treatment duration provided with plausible reasoning	5 Thoroughly discussed approximate treatment duration provided with plausible reasoning
If Continued Treatment is Recommended – Suggestions for New Therapist	0 No recommendations provided	5 At least one clearly identified recommendation for continued treatment	7 At least two clearly identified recommendations for continued treatment	10 Thoroughly discussed at least two clearly identified recommendations and justification for continued treatment
Current Treatment and Client Response	0 No update on treatment and client response	5 Client response	12 Treatment related to presenting problem	19 Thoroughly discussed treatment related to presenting problem and evidence-based research and assessment of client response to treatment goals

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